



# Sacred Heart of Jesus Cathedral

DIOCESE OF MAITLAND-NEWCASTLE

**Inner Newcastle Parish:** Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

## SUNDAY 10TH SEPTEMBER 2023

### PERPETUAL DAY OF REMEMBRANCE SUNDAY

#### Our Clergy

Fr John Lovell  
Fr Paul Chackanikunnel  
Fr Raphael Madukwe  
Deacon Kevin Gadd

#### Regional Office—St Benedict's Centre

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W: [www.sacredhearthatilton.org.au](http://www.sacredhearthatilton.org.au)

#### Our Staff

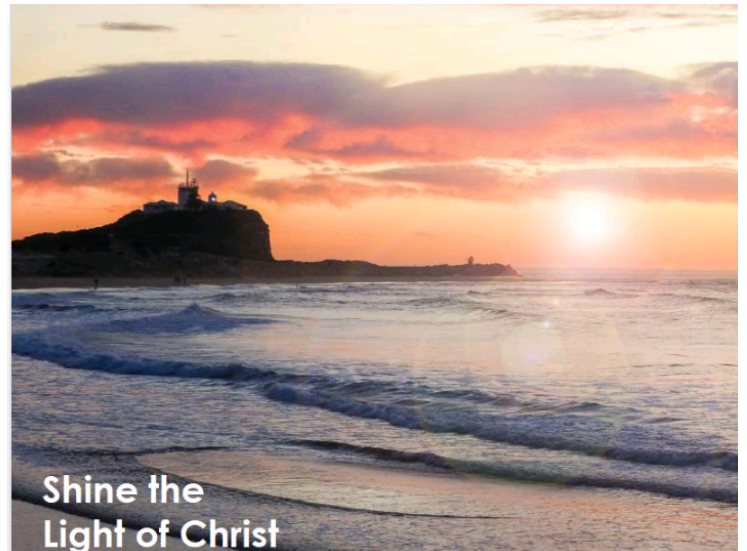
Margaret Cox (*Reception & Administration*)  
*Monday, Tuesday, Friday*  
Anne Warren (*Business Manager Finance*)  
*Tuesday and Thursday*  
Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

#### Promoters of Safeguarding

Gail Lovell P: (02) 4979 1101  
Anne Millard P: (02) 4979 1252

#### Other Contacts

**Lingard Hospital Team:** Contact the Parish Office  
**Mercy Pastoral Team:** Sr Patricia Whitten rsm  
0448463679  
**St Joseph's Pastoral Team:** Contact the Parish Office



Once again, we come to our diocese's Perpetual Day of Remembrance, decreed by our Late Bishop Bill in 2020. The day itself falls on 15<sup>th</sup> September, which is the Memorial of Our Lady of Sorrows, though we honour it in a special way each year in our Masses on the preceding Sunday. The readings for this Sunday each year remain the same. Their theme is one of light and hope, against a background of pain and sorrow. At this time, we especially pray for those who cannot pray and for ourselves. We pray for peace and healing.

*Fr John*

**Parish Bulletin:** Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

*Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.*

## THE PARISH DIARY...(for the week ahead)

23rd Week of Ordinary Time, Year C

Monday—11th September

- 8:15am Mass @ The Cathedral  
10am Funeral Mass for Sr. Moya Lantry @ Tighes Hill

Tuesday—12th September

*Anniversary of the Dedication of the Cathedral*

- 8:15am Mass @ The Cathedral  
9:15am Mass @ Stockton \*\* Change of time this week only (School attending Mass)

Wednesday—13th September

*Memorial of St John Chrysostom*

- 8:15am Mass @ The Cathedral  
9:00am Mass @ Mayfield West

Thursday—14th September

*Feast of the Exaltation of the Holy Cross*

- 8:15am Mass @ The Cathedral  
8:30am Mass @ Stockton

Friday—15th September

*Perpetual Day of Remembrance*

- 9:00am Mass @ Mayfield  
10:15am Mass @ The Junction  
11am Exposition, Adoration, and Reconciliation @ The Cathedral (until 12pm)  
12:05pm Mass @ The Cathedral  
5:30pm Stations of the Cross @ The Cathedral

Saturday—16th September

*Memorial of Sts Cornelius and Cyprian*

- 9.15am Mass @ The Cathedral followed by Novena to Our Lady of Perpetual Help (followed by Reconciliation)  
5:00pm Vigil Mass @ Mayfield West  
5:30pm Mass @ The Cathedral  
5:30pm Mass @ The Junction

Sunday—18th September

*24th Sunday in Ordinary Time*

- 7:30am Mass @ St Mary's  
8am Mass @ Tighes Hill  
9:00am Mass @ Stockton  
9:30am Mass @ The Cathedral  
*Live streamed via the Diocesan website:  
[www.mn.catholic.org.au/places/livestream/](http://www.mn.catholic.org.au/places/livestream/)*  
11:00am Italian Mass @ The Junction  
11:30am Polish Mass @ The Cathedral  
5pm Mass @ The Cathedral  
5:30pm Vietnamese Mass @ Mayfield West

## PRAYER REQUESTS



**RECENTLY DECEASED:** Sr Moya Lantry, RSM, Margaret White

**ANNIVERSARIES:** Robert John Keys, Queen Elizabeth II, John Fitzpatrick, Betty Hooton, Dot Bunt, Merle Peters, Paul White, Kath Cicolini, Mick Tobin Jnr, Pat Tuxworth, Kath Hall

**SICK:** Sr. Margaret Mary, OLN, Gerard Pearce, Harry Melville, Doreen Mason, Elaine Johnson, Christine Timbrell, Twon Nguyen, Stewart McKinnon, Tony Nguyen, Mark Caesar, Aaron Parkes, Peter Kefecsek, Carlo Rossi, Jim Bailey, Neil Thomas, Kathryn Gray, Emilie Tseronis

*Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit [www.newcastlecatholic.org.au/downloads](http://www.newcastlecatholic.org.au/downloads).*

## 'COME REST A WHILE'

Reflection Day - Saturday 9 September, Charlestown, 10am to 3.30pm

In appreciation of current and interested Christian Initiation ministers, 'Come rest a while' is an opportunity to listen, reflect and get to know other ministers. Morning tea and lunch provided. Details and registration at [come-rest-2023.eventbrite.com.au](http://come-rest-2023.eventbrite.com.au) For enquiries or registration assistance contact [sharon.murphy@mn.catholic.org.au](mailto:sharon.murphy@mn.catholic.org.au) P 4979 1134.

## BOOK CLUB

**Sunday, 2nd October @ 6:15pm:**

Bookclub meets to discuss *The Years* by Annie Ernaux. If you would like to participate in book club meetings, please email [newcparish@mn.catholic.org.au](mailto:newcparish@mn.catholic.org.au)



## VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. On two Wednesdays each month, we employ the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday. We have concluded our study of Hatch, Match, Dispatch. Next month we will discuss the film *Departures*.

The program for September is as follows:

- 13th September: Lectio  
20th September: Lectio Divina  
27th September: No meeting

To participate, please email the parish office.

## NEXT WEEK'S READINGS:

- Twenty-Fourth Sunday in Ordinary Time, Year A  
Sirach 27:30—28:7  
Rom 14: 7-9  
Mt 18:21-35

## CATHEDRAL MORNING TEA

Please join us for Morning Tea at Sacred Heart Cathedral following 9:30am Mass . All welcome!



## HOSPITALITY TEAM

Sacred Heart Cathedral 9:30 Mass will be followed by Morning Tea once a month (starting this weekend). If you have time and energy to help out, please join the team! Let Anne or a sacristan know or email [anne.millard@mn.catholic.org.au](mailto:anne.millard@mn.catholic.org.au)  
Thanks!!

## ST VINCENT DE PAUL MASS

Festival Mass to celebrate the life of **St Vincent de Paul** will be held on 14<sup>th</sup> September at 7pm in St Therese Church, New Lambton. All Welcome

## OUR BELOVED DEAD

We remember those in our Sacred Heart Columbarium whose anniversaries occur in September.

Allan Atkins	Nelio Martinelli
Eileen Boswell	Allan McKinnon
Francis Clarke	Alphonsus McLachlan
Pietro Dalle Nogare	Ann Mary Mercieca
John Duggan	Patricia Ryan
Mieczyslaw Kawka	Margaret Smith
Joanie Lawrence	Patricia Tuxworth
Kenneth Lidbetter	Kay Annette Varnum
Brian Lowe	John Winstanley

*Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.*

## NATIONAL CATHOLIC SAFEGUARDING STANDARDS

Over the next few months, the Diocese of Maitland-Newcastle is being audited against its compliance with the National Catholic Safeguarding Standards. Director of Safeguarding, Sean Tynan, has made an electronic recording of a 15 minute presentation, designed to let parishioners know about the audit process and what they can expect. As we are one of the parishes being audited, please take this opportunity to learn about what will be happening between now and mid November 2023.

View the presentation:

<http://youtube.com/watch?v=9QmrwxXhx0U>

## THE STORY OF THE EXALTATION OF THE HOLY CROSS

Early in the fourth century, Saint Helena, mother of the Roman Emperor Constantine, went to Jerusalem in search of the holy places of Christ's life. She razed the second-century Temple of Aphrodite, which tradition held was built over the Saviour's tomb, and her son built the Basilica of the Holy Sepulchre on that spot. During the excavation, workers found three crosses. Legend has it that the one on which Jesus died was identified when its touch healed a dying woman.

The cross immediately became an object of veneration. At a Good Friday celebration in Jerusalem toward the end of the fourth century, according to an eyewitness, the wood was taken out of its silver container and placed on a table together with the inscription Pilate ordered placed above Jesus' head: Then "all the people pass through one by one; all of them bow down, touching the cross and the inscription, first with their foreheads, then with their eyes; and, after kissing the cross, they move on."

To this day, the Eastern Churches, Catholic and Orthodox alike, celebrate the Exaltation of the Holy Cross on the September anniversary of the basilica's dedication. The feast entered the Western calendar in the seventh century after Emperor Heraclius recovered the cross from the Persians, who had carried it off in 614, 15 years earlier. According to the story, the emperor intended to carry the cross back into Jerusalem himself, but was unable to move forward until he took off his imperial garb and became a barefoot pilgrim.

## REFLECTION

The cross is today the universal image of Christian belief. Countless generations of artists have turned it into a thing of beauty to be carried in procession or worn as jewellery. To the eyes of the first Christians, it had no beauty. It stood outside too many city walls, decorated only with decaying corpses, as a threat to anyone who defied Rome's authority—including Christians who refused sacrifice to Roman gods. Although believers spoke of the cross as the instrument of salvation, it seldom appeared in Christian art unless disguised as an anchor or the Chi-Rho until after Constantine's edict of toleration.



## PARISH LUNCHEON

Parish Luncheon at *Souths Leagues Club, Llewellyn St, Merewether* (Please note the new venue). 12.30pm on Monday, 18th September. All welcome. Inquiries to Maureen on 0412 673151.



## ART AND SPIRITUALITY WORKSHOP

Creation of art provides an opportunity for a deepening awareness of oneself and the world, and can act as a catalyst for evoking the Spirit. Art is a means to see to re-search and find the living meaning of what it means to open the heart. Everyone can create art, but in order for it to be theological, the artist needs to explore ways that it makes sense of faith. Opening the heart through art involves making meaning through the creation, then reflecting on the art itself and the unfolding moment-to-moment direct experience of the process.

This workshop will provide an opportunity to awaken the Spirit through the beauty of God's creation, prayer, and reflection. Participants will engage in art-making experiences which will nourish their faith.

Dates: Thursday September 14 (9am-3pm)

Venue: Kilaben Bay Community Centre

Cost: \$25 per person

To register go to: [www.eventbrite.com.au/e/art-and-spirituality-workshop-september-2023-tickets-632417346307](http://www.eventbrite.com.au/e/art-and-spirituality-workshop-september-2023-tickets-632417346307)

## BECOME AN SRE VOLUNTEER

Did you know that some 50% of Catholic children are in state schools? Have you ever thought of spreading the good news of the gospel and the love of Jesus Christ with children? Have you ever thought about becoming a Special Religious Educator?

You can make a difference in the schools within our parish! For people of faith, knowing you are participating in Christ's call to share the Good News to all is a great source of joy and meaning.

If you would like to learn more about how you can help, please contact the Pastoral Ministries Team.

Rose Mcallister: Manager Formation & Education 4979 1346

Nicki Graham: Officer Formation & Education 0417 773 444 Email: [formed@mn.catholic.org.au](mailto:formed@mn.catholic.org.au)

## GOSPEL OF MARK

The Gospel of Mark is a treasure trove for the nurturing and nourishing of our faith. Mark brings us face-to-face with the One who came to serve and not to be served, to give his life as a ransom for many (Mark 10:45).

Explore the Gospel of Mark with Dr Debra Snoddy, a lecturer in biblical studies at the Catholic Institute of Sydney a partner of the University of Notre Dame Australia. As we look forward to the year when the Gospel of Mark takes pride of place in our liturgy, Debra promises to inform you, nourish you and challenge you to hear Mark's words in ways old and new.

The day will include an overview of the Gospel and a detailed treatment of some of the most illuminating texts from the Gospel of Mark.

Date: 15 November, Murray Room, 9.30am – 3.00pm

Registration: [www.eventbrite.com.au/e/gospel-of-mark-tickets-699335259587](http://www.eventbrite.com.au/e/gospel-of-mark-tickets-699335259587)

## PASTORAL PLACEMENT PROGRAM

Applications are now open for the 2024 Pastoral Placement Program!

The Pastoral Placement Program offers participants an experience of ministry in the Diocese of Maitland-Newcastle. The purpose of this program is to enable participants the opportunity to experience different workplaces and ministries across the Diocese. These 'on the ground' ministry work placements help participants explore the opportunities that are available to them to serve God and the local community of the Catholic Church in the Diocese of Maitland-Newcastle. The Pastoral Placement Program provides participants with a year-long discernment journey, involving the see, judge, act philosophy, to make an informed choice about the possibility of their future ministry or career choices.

For more information and to learn how to apply go to: [www.mn.catholic.org.au/church-mission/catholic-life/pastoral-placement-program/](http://www.mn.catholic.org.au/church-mission/catholic-life/pastoral-placement-program/)

## The Chuckles

Q: Is there anything worse than when it's raining cats and dogs?

A: Yes, hailing taxis.

Q: How many apples can you grow on a tree?

A: All of them.



## ST JOSEPH'S MEN NEWCASTLE

St Joseph's Men Newcastle is hosting a trivia night at the Sydney Junction Hotel, Hamilton on Tuesday 19 September from 6.00pm. Get a team together or come alone for some fun trivia and a delicious meal. Great prizes to be won. FREE entry.

### TABLE CONVERSATION

You are invited to join interested parishioners from the Chisholm Pastoral Region for an afternoon 'Table Conversation' on the upcoming Voice to Parliament Referendum.

The conversation will be facilitated by Jennifer Rumbel, proud Kamilaroi woman and member of the Diocesan Aboriginal and Torres Strait Islander Catholic Ministry. Learn about the key opportunities for you and your faith communities to ensure an informed and educated decision is made when voting for the Indigenous Voice to Parliament.

RSVPs close Wednesday 20 September. Registration is appreciated but not essential.

Cost: Free, though cash donations are welcome.

Location: The Therry Centre, 72 King Street, EAST MAITLAND is mobility friendly, with ample onsite parking.

Date & Time: Sunday 24 September 2023. 1:30pm for 2pm - 4pm.

Enquiries: Please contact by phone, Helen B: 043 933 4000 or Yvonne R: 0432 550 986 Registration: <https://thevoicechisholm.eventbrite.com.au>

### ALIVE IN THE SPIRIT

The Pastoral Ministry Network is excited to invite you to the annual 'Alive in the Spirit' Event!

After two years of dynamic online gatherings, Alive in the Spirit is thrilled to be gathering for an in-person event on Wednesday 25 October 2023 at Hornsby RSL from 10am - 4pm.

This year's conference will focus on the theme of Communion, Participation, and Mission, which is drawn from the Synod on Synodality. The Synod encourages us to seek new vision, energy, and life for the Catholic Church.

The Pastoral Ministry Network AGM will follow at 4.30pm to top off a great opportunity for networking, growing in faith and sharing our hope for the Church.

Tickets are \$149 for non-members. We encourage you to share this image across your own networks inviting all wanting to be Alive in the Spirit!

For all enquiries, please contact Lisa on 0419 418 547 or email [info@aliveinthespirit.com.au](mailto:info@aliveinthespirit.com.au)

Newcastle Tudor Singers  
present  
*Wings of Song*  
An afternoon of soaring music to lift your spirits and make your heart sing!  
Directed by  
*Dr. Anne Millard*  
featuring  
*Marcia Wall, piano*  
with  
*Patricia Woods, soprano*  
*The Hunter Handbell Belbringers*  
September 17, 2023 @ 2pm  
Sacred Heart Cathedral  
Tickets \$15 & \$10 at the door  
*Please stay for bubbles after the concert*  
Artwork by Roy Wall

### CATHOLIC DIOCESE OF MAITLAND- NEWCASTLE MARRIAGE TRIBUNAL

Can we help you? The Church is aware of the stresses associated with marriage breakdown and divorce and understands that many people have questions about the processes which might allow a divorced person to remarry in the Catholic Church. If you have any questions or would like to have a confidential chat about your situation, please contact Jane at the Tribunal on 4979 1370.

### MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDIATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am – and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays Lectio Divina, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or just come.

## THE POPE:

### THE MAGNIFICAT IS A SONG OF PRAISE

Today's Gospel is the Magnificat. It comprises the words Mary spoke to her cousin Elizabeth when visiting her. The following article is taken from the Pope's homily before the Angelus on the Feast of the Assumption.

When Mary enters the house and greets Elizabeth, the latter says: "Blessed are you among women, and blessed is the fruit of your womb" (Lk 1:42). These words, full of faith and joy and wonder, have become part of the "Hail Mary". Every time we recite this prayer, so beautiful and familiar, we do as Elizabeth did: we greet Mary and we bless her, because she brings Jesus to us.

Mary accepts Elizabeth's blessing and replies with the canticle, a gift for us, for all history: the *Magnificat*. It is a song of praise. We can define it as the "canticle of hope". It is a hymn of praise and exultation for the great things that the Lord has accomplished in her, but Mary goes further: she contemplates the work of God in the entire history of her people. She says, for example, that the Lord "has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty" (vv. 52-53). As we listen to these words, we might ask ourselves: is the Virgin not exaggerating a little, perhaps, describing a world that does not exist? Indeed, what she says does not seem to correspond to reality; while she speaks, the powerful of the time have not been brought down: the fearsome Herod, for example, is still firmly on his throne. And the poor and hungry remain so, while the rich continue to prosper.

What does that canticle of Mary mean? What is the meaning? She does not intend to chronicle the time – she is not a journalist – but to tell us something much more important: that God, through her, has inaugurated a historical turning point, he has definitively established a new order of things. She, small and humble, has been raised up and brought to the glory of Heaven, while the powerful of the world are destined to remain empty-handed. Think of the parable of that rich man who had a beggar, Lazarus, in front of his door. How did he end up? Empty-handed. Our Lady, in other words, announces a radical change, an overturning of values. While she speaks with Elizabeth, carrying Jesus in her womb, she anticipates what her Son will say, when he will proclaim blessed the poor and humble, and warn the rich and those

who base themselves on their own self-sufficiency. The Virgin, then, *prophesies* with this canticle, with this prayer: she prophesies that it will not be power, success and money that will prevail, but rather service, humility and love will prevail. And as we look at her, in glory, we understand that the true power is service – let us not forget this: the true power is service – and to reign means to love. And that this is the road to Heaven. It is this.

So, let us look at ourselves, and let us ask ourselves: will this prophetic reversal announced by Mary affect my life? Do I believe that to love is to reign, and to serve is power? Do I believe that the purpose of my life is Heaven, it is paradise? To spend it well here. Or am I concerned only with worldly, material things? Again, as I observe world events, do I let myself be entrapped by pessimism or, like the Virgin, am I able to discern the work of God who, through gentleness and smallness, achieves great things? Brothers and sisters, Mary today sings of hope and rekindles hope in us: in her, we see the destination of our journey. She is the first creature who, with her whole self, body and soul, victoriously crosses the finish line of Heaven. She shows us that Heaven is within reach. How come? Yes, Heaven is within reach, if we too do not give in to sin, if we praise God in humility and serve others generously. Do not give in to sin. But some might say, "But I am weak" – "But the Lord is always near you, because he is merciful". Do not forget God's style: proximity, compassion and tenderness. Always close to us, with his style. Our Mother takes us by the hand, she accompanies us to glory, she invites us to rejoice as we think of heaven. Let us bless Mary with our prayer, and let us ask her to be capable of glimpsing Heaven on earth.

### GATHERING AT HOLY CROSS CHURCH

Everyone is invited to a New Gathering at Holy Cross Church on the first and third Friday of the month. Praise and worship, Teaching and prayer for healing. The next session will be on Friday 15 September from 7pm with the option of Mass at 6:30pm. Call Wayne Caruana on 0466631394 for more information.

### BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.

## MEMORIAL OF OUR LADY OF SORROWS

September 15 the Memorial of Our Lady of Sorrows; falls on Tuesday this year in the Twenty-Fourth Week of Ordinary Time.

The title, Our Lady of Sorrows, given to our Blessed Mother focuses on her intense suffering and grief during the passion and death of our Lord. Traditionally, this suffering was not limited to the passion and death event; rather, it comprised the seven dolors or seven sorrows of Mary, which were foretold by the Priest Simeon.

These seven sorrows of our Blessed Mother included the flight of the Holy Family into Egypt; the loss and finding of the child Jesus in the Temple; Mary's meeting of Jesus on His way to Calvary; Mary's standing at the foot of the cross when our Lord was crucified; her holding of Jesus when He was taken down from the cross; and then our Lord's burial. In all, the prophesy of Simeon that a sword would pierce our Blessed Mother's heart was fulfilled in these events. For this reason, Mary is sometimes depicted with her heart exposed and with seven swords piercing it. More importantly, each new suffering was received with the courage, love, and trust that echoed her fiat, let it be done unto me according to Thy word, first uttered at the Annunciation.

Focusing on the compassion of our Blessed Mother, Pope Saint John Paul II, reminded the faithful, Mary Most Holy goes on being the loving consoler of those touched by the many physical and moral sorrows which afflict and torment humanity. She knows our sorrows and our pains, because she too suffered, from Bethlehem to Calvary.

Therefore, as we honour our Blessed Mother, our Lady of Sorrows, we honour her as the faithful disciple and exemplar of faith. Let us pray as we do in the opening prayer of the Mass for this feast day:

Father, as your Son was raised on the cross, His Mother Mary stood by Him, sharing His sufferings. May your Church be united with Christ in His suffering and death and so come to share in His rising to new life. Looking to the example of Mary; may we too unite our sufferings to our Lord, facing them with courage, love, and trust.



## WE REGRET, WE PRAY, WE HOPE Perpetual Day of Remembrance

In 2017, as part of Lina's Project, Bishop Bill established September 15th as a Perpetual Day of Remembrance throughout the diocese. Such a day holds before us our history of child sexual abuse and the reality of its continual unfolding in the lives of those directly and indirectly affected.

It is important for the Church to mark this day with prayer, ritual and worship. As a people of faith, commissioned by Jesus to live in remembrance of Him, we know the importance of remembering. It functions to ensure that such abuse never happens again. More than that, it is penetrated with the light of Christ's Paschal Mystery and so becomes the source of our ongoing conversation and hope.

Our response emerges from our understanding of who we are as a Church community. St. Paul articulated it this way: when 'one member suffers in the body of Christ which is the Church, all the members suffer with that member' (1 Cor 12:26). Many members of Christ's Body are suffering. They are our brothers and sisters. Our place as baptised members of the Body of Christ is to stand with them and against all forms of abuse. Our responsibility is to pray with and for them, and for the change of heart that is necessary to stop abuse of any kind.

We stand together, with survivors, against abuse and for the change that will lead to fullness of life. Together we hope to **Shine the light of Christ**: a light of solidarity, a light of prayer, a light of commitment to change, a light of hope.

## STATIONS OF THE CROSS WE LAMENT AND WE HOPE

A version of the 'Stations of the Cross' has been prepared specifically for the Perpetual Day of Remembrance. It is available on the diocesan website if you would like to pray them individually. We will pray them together at Sacred Heart Cathedral on 15th September @ 5:30pm.

## SAFEGUARDING

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and well-being of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390, E [childprotection@mn.catholic.org.au](mailto:childprotection@mn.catholic.org.au) or visit their website for further information

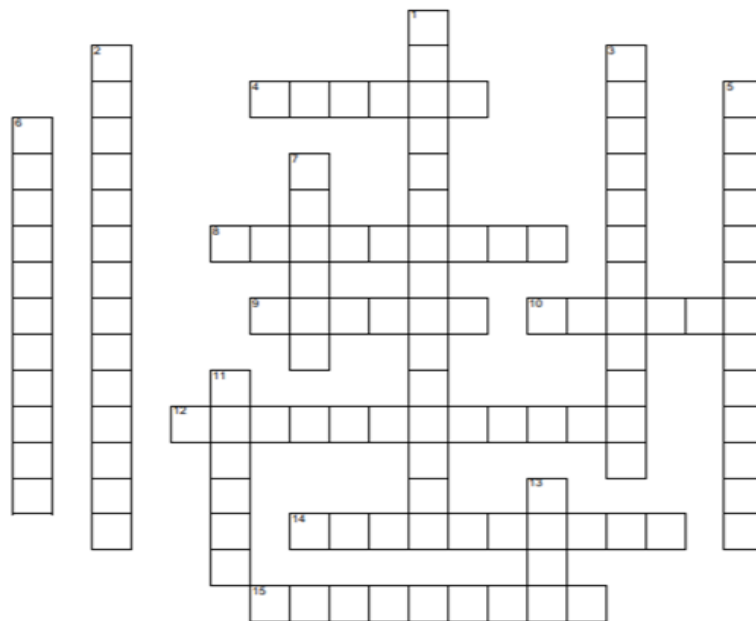
[www.officeofsafeguarding.org.au](http://www.officeofsafeguarding.org.au)

# The Magnificat by Mary

C K T C I R B D L X K G X L Q Y F  
 X L L N E H W X B F Z G L K O R Q  
 G M T H M O Z F P P A L T A U R G  
 J Z X N F L C I L R E A X A K I D  
 I V B L E S S E D S O J C B E A V  
 B U S U Y C Z R D X G M M M W R Y  
 I H L K D K S E U O R O I M G Z G  
 O R W B S I U V P V V S G S U J D  
 E R I N L X I E S L J C H E E Y M  
 A P S A V Y S R S P W A T J F M A  
 X V R Z U U L O V B H V Y Z X L R  
 S W A U G K A F R L L F A M N N Y  
 M K E C V D E P L E H X V Z Q L E  
 M P L Y X T I O C N M A V W G V P  
 R P B S E R V A N T T H P R O U D  
 K B E L Y X T E L B M U H O L M S  
 H T T Q N U M K H U V L L Z F T P

Blessed Forever Great Helped  
 Humble Israel Lord Mary  
 Mighty Promise Proud Servant

## Parts of the Mass



### Across

4. a time of the churches calendar when the Gloria is not sung
8. the priest offers us the body and blood of Christ
9. celebratory song giving praise to God
10. talking and listening to God
12. the moment the bread and wine are turned into the body and blood of Christ
14. the place where the blessed sacraments are kept on the altar
15. another name for the blessed sacrament

### Down

1. examine our conscience for our sins
2. 3 persons in one God
3. the part of the mass that is read from the old testament
5. the part of the mass that is read from the new testament
6. given to us by Jesus "Our Father who art in heaven.."
7. the priest talks to us about the readings and the gospel
11. read by the priest and is usually from the book of Matthew, Mark, Luke or John
13. celebration of the Eucharist