

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. Mayfield Parish: Christ the King, Mayfield West. Stockton Parish: St Peter-in-Chains, Stockton.

SUNDAY 18 JUNE 2023 11TH SUNDAY OF THE YEAR, YEAR A

Our Clergy

Fr John Lovell Fr Paul Chackanikunnel Fr Raphael Madukwe Deacon Kevin Gadd

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction PO Box 6, The Junction 2291

P: (02) 4979 1101 F: (02) 4962 4644 E: newcparish@mn.catholic.org.au W: www.newcastlecatholic.org.au W: www.sacredhearthamilton.org.au

Our Staff

Margaret Cox (Reception & Administration) Monday, Tuesday, Friday

Anne Warren (Business Manager Finance)
Tuesday and Thursday

Dr Anne Millard (Music, Liturgy, Sacraments, Bulletin)

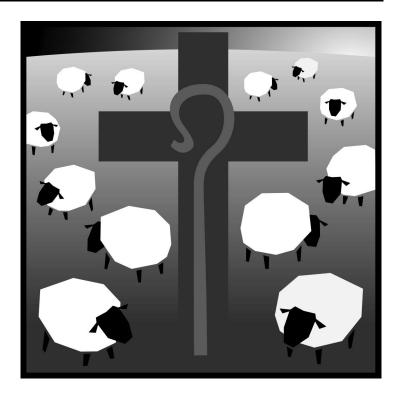
Other Contacts

Lingard Hospital Team: Contact the Parish Office **Mercy Pastoral Team**: Sr Patricia Whitten rsm

0448463679

St Joseph's Pastoral Team: Contact the Parish Office

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.



The gospel this week is the first of three readings in which Jesus gives instructions to his trusted twelve disciples. In today's reading, Jesus calls the twelve together and sends them out to minister to the 'lost sheep of the house of Israel'. Jesus sees the people of his generation as 'harassed and helpless' and feels compassion for them. They need reassurance, guidance and leadership – they need shepherds.

Julie Close

Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

Eleventh Week in Ordinary Time, Year A

Monday—19th June

8:15am Mass @ The Cathedral

Tuesday—20th June

8:15am Mass @ The Cathedral

9:15am Mass @ Stockton ** Note the different

time

6:00pm Memorial Service for victims of the

Hunter Valley accident @ The Cathedral

Wednesday—21st June

Memorial of St. Aloysius Gonzaga

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

Thursday—22nd June

Memorial of Sts. John Fisher and Thomas More

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

2:30pm Funeral Liturgy for Lynde Stamp

Friday-23rd June

10:15am Mass @ St Joseph's

11:00am Exposition, Adoration & Reconciliation @

The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—24th June

The Nativity of St. John The Baptist

9:15am Mass @ The Cathedral, followed by the

Novena to Our Lady of Perpetual Help

(followed by Reconciliation)

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

5:30pm Mass @ Mayfield West

Sunday—25th June

12th Sunday in Ordinary Time, Year A

7:30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral *

11:00am Mass @ The Junction (Italian)

11:30am Mass @ The Cathedral (Polish)

5:00pm Mass @ The Cathedral

* Livestreamed on the Cathedral's YouTube channel—www.youtube.com/c/SacredHeartCathedralHamilton

and on the Diocese website

NEXT WEEK'S READINGS: 12TH SUNDAY IN ORDINARY TIME, YEAR A

Jer 20:10-13 Rom 5:12-15

Mt 10:26-33



RECENTLY DECEASED: Doug Hickling, Lynde Stamp, Allen James Reed, victims of the tragic bus crash:

Zach Bray, Darcy Bulman, Tori Cowburn, Angus Craig, Rebecca Mullen, Nadene and Kyah McBride, Andrew and Lynan Scott, Kane Symons

ANNIVERSARIES: Hazel McDonald, Peter Mather, Alec Mather, Frank & Frances Hinchey, Patricia Hinchey, Bill & Phyliss Martin, Catherine O'Neill, Velta Stevens, Fr Brian Bailey, Julie Raftery, Clare Hazelman, Caitlin Howden, Leo McGovern, Guiseppe Zannoni, Daniel Close

SICK: Aaron Parkes, Grayson Peers, Peter Kefecek, Roslyn McGovern, Carlo Rossi, Jim Bailey, those injured in the bus crash.

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

PARISH LUNCHEON AT TIGHES HILL

Parish Luncheon at *Souths Leagues Club, Llewellyn St, Merewether* (Please note the new venue). 12.30pm on Monday, 19 June. All welcome. Inquiries to Maureen on 0412 673151.

OUR BELOVED DEAD

We remember those in our Sacred Heart Cathedral Columbarium whose anniversaries occur in June:

Joy Doran

Clifford Ellicott

Barry (Appo) Garside

Leo Ireland

Helen Elizabeth McLachlan

Basil O'Brien

Moira O'Brien

Herbert Presland

Michael John (Mick) Rabbitt

Colleen Ray

Clyde Henry Rowley

John Ruggero

John Shearer

Stanley Wenman

Noela Margaret Yazbeck

Reginald Bennett

Coral Dawn (Diri) Cooke (Diri)

Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.



FOR OUR ELDERS - NAIDOC WEEK PRAYER SERVICE - SUNDAY 2 JULY 2023

You are invited to join us for our 2023 NAIDOC Week Prayer Service from 1pm at the Sacred Heart Cathedral. The service will include an official Welcome to Awabakal Country with Aunty Sandra Griffin. Join with local Elders, including Canon Aunty Di Langham who will lead us through a special reflection. This service is held in collaboration with local Aboriginal and faith communities. A special water ceremony will take place and guests are asked to bring a small container of water from Country along with them. Refreshments and light meal will be served. RSVP by Sunday 25 June via Eventbrite:

https://NAIDOCprayerservice.eventbrite.com.au or by contacting Kate P: (02) 4979 1329

NAIDOC WEEK - MARCH AND COMMUNITY FESTIVAL - MONDAY 3 JULY - 9AM - 3PM

As part of our continued Reconciliation Action Plan journey, the Catholic Diocese of Maitland-Newcastle and CatholicCare Social Services have chosen to sponsor a tent at a community event hosted by Awabakal Ltd. We encourage all staff, volunteers and parishioners to attend and/or volunteer their time at the NAIDOC Week Community March and Festival.

The event starts at 9am in Civic Park, Newcastle with a flag-raising before marching in a procession to Foreshore Park where the Festival takes place from 10am-3pm. There will be lots of entertainment and community services, so it is a great educational event for young and old. Enquiries can be sent to Kate E: kate.crncevic@mn.catholic.org.au or P: 02 4979 1329

NOTICE TO PLANNED GIVERS - THE END OF FINANCIAL YEAR IS COMING!

Planned Giving Tax Receipts: Parishioners who require a tax receipt for planned giving for the 2022/2023 financial year must notify the Parish Office <u>before 30th</u> June 2023.

Please submit requests in writing by one of the following methods:

Email to newcparish@mn.catholic.org.au: Use the wording, "Please provide me with a Planned Giving tax receipt" and include your name and envelope number.

Planned Giving Envelope: Write on your weekly envelope, "Tax receipt required".

Tax receipt data will be processed on 30 June 2023. If you make a request after that date you will not be eligible for a receipt, nor for a tax deduction in relation to your planned giving contributions. This is because there is a designated sum that can be attributed to planned giving receipts and, once this distribution has occurred on 30 June 2023, no further allocations are possible.

The 'designated sum' provision also means that the claimable amount for each giver decreases when more people request a receipt. We therefore request that if you do not intend to claim a tax deduction, please do not request a receipt.

For those who do not claim a tax deduction but would like their contribution acknowledged, we can provide, on request, a letter confirming your contribution total.

CHILDREN'S LITURGY @ TIGHES HILL

Children's liturgy @ Tighes Hill 8am, every 2nd Sunday of each month for children up to 12 years of age

2023 SACRAMENTAL PROGRAM

Bishop Michael confirmed over 60 individuals in the sacramental program Confirmation. Thank you for your support and prayers! Please continue to pray for these children and their parents as we conclude First Communion this weekend.

VINNIES WINTER APPEAL

NEWCASTLE CONFERENCE of SVdeP continues the WINTER APPEAL this weekend, envelopes are available at the churches.



CHRISTIAN MEDITATION AT TIGHES HILL

This is non-denominational and everyone is very welcome. Please come.

WHEN: Monday afternoon 3.30 for 3.45 start WHERE: Mercy Offices, 20 Union Street (Next door to Mercy Services)

Off street parking available

The Meditation session begins with short guided relaxation exercises then we have a reading from Fr. John Main which leads into 20 minutes of silent meditation

CHURCH/FAITH CRAWL

The Ecumenical and Interfaith Council of the Catholic Diocese of Maitland-Newcastle invites you to visit four Newcastle faith communities on Wednesday, 19 July from 9:30am to 3:45pm.

Lunch will be provided by the Salvation Army (\$10 per person). Registration is now open and closes Friday, 14 July. To register, visit www.eventbrite.com.au/e/church-crawl-tickets-648540932387

PINTS WITH A PURPOSE: MODERN DAY PILGRIMS

Join us as we engage with a panel of our Pilgrims from across our diocese who are planning to journey into the Holy Land and on to World Youth Day in Lisbon. Who are they? Why are they going? What are their hopes for the journey? Date: Monday 3 of July Time: 6pm Location: Sydney Junction Hotel Please contact Eliza Beletich for any questions. P: 4931 1228 E: eliza.beletich@mn.catholic.org.au

INTRODUCTORY CLINICAL PASTORAL EDUCATION (CPE) (40 hours)

This course is an introduction to the theory and practice of pastoral/spiritual care. It is a qualification required by NSW Health for those wishing to become hospital visitors. It covers such topics as listening skills, empathy, grief and loss, self-awareness and hospital procedures. It is conducted over six Mondays from 9am to 4pm. A certificate is awarded on completion.

The course starts on 17 July and goes until 21 August. Registration due by 1 July.

MacKillop Parish Charlestown For more information contact

Fr. Roger Zohrab- Pastoral Care Coordinator

Mob 0408 151 481 | roger.zohrab@health.nsw.gov.au

THE APP

The Diocese has a wonderful app that shows Mass times across our region. The app also shows the readings for the day! It's really worth downloading. Type "Diocese of Maitland-Newcastle" into the App store.

SAFEGUARDING

The Diocese of Maitland-Newcastle has an abiding commitment to promote the safety, welfare and wellbeing of children and vulnerable adults. Safeguarding is everyone's responsibility if you have any concerns for a child or vulnerable adult please contact the Office of Safeguarding: P 4979 1390,

E childprotection@mn.catholic.org.au or visit their website for further information

www.officeofsafeguarding.org.au

LIVING THE GOSPEL APOSTLES, NOT DISCIPLES

There is a lovely distinction in this gospel passage between disciples and apostles. Jesus calls his twelve disciples, commissions them and sends them out to continue his work. From then on, they are referred to as 'apostles'. Disciples are followers, but apostles have been sent out. In our own lives we are called to accept the challenge of being apostles, not disciples. For we are not just followers, we have been sent out by Jesus to continue his work. To be a disciple is just the first step. Disciples follow a path; apostles take the initiative and forge their own path.

THE CHUCKLE

What do you get when you cross a sheep and a porcupine?
An animal that can knit its own jumpers.



JUNIOR WORDSEARCH We are the people of God

Ex 19:1-6a Ps 100:1-2,3,5 R, v,3c Rom 5:6-11 Mt 9:36-10:8

У	D	Т	٧	I	R	С	Ε	Ν	Ε	M	Ι	Ε	5	Q
Р	Q	L	Н	W	W	Т	W	Ε	L	٧	Ε	W	Ν	U
У	Ν	Т	٧	J	X	Q	Ι	W	У	M	M	Ν	У	K
Н	Α	R	٧	Е	5	Т	W	Н	L	M	У	U	0	F
Ν	F	Ι	5	5	C	٧	A	Ε	R	Ε	5	I	M	Р
Ι	Z	R	Н	Z	A	Т	Р	W	0	R	K	Ε	R	5
R	J	Ι	Е	Ι	Ι	X	0	Р	R	I	Е	5	Т	5
L	Е	J	Р	Z	D	M	5	5	Ι	Ν	F	U	L	Е
Ν	C	X	Н	Е	F	Α	Т	5	Е	G	У	Р	Т	Α
Q	٧	Α	Ε	Т	M	Z	L	Z	5	Α	G	J	Н	G
K	Р	J	R	Κ	Ε	Z	Ε	F	Z	K	Ι	J	Е	L
D	J	J	D	I	Ε	Ε	5	F	G	I	Χ	G	Α	Е
W	L	Ε	Р	Κ	G	Р	F	F	K	R	R	В	L	Т
5	Α	٧	Ε	D	Ν	Ι	Q	Z	Ε	Ε	F	У	K	K
A	Е	J	D	U	G	M	K	Q	5	M	D	Р	Р	В

Try to find these words:

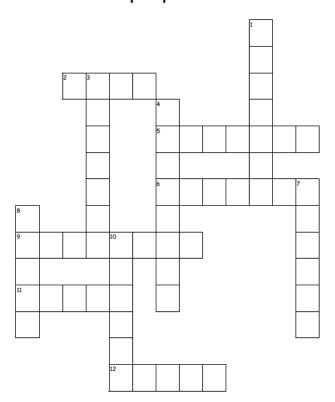
apostles
eagle
Egypt
enemies
harvest
heal
priests
saved
shepherd
sinful
twelve
workers

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Ex 19:1-6a Ps 100:1-2,3,5 R, v,3c Rom 5:6-11

Mt 9:36-10:8

crossword We are the people of God



Across

- 2: to cure a wound or illness
- 5: the gathering of crops
- 6: holy men
- 9: these men were sent out by Jesus to help others
- 11: a large bird of prey
- 12: Moses led the Israelites out of this country

Down

- 1: people who work
- 3: people who are against you
- 4: someone who looks after sheep
- 7: full of sin
- 8: rescued
- 10: the number of disciples who became the first apostles

¹¹th Sunday in Ordinary Time, Year A [N110RSUA_2005_WS3.rtf]

SAFEGUARDING

Do you know about safeguarding? We here continue our ten-part series addressing each of the Safeguarding Standards.

Standard four focuses on building an ethos that is culturally safe and inclusive which fosters selfdetermination. This standard recognises diversity and inclusion. As well as the influence of governmental bodies safeguarding has a strong theological base. The moral authority of a society is evidenced in how the most vulnerable to treated. Further His Holiness Pope Francis wrote "the protection of minors and vulnerable persons is an integral part of the gospel message...Christ himself, in fact, has entrusted us with the care of the weakest and defenceless." The dignity of the human person is at the foundation of Christ's social teaching. ... Our responsibilities to each other are fundamental irrespective of race, culture, gender, ideological, social, educational, and economic differences. (Compendium P7-8).

The fourth standard; **EQUITY IS PROMOTED AND DIVERSITY IS RESPECTED** has 3 criteria

Competency: Equity is upheld and diverse needs respected in policy and practice

- **Criteria 4.1:** The diverse circumstances and backgrounds of children and adults at risk are acknowledged and accommodated by providing appropriate support.
- **Criteria 4.2:** Children and adults have access to information, support and complaints processes in ways that promote inclusion, are culturally safe, and accessible
- **Criteria 4.3:** The diverse needs of Aboriginal and Torres Strait Islander people, those living with disability, those from culturally and linguistically diverse backgrounds, children and adults who are unable to live at home, and those of diverse sexuality, are acknowledged.

EXUBERANT CATHOLIC PRAISE & WORSHIP

Inviting all interested people to the creation of an exuberant Praise and Worship evening on a regular basis. It will feature excellent traditional and contemporary Catholic music, Scripture, catechesis, reflection, and compelling and relevant testimonies and preaching. The venue will be The Josephite Centre, St Mary's Catholic College, 47-49 Pacific Highway, Gateshead. You are invited to an initial planning meeting at the above venue on Wednesday 21 June from 5.30pm to 7.00pm. Dinner provided. Please RSVP to Fr Anthony Potts on 0466 140 066.

REFLECTION

By Richard Leonard

Damian told me that his life changed when his sister was involved in a car accident that left her with brain injuries. As tragic as this terrible event was for his sister, Damian told me that it was a defining moment for him as well because it enabled him to work out what truly matters, what he took for granted, what he hoped for and whether he could hold on to faith in the face of tragedy.

Damian said that one of the things he learnt in the experience was what not to say to people in grief and shock. He reported that the nicest people said some of the worst things to him and his family. 'It's all God's will and now you just have to accept it.' 'God only gives the biggest crosses to those who can bear it.' 'God was clearly trying to teach you all a lesson and we'll only find out in heaven what she did to deserve this.' He said he wanted to scream. Some of his family have not been back to church since the accident.

The most helpful comment, however, the one that gave Damian and his family the greatest consolation, was, 'I can only imagine what it would be like if it were my sister.' The people who made this comment weren't trying to find an answer for him in his shock and grief; they were trying to struggle with him in his pain and questioning and understand what it might be like.

This response has a name. It's called compassion and it is what today's readings are all about. The Lord claims the Israelites as his treasured possession out of compassion. Saint Paul reminds us that God sent his Son to save us from our own destructiveness because he had compassion on us in our sinfulness. And when Jesus saw the crowds he had compassion for their diseases, sufferings and lack of leadership and he did something about it.

We are called to see the crowds of our own day and be moved with compassion. Compassion asks us to imagine what it's like to be a refugee, homeless, a victim of domestic violence, HIV positive, disabled, substance addicted, a single parent or unemployed.

We may not be able to answer these people's suffering or perhaps for some reason we should not be the ones to respond to their suffering. In either event, what we should do is secondary to how we feel with them.

And often the people we find it hardest to be compassionate toward are the ones to whom we are closest. We often expect so much of our wife or husband, children, friends and parents that we allow the poor to lay a greater claim on our compassion before those we love.

We don't have to be stingy with compassion; there will always be enough to go around. By virtue of our baptism and our coming to this Mass, however, we should be well known for being very compassionate, even foolishly so.

For Jesus doesn't teach us today to solve all the world's problems, just that we have to have the right attitude toward our brothers and sisters, imagining what it's like for them and treating them in the way we would want to be treated.

In the ministry of compassion we are *all* labourers sent out to harvest love in Christ's name; *all* of us are commissioned to confront evil and offer goodness in its place. And *all* of us are called, like the Apostles, to go to every lost sheep, especially the one who may be under our own roof, and offer healing and peace.

No one said following Jesus in this way was easy. Nearly every name read out in today's Gospel died a martyr for our faith. May the way we live be worthy of their example.

So this week when we catch ourselves jumping to an immediate condemnation of someone, let's stop and pray for the gift of compassion. That we might ask, 'What must life be like for you?' At that point, our understanding will be touching the Divine.

© Richard Leonard SJ

CATHOLIC DIOCESE OF MAITLAND-NEWCASTLE MARRIAGE TRIBUNAL

Can we help you? The Church is aware of the stresses associated with marriage breakdown and divorce and understands that many people have questions about the processes which might allow a divorced person to remarry in the Catholic Church. If you have any questions or would like to have a confidential chat about your situation, please contact Jane at the Tribunal on 4979 1370.

WATANDAR - WALLSEND LIBRARY

On Sunday 25 June, you're invited to join the community at a free screening of Watandar at Wallsend Library. It follows the story of photographer and Human Rights Activist Muzafar Ali. In 2015 he resettled in Australia and discovered that Afghans have been in the country for

160 years - so he's compelled to photograph and document the stories of their descendants. To register, visit

www.stickytickets.com.au/sjld5/

watandar my countryman screening at wallsend.as

MEDITATION GROUPS AT LIVING WATERS CENTRE

LIVING WATERS CHRISTIAN MEDIATION CENTRE, 34 Kenrick Street, The Junction, offers meditation sessions on Wednesdays at 7.30am and Fridays at 11.00am – and has done so for the last 25 years, in which time many hundreds of people have taken up this prayer form. After meditation on Fridays Lectio Divina, a personal interaction with Sacred Scripture, is offered. Through both practices we open ourselves to the fullness of life; we come to know ourselves by knowing that we are known and loved by God. For more information: Carmel Moore rsj -0412122297 - or just come.



The labourers are few

This passage is often used as the basis for sermons, conversations or even marketing about vocations – vocations to religious life as well as lay vocations. The image of a rich harvest with not enough labourers to reap the harvest is a powerful one. In the Western world in particular today it is very true of priestly and religious vocations. However, it is equally true of lay vocations. Too few people are prepared to 'own' their faith and live the message of the gospel in their day to day work and interactions with others. In what way are you a labourer in the harvest?

STUDENT ACCOMMODATION

34 Kenrick St, The Junction (the old Presbytery) is a share-house owned by the parish, with four independent living quarters. Unit 3 is currently vacant and available for student accommodation. It has a bedroom, bathroom and living room. Common areas of the building - the kitchen, laundry and dining/lounge rooms - are shared with other female occupants. The unit would suit a university student, or newly employed person, looking for independent accommodation in Newcastle. If you know anyone seeking accommodation, please pass on our contact details. Inquiries to the parish office on 4979 1101 or email newcparish@mn.catholic.org.au

TODAY'S LITURGY

Entrance Antiphon: Cf. Ps 26:7,9

O Lord, hear my voice, for I have called to you; be my help.

Do not abandon or forsake me, O God, my Saviour!

First Reading: Ex 19:2-6

You will be a kingdom of priests, a consecrated nation.

Responsorial Psalm: Ps 99:2-3. 5. R. v.3

(R.) We are his people: the sheep of his flock.

- Cry with joy to the Lord, all the earth.
 Serve the Lord with gladness.
 Come before him, singing for joy. (R.)
- Know that he, the Lord, is God.
 He made us, we belong to him,
 we are his people, the sheep of his flock. (R.)
- Indeed, how good is the Lord, eternal his merciful love.
 He is faithful from age to age. (R.)

Second Reading: Rom 5:6-11

We have been reconciled to God through the death of his Son; we are saved by his life.

Gospel Acclamation: Mk 1:15

Alleluia, alleluia!
The kingdom of God is near;
repent and believe the Good News!
Alleluia!

Gospel: Mt 9:36 - 10:8

He summoned his twelve disciples, and sent them out.

Communion Antiphon: Ps 26:4

There is one thing I ask of the Lord, only this do I seek: to live in the house of the Lord all the days of my life.

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VIEW, CHEW, AND CHAT

Meets June 21 @7pm via Zoom for Lectio Divinia. Contact the parish office on 4979 1101 to join

FOOD BASKETS FOR THE NEEDY

ST JOSEPH'S, THE JUNCTION and MARY IMMACULATE, TIGHES HILL:

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc.), can be placed in the basket at the back of **St Joseph's Church**, The Junction and in the foyer of **Mary Immaculate Church**, Tighes Hill. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998. The St Joseph's community kindly requests that you do not donate peanut butter.

SACRED HEART CATHEDRAL and ST MARY'S, NEWCASTLE:

Since June 2022, CatholicCare Food Programs have made up 138 emergency food hampers and 150 Christmas hampers for people in the Newcastle-Lake Macquarie area, all from donated food items. This year we have seen a dramatic increase in the number of requests we have received for emergency food hampers, especially from families with young children. Our hampers are given as a one off 'hand up' (not a 'hand out') and are made up completely of donated food.

If you would like to donate, any of the following types of non-perishable items would be most gratefully received: UHT milk, cereal, jam, vegemite, peanut butter, tinned veggies, fruit, soup, fish, meat, dried pasta, rice, pasta sauces, teabags, coffee, biscuits, crackers, custard, jelly, toothpaste, toothbrushes, soap, shampoo, conditioner (even the travel sized ones from hotels), deodorant. The food collection bins are at Sacred Heart Cathedral and St Mary's Church, Newcastle

BOOK CLUB

Sunday, 2 July@ 6:15pm: Bookclub meets to discuss *All That's Left Unsaid* by Tracey Lien If you would like to participate in book club meetings, please email the office



BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.