

**St Benedict's Inner Newcastle Parish**: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish**: Christ the King, Mayfield West. **Stockton Parish**: St Peter-in-Chains, Stockton.

# Sunday 5th May 2024 Sixth Sunday of Easter, Year b

#### **Our Clergy**

Fr John Lovell Fr Paul Chackanikunnel Fr Anthony Coloma Fr Anil Kumar Kuchipudi Deacon Kevin Gadd

# **Regional Office—St Benedict's Centre**

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
P: (02) 4979 1101 F: (02) 4962 4644
E: newcparish@mn.catholic.org.au
W: www.newcastlecatholic.org.au
W: www.sacredhearthamilton.org.au

# **Our Staff**

Margaret Cox (Reception & Administration) Monday, Tuesday, Friday

Anne Warren (Business Manager) Tuesday and Thursday

Daloras Howes (Administration) Thelma Dickson (Administration) Elul Tecle (Administration) Peter Davies

Dr Anne Millard (Music, Liturgy, Sacraments)

# **Promotors of Safeguarding**

Fr John Lovell p: (02) 4979 1106 Gail Lovell P: (02) 4979 1256 Anne Millard P: (02) 4979 1252



#### **Thought for the Week**

This Sunday's readings speak to us of the all-powerful, all-embracing Spirit of love that comes from God. Since love is the language of the heart, let's always act as people of the heart: with authenticity, understanding, gentleness and peace.

# **Other Contacts**

Bereavement Team:Margaret Cox, Gail Lovell,Christopher Gregory,Margaret Beard, MargaretNewton, Anne MillardP: (02) 4979 1252Mercy Pastoral Team:Sr Patricia Whitten rsm0448463679

St Joseph's Pastoral Team: Contact the Parish Office

Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.

# THE PARISH DIARY...(for the week ahead)

6th Week of Easter, Year B

Monday 6th May 8:15am Mass @ The Cathedral

Tuesday 7th May 8:15am Mass @ The Cathedral 9:00am Mass @ Stockton

#### Wednesday 8th May

8:15am Mass @ The Cathedral9:00am Mass @ Christ the King, Mayfield West (Anointing Mass)

#### Thursday 9th May

8:15am Mass @ The Cathedral

9:00am Mass @ Stockton (Anointing Mass)

11:00am Funeral Liturgy for Eddie Young @ The Cathedral

#### Friday 10th May

10:15am Mass @ St Joseph's

- 11:00am Exposition, Adoration & Reconciliation @ The Cathedral (until 12pm)
- 12:05pm Mass @ The Cathedral

#### Saturday 11th May

- 9:15am Mass @ The Cathedral, followed by the Novena to Our Lady of Perpetual Help (followed by Reconciliation)
- 5:30pm Mass @ The Cathedral
- 5:30pm Mass @ The Junction
- 5:30pm Mass @ Mayfield West

#### Sunday 12th May

The Ascension of the Lord, Year B

- 7:30am Mass @ St Mary's
- 8:00am Mass @ Tighes Hill
- 9:00am Mass @ Stockton
- 9:30am Mass @ The Cathedral \*
- 11:00am Mass @ The Junction (Italian)
- 11:30am Mass @ The Cathedral (Polish)
- 5:00pm Mass @ The Cathedral
- 5:00pm Mass @ Mayfield West (Vietnamese)

\* Livestreamed on the Cathedral's YouTube channel www.youtube.com/c/SacredHeartCathedralHamilton and on the Diocesan website

\*\* The Vietnamese Mass is now celebrated fortnightly

# NEXT WEEK'S READINGS:

The Ascension of the Lord, Year B Acts 1:1-11 Eph 1:17-23 Mark 16:15-20



#### **PRAYER REQUESTS**

**RECENTLY DECEASED:** Eddie Young, Bishop Peter Ingham

**ANNIVERSARIES:** Zita Murray, Allan Eastaway, Jack Wilcock, Catherine Vallone, Nunziata Murri, Margaret and John Tierney, Mary and Edward Drane, Agnes & John Lawler, Margaret Brennan, Alfred Bryant, Len Campbell

**SICK:** Lisa Woodland, Maria Therese Perera, Tui Innes, Marko Kefecek, Jolina Joyce Saranillo, Maureen Dwyer, Angela Cottier, Joshua Zalanardo, Rosa Silivinec, Harry Melville, Doreen Mason, Elaine



Johnson, Mark Caesar, Peter Kefecek, Carlo Rossi, Neil Thomas, Kathryn Gray, Emilie Tseronis, Josephine Diwa

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

# **OUR BELOVED DEAD**

We remember those in our Columbaria whose anniversaries occur in May: At Sacred Heart

Margaret Winsome AzzopardiGerard McCoskerJoyce CallaghanCyril O'NeillMichael Clement DaleyLorna Pearl RobertsMarjorie HardyBarbara SmithIan KingBeryl SmithMario MalaspinaFersen State

At St Joseph's:

Edith Isabel Fahey Violet Ernst Anne Marie Gilroy John Hogg Margaret Kelly Maureen Maher Paul-Elizabeth McNamara John Joseph Skehan Francis Smith Eunice Smyth Meryl Ryan Jack Robinson Charles Tynan Frederick Wilson Geoff Young

Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.

**Parish Bulletin:** Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

# LAUDATO SI' WEEK MAY 19-26 2024 Theme: Seeds of Hope

#### Our Food

Pope Francis in Laudato si' (LS) "There is a great variety of small-scale food production systems which feed the greater part of the world's peoples" LS #129

From reflection to action: Food that is grown locally and that is 'in season' has a lower cost to the environment.  $\cdot$  Can you grow some of your food in pots, in your garden or at a local community garden?

#### **MAGDALENE AWARD:**

Nominations are open from Monday 8 April The Magdalene Award recognises a woman living in, and committed to, the Diocese of Maitland Newcastle. This is a public affirmation of a life lived in ways that echo the spirit of Mary Magdalene.

For more information, visit www.mn.catholic.org.au/ church-mission/ mission-and-outreach/council-forwomen/magdalene-award-2024

#### SAFEGUARDING

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and wellbeing of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390,

E childprotection@mn.catholic.org.au or <u>www.officeofsafeguarding.org.au</u>

# **BBI SHORT COURSE**

Ethical Foundations: Human Dignity Mondays 20 & 27 May, 4pm -5:30pm

Human dignity is at the heart of all ethical and moral reasoning. What do we mean by human dignity? Why is it so important, that without it, we cannot properly act toward others, develop economic systems or know what is good or bad care of another human being?

Register to join us at the Diocesan Resource Centre, at home or as a parish group at https://forms.office.com/r/7uMVUncy4f

#### TAIZE SERVICE

Sunday 5th May Immaculate Heart of Mary Catholic Church Tighes Hill 5.00pm – 6pm *followed by a shared supper.* 

You can read about it in the Aurora article "A spirit of joy, simplicity and reconciliation" available in the Diocesan website: http:// mnnews.today



# **RCIA TEAM – CALL FOR VOLUNTEERS**

#### Dear friends,

Over the past couple of years, our Pastoral Region has received an increasing number of enquiries from adults interested in becoming Catholic. To assist our parishes in responding to this need, I would like to form an RCIA (Rite of Christian Initiation of Adults) Team for our region, to guide and accompany these individuals on their journey of faith in preparation for being initiated into the Church. I have spoken with Bishop Michael, who is very supportive of this proposal. Formation will be provided to those who will become part of this new team. Accordingly, I would

like to invite anyone who may feel called to share their faith with others in this way, to please register your interest via this form: https://forms.office.com/r/ DdYEiSwPUu



Fr John

#### **CHRISTIAN MEDITATION**

Saturday 25 May, 9.30am - 2.30pm

John and Anne Gray will lead this event, opening a space for inner silence, gratitude, love and divine beauty. The duo will lead us in Imaginative Contemplation and share the aims of the Worldwide Prayer Network.

Where: St James School Hall (Vista Parade, Kotara) – parking available on Church grounds or Street.

Morning tea provided. Bring your lunch. RSVP: annecuskelly@hotmail.com or 0407 436 808 \$10 donations would be appreciated

# Living #gospel

# Love One Another

Have you ever thought what it really means when Jesus commands us to love one another? At first, it seems like a simple commandment: I can love my family; my friends; I can even feel love for some people I've never met. But there was a condition that Jesus placed on the command: love one another as I have loved you. How did Jesus love? Without restriction and without seeking something in return. He loved those that no one loved and he even loved those who hated him and sought his downfall. Can I love those who hate me? Those that others ridicule and despise? Can I love without counting the cost?

#### REFLECTION by Richard Leonard SJ

The Italian film, *Life is Beautiful* vividly portrays the truth of today's Gospel. It shows a father convincing his five-year-old son that the concentration camp is an elaborate game that the Nazis had invented to test the Italians. Some members of the Jewish community criticised this film because they claimed it made light of the holocaust. Writer and director, Roberto Benigni, however, argued that the heart of the film lies in the fact that most parents will do anything to spare their children the reality of evil. Most parents who have seen and wept through the film know exactly what he's talking about.

And if parents could take such risks and go to such lengths for their children, how much more has God done for us in Christ Jesus. We are the only world religion to believe that our God took our form and died out of love for us so that we might understand the love God has for us, and the love we are called to have for each other.

It isn't, however, just any old love Christ calls us to practise. It's not about a fleeting feeling or having a warm fuzzy inside. Jesus tells us today that the character of Christian love is the degree to which it's sacrificial. This is a challenging way of working out who we really love, isn't it? The people we love are those for whom we are prepared to sacrifice something of ourselves, maybe everything.

If that's the case we could decide to stop telling people we don't love that we love them. The goal of the Christian life is to love everyone, but until we achieve that, the more we lie about love the more we lower its currency. It's perfectly acceptable to like, enjoy, be fond of, respect, admire and be grateful to others, and not love them. There are a very few people for whom most of us would be prepared to lay down our lives. This criteria sorts out our intimates fairly quickly.

We could also decide to stop saying we love things, animals, ideas or organisations which cannot love us back. Human beings can only truly love people. Jesus did not die for an ideology or an institution. He was put to death because of his uncompromising love for all humanity everywhere. If we find ourselves saying we love our pets, house, car, job, our ideology, even our Church more than we love other human beings, then we're in trouble.

That's what I like best about the model of loving Jesus gives us in today's Gospel. Just when we might expect to find him using the analogy of a family, he talks about us being his friends. Sometimes we can hear people lament that they are 'stuck' with their families, and that they prefer their friends. It's an instructive moment, usually born out of a bitter and unloving history.

We choose our friends, and the strength of any particular friendship is usually found in how we know their history and story, and they know ours, in the way we give them time, attention and affection. A true friendship is mutual. Jesus loves us, his friends, enough to know us, be available to us, challenge and forgive us. And his love is mutual. The only thing stopping us from having a deeper relationship with Christ is our desire for it.

But Jesus also shows how friends are prepared to give their lives for one another. That's what we celebrate here each Sunday, that Jesus the Lord showed the quality and care of his love for us so that we might be empowered to go out and enable others to know and experience his love in the joyful way we sacrifice ourselves for them.

No one promised us that the Christian life would be easy. All we have is our brother Jesus and all our friends, our family in faith, to support us in every loving sacrifice we make.

© Richard Leonard SJ. http://www.liturgyhelp.com

#### HAVE YOU THOUGHT? LOVE

There is a wonderful line from the musical, *Les Miserables*, when the hero, Valjean, is told, 'To love another person is to see the face of God.' As Christian people, we believe that every person is created in the image and likeness of God. To look upon another person with love and compassion is to see the face of God revealed. When we are called to love, we are called to recognise that every single person is worthy of love and every single person is made in the image of God – even ourselves!

#### VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat meets May 8 for Episode 4 of The Chosen. To participate, please email the parish office.

#### **BEQUESTS**

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.

#### Standing on the Shoulders: The Official Opening of the Diocesan Resource Centre and Library and the 2024 TWEC Dinner – Friday 31 May

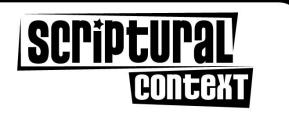
It is with much excitement that you are invited to join us for the official opening of the Diocesan Resource Centre and Library. The Library, which stands on the site of the original Newcastle Central Catholic Library, offers our community access to resources relating to Religious Education, Scripture, Theology, Liturgy and more.

Following on from the official opening, the celebration continues with the reimagining of the TWEC dinner with guest speaker Kelly Paget, Chancellor and Director of Mission at the Diocese of Broken Bay. Kelly was amongst five Australians chosen personally by the Holy Father to participate in the General Synod of Bishops in Rome.

Library Opening – 4.30 PM Free entry. All welcome Dinner & Speaker – 5.30 PM \$40 pp includes buffet meal and guest speaker presentation. Dinner Registration link: https://



www.eventbrite.com.au/e/twec-dinner-libraryopening-tickets-872278206597



# The Last Supper Discourse

In the three synoptic gospels (Matthew, Mark and Luke), the events of the Last Supper are dealt with in a very similar way. They all include Jesus taking bread and wine and speaking what are referred to as the words of institution – the words that are spoken over the bread and wine in every Eucharistic celebration today. In the Gospel of John, however, the Last Supper is dealt with very differently. It includes an extended 'discourse' that is incredibly rich in imagery theological implications. Perhaps and because this gospel was written well after the others it was deemed unnecessary to retell the story but it was timely to do some reflecting on the meaning of the events?

# THE CHUCKLE

A cheese factory exploded in France.



BOOK CLUB

Sunday, 5th May @ 6:15pm: Bookclub meets to discuss Search Party by Inga Hannah Richell If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

#### MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDITATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am – and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays Lectio Divina, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or just come.

#### CHILDREN'S MISSION PARTNERS, A PART OF CATHOLIC MISSION

As well as echoing the gratitude of Margaret Crockett (see below), I would like to express thanks to the parish community of Immaculate Heart of Mary Church at Tighes Hill for their recent hospitality. It was a privilege and a delight to attend the 8am Mass and share, after Communion, about the work of Catholic Mission and the ways this community has supported our missionary work with children, in different parts of the world, for more than 30 years.

The hospitality, warmth and friendship my colleague, Renata, her son, Ollie and I experienced was further evidence of the spirit of Christian generosity, fellowship and kindness that the people of this Catholic community offer to all who enter the doors of the historic church.

If anyone would like to know more about becoming a Children's Mission Partner, and contributing your own efforts to the now \$50,000 raised by Margaret and her supporters, please drop me a line (David.mcgovern@mn.catholic.org.au) or give me a call (0431 481 731).

From Margaret Crockett, a long-standing parishioner and loyal supporter of Catholic Mission's Childrens' Mission Partner:

"Sincere thanks to Mr David McGovern for his informative words regarding the work of Catholic Mission. Not forgetting Childrens' Mission. Appreciation to my fellow Tighes Hill parishioners for their kindness to myself."

There was nothing left but de Brie.

#### FOOD BASKETS FOR THE NEEDY

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc ), can be placed in the basket at the back of **St Joseph's Church**, The Junction and in the foyer of **Immaculate Heart of Mary Church**, Tighes Hill. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998. The St Joseph's community kindly requests that you do not donate peanut butter.

# SACRED HEART CATHEDRAL & ST MARY'S, NEWCASTLE:

If you would like to donate, any of the following types of non-perishable items would be most gratefully received: UHT milk, cereal, jam, vegemite, peanut butter, tinned veggies, fruit, soup, fish, meat, dried pasta, rice, pasta sauces, teabags, coffee, biscuits, crackers, custard, jelly, toothpaste, toothbrushes, soap, shampoo, conditioner (even the travel sized ones from hotels), deodorant.

#### THANKS

Aid to the Church in Need extends thanks to our parishioners for your generosity and prayers as they help those who still endure the Way of the Cross today.

#### **New Life in God's Spirit Seminar**

Are you open to allowing God to activate the gifts of the Holy Spirit, which you received in Baptism? The Immaculate Conception of Mary, Charismatic Prayer Group has been gathering for more than 40 years. They eagerly invite you to experience a six-week, 'New life in the Spirit Seminar'. This is an opportunity for you to journey with others to encounter Jesus, through the Holy Spirit. There will be music for Praise and Worship, guest speakers and discussion groups.

Location: Diocesan Resource Centre 12 Tudor Street (corner of Tudor and Parry Street), Newcastle Westadjacent to the Sacred Heart Cathedral.

#### Time: 6.30pm-8.30pm

Start date: Monday 20 May

Cost: Free. Simply register your name and contact details by calling or texting Bernadette Barlow on 0425 270 613. You can also register on the night. All are welcome!

#### **2024 SACRAMENTAL PROGRAM**

The preparations for the sacraments of Initiation, Confirmation and First Eucharist in the Inner Newcastle Parish are now underway. Over 80 children in Years 4, 5, 6 and in high school are now enrolled. They will complete the preparations with families via online activities and volunteer work within the community.

Confirmation ceremonies are May 21, 22, and 28. We ask you keep the children in your prayers!

For more information please contact the office on 49791101 or newcparish@mn.catholic.org.au

# **"TILLING THE CHURCH: THEOLOGY FOR AN UNFINISHED PROJECT". ZOOM DISCUSSION**

While Father Richard's visit in 2023 was short, he last left our Diocese with riches which we can continue to explore together, as our church is an unfinished project and in need of tilling.

We will continue the discussion in 2024!

You are invited to discuss Father Richard's latest publication, "Tilling the Church: Theology for an Unfinished Project" chapter by chapter over the next several months online.

Wednesday 15 May: Chapter 6. The Art of Faithfulness and conclusion

To register go to: https://www.eventbrite.com.au/e/ tilling-the-church-theology-of-an-unfinished-projecttickets-708150125087

#### **Men's Rosary Group**

The Men's Rosary will be held on the first Saturday of

each month @ 1pm at Sacred Heart Cathedral, 841 Hunter St, Newcastle West. For more Information contact Jason on 0499 854 928.



#### **CATHEDRAL MORNING TEA**

Our next morning tea at Sacred Heart Cathedral is next Sunday, May 12th.



# EPIC (EVERYTHING POSSIBLE IN CHRIST) YOUNG ADULT GROUP

Are you aged between 20 and 40? Are you interested to share your faith with like-minded young adults? Then our new faith sharing group might be for you! We meet Thursdays @ 7pm in the Cathedral precinct. Email Elul.tecle@mn.catholic.org.au to find out more.

# SENIOR WORDSEARCH The gift of the Holy Spirit came upon them

Ι	L	Μ	Ν	Х	L	V	С	V	Ζ	W	F	J	Х	S	S	Ν	
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U	Ζ	В	Х	С	G	W	Α	У	Κ	0	F	L	Ν	Κ	R	Х	
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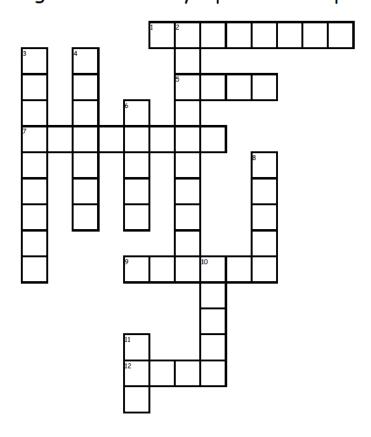
#### Try to find these words:

children
Father
friends
greatest
happy
Holy Spirit
languages
love
obey
other
Peter
Son

6th Sunday of Easter, Year B [ N06EASUB\_2003\_WS3.rtf ]

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# crossword The gift of the Holy Spirit came upon them



Acts 10:25-26. 34-35. 44-48 Ps 98:1-2. 3cd-4. R. see v.2b 1 Jn 4:7-10 Jn 15:9-14

#### Across

- 1: young people
- 5: God showed his \_\_\_\_ for us by sending his Son to be a sacrifice
- 7: another word for best
- 9: the opposite of mother
- 12: to do as you are told

#### Down

- 2: the \_\_\_\_\_ was given to Gentiles (two words)
- 3: after the Gentiles received the Holy Spirit they could speak different \_\_\_\_\_
- 4: the people you care about and like to spend time with are your \_\_\_\_\_
- 6: Jesus said, 'love each \_\_\_\_\_, as I have loved you'
- 8: this man spoke to a group of people who were then given the Holy Spirit
- 10: another word for glad
- 11: God sent his \_\_\_ to be a sacrifice so our sins could be forgiven

#### SCRIPTURE COMMENTARY by Dianne Bergant CSA

Upon entering the house of Cornelius, Peter admits: 'I begin to see', indicating that he was not always open to association with Gentiles as he is now. However, since 'God shows no partiality', neither should he. The real power of the narrative is in the action of the Holy Spirit. The righteous, god-fearing Gentiles gathered in the house of Cornelius received the Holy Spirit and spoke in tongues without the agency of Peter or his Jewish-Christian companions, even without having been baptised. This is a kind of Gentile Pentecost scene. As with the earlier event in Jerusalem, the prophecy of Joel is fulfilled, the Spirit is poured out (cf. acts 2:17-21; Joel 3:1-5) and there is a miracle of speech (cf. Acts 2:5-12).

In the psalm response, God is depicted as a triumphant warrior whose right hand and outstretched arm have brought victory. Since the divine warrior is the one who conquers the forces of chaos, this is a cosmic victory. This victory is a demonstration of righteousness. It follows God's recall of the covenant promises made to the house of Israel. Loving kindness (hesed) and faithfulness are closely associated with these promises. The final verses elaborate on the universal scope of the praise that is given to God. All the ends of the earth have seen God's faithfulness to Israel and the salvation wrought by God. In response to this, they are all prompted to praise the God of Israel.

In the few verses from the Letter of John, we find some of the most profound theological, Christological, soteriological and communitarian tenets of the Christian faith. The heart of the message is the teaching about love. The most startling statement is: God is love! This divine love is *the* fundamental theological reality. From it flows the communitarian exhortation, 'let us love one another'. This love is best exemplified in Christ's own selflessness. As Son of God, he became the expiation (*hilasmón*) for the sins of others, winning for them a second chance at life. Such is the extent of God's love for the world. Nothing can compare with this love which is offered to believers for their contemplation and for their ultimate imitation.

The gospel passage is one of the best known discourses on love. The Greek word used is agápe. This is the only word used to describe the love for God, and it carries this connotation when applied to love for neighbour – 'As the Father has loved me, so I have loved you ... love one another as I have loved you.' The love described here is active love, reaching out to others – God to Jesus, Jesus to his disciples, the

disciples to one another. But it must not stop there. This active love is meant to move out beyond the confines of the group of chosen ones, into the broader world. Those who have been chosen for love have also been elected to mission.

#### © Dianne Bergant CSA

**Dianne Bergant CSA** was a Professor of Biblical Studies at Catholic Theological Union in Chicago, where she taught from 1978 to 2014. She holds a BS in Elementary Education from Marian College, Fond du Lac, WI; an MA and PhD in Biblical Languages and Literature from St Louis University. Amongst other things, she served as President of Catholic Biblical Association of America (2000-2001) and has been awarded honorary doctorates from several other universities. She was an active member of the Chicago Catholic/Jewish Scholars Dialogue (1988-2017) and sat on the editorial boards of The Bible Today (1979-2005), Biblical Theology Bulletin (1990-2014), Catholic Biblical Quarterly (1992-2001), New Theology Review (1997-2003), Teaching Theology and Religion (2003-2005), and Chicago Studies (2003-2009). She has taught and lectured in many places in the United States and abroad and has written numerous books, articles and chapters in books.

#### **CHRISTIAN MEDITATION AT TIGHES HILL**

This is non-denominational and everyone is very welcome. Please come.

WHEN: Monday afternoon 3.30 for 3.45 start WHERE: Mercy Offices, 20 Union Street (Next door to Mercy Services) Off street parking available The Meditation session begins with short guided relaxation exercises then we have a reading from Fr. John Main which leads into 20 minutes of silent meditation

#### **OUR CATHOLIC PRIMARY SCHOOLS**

**St Joseph's Primary School** Karen McGinlay (*Principal*) Union Street, The Junction NSW 2291

P:(02) 4961 2827 W:www.merewether.catholic.edu.au

#### **Holy Family Primary School**

Ann Jackson (Principal) Pell Street, Merewether NSW 2291

P:(02) 4963 3009 W:www.merewetherbeach.catholic.edu.au

#### St Columban's Primary School

Penny Banister (Principal) Church Street, Mayfield NSW 2304

P:(02) 4968 3315 W:www.mayfieldsc.catholic.edu.au

#### **St Peter's Primary School**

Michael Punch (Principal) Dunbar St, Stockton NSW 2295

P:(02) 4928 1861 W:www.stockton.catholic.edu.au