



# Sacred Heart of Jesus Cathedral

DIOCESE OF MAITLAND-NEWCASTLE

**St Benedict's Inner Newcastle Parish:** Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

## SUNDAY 14TH APRIL 2024 THIRD SUNDAY OF EASTER, YEAR B

### Our Clergy

Fr John Lovell  
Fr Paul Chackanikunnel  
Fr Anthony Coloma  
Fr Anil Kumar Kuchipudi  
Deacon Kevin Gadd

### Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction  
PO Box 6, The Junction 2291  
P: (02) 4979 1101 F: (02) 4962 4644  
E: [newcparish@mn.catholic.org.au](mailto:newcparish@mn.catholic.org.au)  
W: [www.newcastlecatholic.org.au](http://www.newcastlecatholic.org.au)  
W: [www.sacredhearthatilton.org.au](http://www.sacredhearthatilton.org.au)

### Our Staff

Margaret Cox (*Reception & Administration*)  
*Monday, Tuesday, Friday*  
Anne Warren (*Business Manager*)  
*Tuesday and Thursday*  
Daloras Howes (*Administration*)  
Thelma Dickson (*Administration*)  
Elul Tecele (*Administration*)  
Dr Anne Millard (*Music, Liturgy, Sacraments*)

### Promoters of Safeguarding

Fr John Lovell p: (02) 4979 1106  
Gail Lovell P: (02) 4979 1256  
Anne Millard P: (02) 4979 1252



### THOUGHT FOR THE WEEK

This Sunday's readings focus very much on sin and forgiveness. We can easily believe we are permanently stained and even chained to certain acts or omissions in our past that continue to haunt us. The risen Lord is assuring us today He has the power to free us from even these

Fr John

### Other Contacts

**Bereavement Team:** Margaret Cox, Gail Lovell, Christopher Gregory, Margaret Beard, Margaret Newton, Anne Millard P: (02) 4979 1252

**Mercy Pastoral Team:** Sr Patricia Whitten rsm  
0448463679

**St Joseph's Pastoral Team:** Contact the Parish Office

*Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples.*

*We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.*

## THE PARISH DIARY...(for the week ahead)

3rd Week of Easter, Year B

Monday 15th April

8:15am Mass @ The Cathedral

Tuesday 16th April

8:15am Mass @ The Cathedral

9:00am Mass @ Stockton

Wednesday 17th April

8:15am Mass @ The Cathedral

9:00am Mass @ Christ the King, Mayfield West

Thursday 18th April

8:15am Mass @ The Cathedral

9:00am Mass @ Stockton

Friday 19th April

10:15am Mass @ St Joseph's

11:00am Exposition, Adoration & Reconciliation @  
The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday 20th April

9:15am Mass @ The Cathedral, followed by the  
Novena to Our Lady of Perpetual Help  
(followed by Reconciliation)

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

5:30pm Mass @ Mayfield West

Sunday 21st April

Fourth Sunday of Easter, Year B

7:30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral \*

11:00am Mass @ The Junction (*Italian*)

11:30am Mass @ The Cathedral (*Polish*)

5:00pm Mass @ The Cathedral

6:00pm Mass @ Mayfield West (*Vietnamese*)

\*\* No Mass this weekend

\* *Livestreamed on the Cathedral's YouTube channel—  
www.youtube.com/c/SacredHeartCathedralHamilton  
and on the Diocesan website*

\*\* The Vietnamese Mass is now celebrated fortnightly

### NEXT WEEK'S READINGS:

4th Sunday of Easter, Year B

Acts 4:8-12

1 John 3:1-2

John 10:11-18



### CATHEDRAL MORNING TEA

Our next morning tea at Sacred Heart Cathedral is April 14th. All are welcome!

## PRAYER REQUESTS

**RECENTLY DECEASED:** Terry Browne, Pater Saxon, Teresa Sheehan,

**ANNIVERSARIES:** Monica Gebbie, Molly Walker, John Drain, Kath Drain, Donna Smith

**SICK:** Neil McGoldrick, Lisa Woodland, Maria Therese Perera, Dionisio Di Santo, Tui Innes, Marko Kefecek, Ronoel Diwa, Jolina Joyce Saranillo, Maureen Dwyer, Angela Cottier, Joshua Zalanardo, Rosa Silivinec, Harry Melville, Doreen Mason, Elaine Johnson, Stewart McKinnon, Mark Caesar, Peter Kefecek, Carlo Rossi, Neil Thomas, Kathryn Gray, Emilie Tseronis, Josephine Diwa



*Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit [www.newcastlecatholic.org.au/downloads](http://www.newcastlecatholic.org.au/downloads).*

### OUR BELOVED DEAD

We remember those in our Columbaria whose anniversaries occur in April:

At Sacred Heart

Leo Burke

Beryl Coferos

Lorraine Driscoll

Mary Duggan

Kathleen Gibson

Monica Hayes

Joy Patricia Jarrett

Mary Noreen Long

Alice Martin

Ian Edward McDonald

Cary McNabb

Patricia Mather

Krystyna Mazalo

Laurel May Murray

Nola Margaret Phillips

Frank Keith Pilgrim

Sandra Rufo

Henrietta Vujeva

Elaine Iris Wilson

At St Joseph's:

John Barber

Bruce Buckland

Joseph Callen

Mark John Chappell

Elsie Craig

Norma Patricia De Lore

Harry Fleming

Peter Groombridge

Jim Heaney

Kathleen Hiscox

Michael Johns

Warren Kelly

Milheim Lettoof

Joan Nelson

Jeremiah O'Doherty

Frank O'Sullivan

Ellen Palmer

Mossie Smith

Edna Sowerby

Lorna Wakely

Leo Wallace

John Joseph Willcock

*Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.*

**Parish Bulletin:** Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

## LAUDATO SI' WEEK MAY 19-26 2024

### THEME: SEEDS OF HOPE

#### Our Living Planet

Pope Francis in Laudato si' (LS) says: *“Because all creatures are connected, each must be cherished with love and respect”* LS #23 ·

From reflection to action: Jesus' call that we “love our neighbour” is an invitation to cherish all of creation. Can you take time to appreciate your garden or a local park?

#### **MAGDALENE AWARD:**

Nominations are open from Monday 8 April

The Magdalene Award recognises a woman living in, and committed to, the Diocese of Maitland Newcastle. This is a public affirmation of a life lived in ways that echo the spirit of Mary Magdalene.

For more information, visit [www.mn.catholic.org.au/church-mission/mission-and-outreach/council-for-women/magdalene-award-2024](http://www.mn.catholic.org.au/church-mission/mission-and-outreach/council-for-women/magdalene-award-2024)

#### **SAFEGUARDING**

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and well-being of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390,

E [childprotection@mn.catholic.org.au](mailto:childprotection@mn.catholic.org.au) or

[www.officeofsafeguarding.org.au](http://www.officeofsafeguarding.org.au)

#### **BBI SHORT COURSE**

: Ethical Foundations: Human Dignity Mondays 20 & 27 May, 4pm -5:30pm

Human dignity is at the heart of all ethical and moral reasoning. What do we mean by human dignity? Why is it so important, that without it, we cannot properly act toward others, develop economic systems or know what is good or bad care of another human being?

Register to join us at the Diocesan Resource Centre, at home or as a parish group at <https://forms.office.com/r/7uMVUncy4f>

#### **IS THERE ANYTHING TO EAT?**

The disciples are 'terrified' when they see Jesus after his resurrection; but Jesus puts them at their ease by sharing a meal. It is only then that the disciples are ready to listen and to open their minds to the wisdom that Jesus has to offer.

## PASTORAL CARE TEAM



The next meeting is Thursday, 18<sup>th</sup> April at 2.30pm in the Parish Centre (25 Farquhar St, The Junction). Anyone interested in being part of this valuable ministry is invited to attend and find out more!

## CHRISTIAN MEDITATION

Saturday 25 May, 9.30am - 2.30pm

John and Anne Gray will lead this event, opening a space for inner silence, gratitude, love and divine beauty. The duo will lead us in Imaginative Contemplation and share the aims of the Worldwide Prayer Network.

Where: St James School Hall (Vista Parade, Kotara) – parking available on Church grounds or Street.

Morning tea provided. Bring your lunch. RSVP: [annecuskelly@hotmail.com](mailto:annecuskelly@hotmail.com) or 0407 436 808

\$10 donations would be appreciated

## SSEC'S ANNUAL CONFERENCE: PAUL, PEOPLE AND PLACES

Saturday 4 May, 8.30 to 5pm

Join the Society for the Study of Early Christianity (SSEC) for an enlightening journey into the world of Paul the Apostle at our upcoming conference, delving into the fascinating places Paul visited and the diverse array of people he encountered. Paul's letters are filled with people and allusions to their households and cities sit tantalizing in the background. How did these people come to be the early church? And what was Paul's role in shaping the house churches in so many cities across the Mediterranean? Whether you're a scholar, a history enthusiast, or simply curious about the life and travels of Paul, this conference promises to be an immersive and enlightening experience. Don't miss this opportunity to uncover the enduring legacy of one of history's most influential figures.

Registration link: <https://mq-ssec.org/2024-annual-conference/>

## BEREAVEMENT

Margaret Beard, a parishioner of Stockton, is a member of the recently formed Bereavement Team for the City Region. Should you know of anyone in need of care or counselling, please make contact with Margaret.

## REFLECTION

by Richard Leonard SJ

Sometimes the lectionary cuts a gospel story off too soon. Today we hear from the last chapter of Luke's Gospel where there are four accounts of how the disciples came to believe in the resurrection of Jesus. In the first two stories Mary Magdalene and then Peter come to see that Jesus has been raised from the dead because they found his tomb empty. The third story is set on the Road to Emmaus. Today's gospel is where Jesus appears to the apostles and disciples en masse, but it finishes at verse 48. In the next few verses Jesus tells the disciples that he is sending them out to be his witnesses in the world, and then he ascends to the Father.

The Church finishes the passage early because it does not want to pre-empt the feast of the Ascension, but by doing so it does the story an injustice. We are used to hearing how the Road to Emmaus mirrors what we do here at Mass each Sunday. But if we include Luke chapter 24, verses 49 to 50, then we can see that today's Gospel does the same thing. The verbs tell the story. In today's Gospel Jesus is present to the disciples; he gives himself to them to be seen and held; he eats with them; teaches them about the scriptures; and he commissions them to go out.

As a result of that first Easter we gather here each Sunday to remember and make Easter present again. This is the reason, for example, we talk about the 40 days of Lent when in fact there are 45 days from Ash Wednesday to the Easter Vigil. In or outside the Easter season Sundays are always days of the Resurrection. And just like the first Easter Sunday we believe that Christ continues to invite us here; to teach us about how to understand the scriptures and live them out in our daily lives; is present to us, to have and to hold, in his Word, this community, the presider and in a special way in the Eucharistic meal; and that he sends us out to proclaim his saving love with heroic joy.

To enable us to do all this we receive the same gift Jesus gave the first disciples as well, the gift of peace. But sometimes we have to get creative about how we achieve it, like the old man who purchased a retirement home near a high school. He spent the first few weeks in peace and contentment. Then a new school year began. The very next afternoon three young men came down his street beating merrily on every rubbish bin they encountered. The crashing percussion continued day after day, until finally the old man decided to take some action. The next afternoon, he walked out to meet the young percussionists. He

called out, 'You kids are a lot of fun. Will you do me a favour? I'll give you each a dollar if you'll promise to come around every day and do your thing.' The kids were elated and continued to do a bang-up job on the rubbish bins. A few days later, the retiree approached them again, 'Look' he said. 'I haven't received my pension cheque this month, so I'm not going to be able to give you more than 25 cents. Will that be okay?' '25 cents?' the drum leader exclaimed. 'If you think we're going to waste our time beating these bins for 25 cents, you're nuts! No way, mister. We quit!' And the old man enjoyed peace and quiet for the rest of his days.

So as Christ sends us forth today, may we be wise about how we can create some happiness and peace around us as well.

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### TOGETHER WE CAN KEEP THE FAITH ALIVE - AID TO THE CHURCH IN NEED (ACN)

Did you know that across the world tens of millions of Christian families are in exile following persecution because of their faith?

Aid to the Church in Need is a spiritual and pastoral charity which seeks to keep the flame of faith alive in those places where it is at risk of extinction.

This weekend we welcome to our parish an ACN speaker who will share with us about the work of Aid to the Church in Need and how we can help our suffering and persecuted brothers and sisters.

Here is the QR code which will take you to our website where you can sign up to our monthly newsletter. If you sign up, you will also receive a rosary beads blessed by the pope.



**Have you  
thought?  
Is 'Literal' wrong?**

*Is there really something intrinsically wrong about a literal interpretation of scripture? Not at all! It is indeed an essential tool of any scriptural interpretation. It is of course important that we first and foremost understand the text as it is written - we have to have a literal understanding of the words that are used and what they mean. The problem arises when this is as far as we go. If we stop at this stage then we are shutting ourselves off from the richness of the scriptures. If we fail to dig below the surface then we are denying ourselves the opportunity of scrutinising our lives in the light of the scripture.*

## SING TO THE LORD

Sing to the Lord is a cantor training and formation opportunity for all members of the faithful. We are looking for everyone who loves to sing and would like to have a go. To find out more and express interest use the following link or QR Code:



<https://forms.office.com/r/7CGYdeXGZw>

## WOMEN OF THE WELL: WEEKEND RETREAT

Rest, reflect, release and reconnect at the next Women of the Well Weekend Retreat. It starts on Friday 19 April (ending Sunday 21 April) and will be hosted at St Joseph's, Kincumber. Cost is \$125. For more information or to register, visit [www.womenofthewell.com.au/events/gatherings-at-the-well](http://www.womenofthewell.com.au/events/gatherings-at-the-well)

## STANDING ON THE SHOULDERS: THE OFFICIAL OPENING OF THE DIOCESAN RESOURCE CENTRE AND LIBRARY AND THE 2024 TWEC DINNER – FRIDAY 31 MAY

It is with much excitement that you are invited to join us for the official opening of the Diocesan Resource Centre and Library. The Library, which stands on the site of the original Newcastle Central Catholic Library, offers our community access to resources relating to Religious Education, Scripture, Theology, Liturgy and more.

Following on from the official opening, the celebration continues with the reimagining of the TWEC dinner with guest speaker Kelly Paget, Chancellor and Director of Mission at the Diocese of Broken Bay. Kelly was amongst five Australians chosen personally by the Holy Father to participate in the General Synod of Bishops in Rome.

Library Opening – 4.30 PM

Free entry. All welcome

Dinner & Speaker – 5.30 PM

\$40 pp includes buffet meal and guest speaker presentation. Dinner Registration link: <https://www.eventbrite.com.au/e/twec-dinner-library-opening-tickets-872278206597>

QR Code



## CHILDREN'S MISSION PARTNERS:

The collective efforts and generosity of the Tighes Hill Catholic community will be celebrated at the monthly morning tea in April, after a significant fundraising milestone was achieved recently. Following the 8am Mass at the Immaculate Heart of Mary Church, Catholic Mission is inviting locals to celebrate the achievement of \$50,000 worth of donations, from parishioners over the past three decades. There also will be an acknowledgement of the individual efforts of long-term Tighes Hill resident and parishioner, Margaret Crockett. She has been collecting the funds from different parishioners, recording them in her exercise books and passing the funds on to Catholic Mission, for its work with children in need around the world. All are invited to join the community for morning tea, after Mass on Sunday, April 21.

## VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat meets April 17 for Lectio Divina. To participate, please email the parish office.

## BOOK CLUB

**Sunday, 5th May @ 6:15pm:** Bookclub meets to discuss *Search Party* by Inga Hannah Richell. If you would like to participate in book club meetings, please email [newcparish@mn.catholic.org.au](mailto:newcparish@mn.catholic.org.au)



## MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDITATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am – and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays Lectio Divina, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or just come.

## THE CHUCKLE

When you ask me what I am doing today, and I say “nothing” it does not mean I am free. It means I am doing nothing



## FOOD BASKETS FOR THE NEEDY

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc ), can be placed in the basket at the back of **St Joseph's Church**, The Junction and in the foyer of **Immaculate Heart of Mary Church**, Tighes Hill. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998. The St Joseph's community kindly requests that you do not donate peanut butter.

## SACRED HEART CATHEDRAL & ST MARY'S, NEWCASTLE:

If you would like to donate, any of the following types of non-perishable items would be most gratefully received: UHT milk, cereal, jam, vegemite, peanut butter, tinned veggies, fruit, soup, fish, meat, dried pasta, rice, pasta sauces, teabags, coffee, biscuits, crackers, custard, jelly, toothpaste, toothbrushes, soap, shampoo, conditioner (even the travel sized ones from hotels), deodorant.

## EPIC (EVERYTHING POSSIBLE IN CHRIST) YOUNG ADULT GROUP

Are you aged between 20 and 40? Are you interested to share your faith with like-minded young adults? Then our new faith sharing group might be for you! We meet Thursdays @ 7pm in the Cathedral precinct. Email [Elul.tecle@mn.catholic.org.au](mailto:Elul.tecle@mn.catholic.org.au) to find out more.

## BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.

## TAIZE SERVICE

Sunday 5th May  
Immaculate Heart of Mary Catholic Church Tighes Hill 5.00pm – 6pm  
*followed by a shared supper.*



You can read about it in the Aurora article "A spirit of joy, simplicity and reconciliation" available in the Diocesan website: <http://mnnews.today>

## 2024 SACRAMENTAL PROGRAM

The preparations for the sacraments of Initiation, Confirmation and First Eucharist in the Inner Newcastle Parish are now underway. Over 80 children in Years 4, 5, 6 and in high school are now enrolled. They will complete the preparations with families via online activities and volunteer work within the community.

Next week, those involved in the program will receive the Sacrament of Reconciliation for the first time. Please include these children in your prayers.

Enrolments are still open:

<https://www.newcastlecatholic.org.au/sacramental-enrolment-form/>

For more information please contact the office on 49791101 or [newcparish@mn.catholic.org.au](mailto:newcparish@mn.catholic.org.au)

## "TILLING THE CHURCH: THEOLOGY FOR AN UNFINISHED PROJECT". ZOOM DISCUSSION

While Father Richard's visit in 2023 was short, he last left our Diocese with riches which we can continue to explore together, as our church is an unfinished project and in need of tilling.

We will continue the discussion in 2024!

You are invited to discuss Father Richard's latest publication, "Tilling the Church: Theology for an Unfinished Project" chapter by chapter over the next several months online.

Wednesday 17 April: Chapter 5. The Future-Oriented Past

Wednesday 15 May: Chapter 6. The Art of Faithfulness and conclusion

To register go to: <https://www.eventbrite.com.au/e/tilling-the-church-theology-of-an-unfinished-project-tickets-708150125087>

## MEN'S ROSARY GROUP

The Men's Rosary will be held on the first Saturday of each month @ 1pm at Sacred Heart Cathedral, 841 Hunter St, Newcastle West. For more Information contact Jason on 0499 854 928.



## PARISH LUNCHEON

Parish Luncheon at *Souths Leagues Club, Llewellyn St, Merewether* @ 12.30pm on Monday, 15th April. All welcome. Inquiries to Maureen (Tighes Hill) on 0412 673151.

# Christ rose from the dead

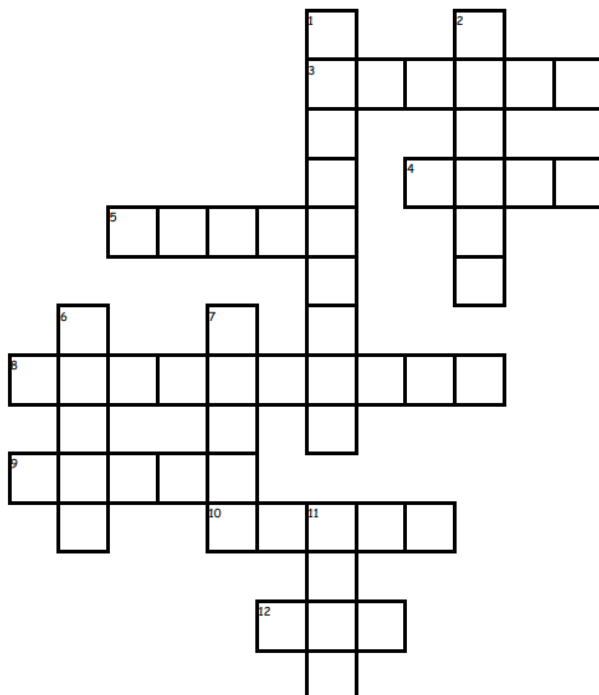
C X E Z T A W K O J N B O E C  
 R O A D C Z C K K M V T H P B  
 T W L F J J F K Q G H O S T R  
 I Z M B O R O Q A J T J M N E  
 E S V X N J E R U S A L E M A  
 M T H R E E P S Q N E C B J D  
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 S O L J N D R M B F S Z Q N K  
 A W W B J C K O S F V B R Z P  
 J A M O S E S U G Z Y M B F I  
 K W F R I G H T E N E D K W E  
 W X N E C Y R S R P I R W L F  
 Q X O F I S H Y O X K Y P C Z

Try to find these words:

- bread
- eat
- Emmaus
- fish
- frightened
- ghost
- hands
- Jerusalem
- Moses
- nation
- road
- three

## CROSSWORD

# Christ rose from the dead



Across

- 3: the disciples saw Jesus on the road leading to this place
- 4: the disciples gave Jesus some baked \_\_\_\_\_ to eat
- 5: everything that happened to Jesus was written in scriptures such as the Law of \_\_\_\_\_
- 8: when Jesus appeared the disciples felt f\_\_\_\_\_ until they realised who he was
- 9: Jesus showed the disciples his \_\_\_\_\_ and feet
- 10: Jesus explained the Scriptures, which said he would rise from death after this many days
- 12: you do this when you are hungry

Down

- 1: Jesus told the disciples to start telling people the news in this place
- 2: Jesus told the disciples that all people of every \_\_\_\_ should be told what had happened
- 6: the disciples knew who Jesus was when they saw him break the \_\_\_\_\_
- 7: when Jesus appeared the disciples thought they were seeing a \_\_\_\_\_
- 11: Jesus appeared to the disciples on the \_\_\_\_\_ to Emmaus

## TODAY'S LITURGY

**Entrance Antiphon:** Cf. Ps 65:1-2

Cry out with joy to God, all the earth;  
O sing to the glory of his name.  
O render him glorious praise, alleluia.

### LITURGY OF THE WORD

**First Reading:** Acts 3:13-15. 17-19

*You have killed the prince of life; God, however,  
raised him from the dead.*

**Responsorial Psalm:** Ps 4:2. 4. 7. 9. R. v.7

**(R.)** Lord, let your face shine on us.

1. When I call, answer me, O God of justice;  
from anguish you released me, have mercy and  
hear me! **(R.)**
2. It is the Lord who grants favours to those whom he  
loves;  
the Lord hears me whenever I call him. **(R.)**
3. 'What can bring us happiness?' many say.  
Lift up the light of your face on us, O Lord. **(R.)**
4. I will lie down in peace and sleep comes at once,  
for you alone, Lord, make me dwell in safety. **(R.)**

**Second Reading:** 1 Jn 2:1-5

*Jesus Christ is the sacrifice that takes away our  
sins and those of the whole world.*

**Gospel Acclamation:** See Lk 24:32

Alleluia, alleluia!

Lord Jesus, make your word plain to us:  
make our hearts burn with love when you speak.  
Alleluia!

**Gospel:** Lk 24:35-48

*It was written that the Christ would suffer and  
on the third day rise from the dead.*

**Homily**

**Communion Antiphon:** Lk 24:35

The disciples recognized the Lord Jesus  
in the breaking of the bread, alleluia.

## GOSPEL FOCUS

### PEACE BE WITH YOU

When Jesus appears in the midst of the disciples, his first words to them are, 'Peace be with you!' His appearance among them obviously agitated the disciples who were already hiding, in fear of their lives and devastated by the loss of their leader days earlier. Jesus' calming and reassuring words, 'Peace be with you!' recognise the reality of what state the disciples are in. The words demonstrate that Jesus is meeting the disciples 'where they are' – he recognises their distress and fear and responds with words that accept what they're feeling but reassure them of his love and care. They are words that Jesus speaks to us too!

### CHRISTIAN MEDITATION AT TIGHES HILL

This is non-denominational and everyone is very welcome. Please come.

**WHEN:** Monday afternoon 3.30 for 3.45 start

**WHERE:** Mercy Offices, 20 Union Street (Next door to Mercy Services) Off street parking available

The Meditation session begins with short guided relaxation exercises then we have a reading from Fr. John Main which leads into 20 minutes of silent meditation

### OUR CATHOLIC PRIMARY SCHOOLS

#### St Joseph's Primary School

Karen McGinlay (*Principal*)

Union Street, The Junction NSW 2291

P:(02) 4961 2827

W:[www.merewether.catholic.edu.au](http://www.merewether.catholic.edu.au)

#### Holy Family Primary School

Ann Jackson (*Principal*)

Pell Street, Merewether NSW 2291

P:(02) 4963 3009

W:[www.merewetherbeach.catholic.edu.au](http://www.merewetherbeach.catholic.edu.au)

#### St Columban's Primary School

Penny Banister (*Principal*)

Church Street, Mayfield NSW 2304

P:(02) 4968 3315

W:[www.mayfieldsc.catholic.edu.au](http://www.mayfieldsc.catholic.edu.au)

#### St Peter's Primary School

Michael Punch (*Principal*)

Dunbar St, Stockton NSW 2295

P:(02) 4928 1861

W:[www.stockton.catholic.edu.au](http://www.stockton.catholic.edu.au)