



# Sacred Heart of Jesus Cathedral

DIOCESE OF MAITLAND-NEWCASTLE

**Inner Newcastle Parish:** Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

## SUNDAY 19 MARCH 2023 4TH SUNDAY OF LENT, YEAR A

### Our Clergy

Fr John Lovell  
Fr Paul Chackanikunnel  
Fr Raphael Madukwe

### Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction  
PO Box 6, The Junction 2291  
P: (02) 4979 1101 F: (02) 4962 4644  
E: [newcparish@mn.catholic.org.au](mailto:newcparish@mn.catholic.org.au)  
W: [www.newcastlecatholic.org.au](http://www.newcastlecatholic.org.au)  
W: [www.sacredhearthatilton.org.au](http://www.sacredhearthatilton.org.au)

### Our Staff

Margaret Cox (*Reception & Administration*)  
*Monday, Tuesday, Friday*

Anne Warren (*Business Manager Finance*)  
*Tuesday and Thursday*

Jade Simonsen (*Business Manager Property*)  
*Monday*

Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

### Other Contacts

**Lingard Hospital Team:** Contact the Parish Office  
**Mercy Pastoral Team:** Sr Patricia Whitten rsm  
0448463679

**St Joseph's Pastoral Team:** Contact the Parish Office

**Parish Bulletin:** Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.



This Sunday's readings are about acquiring new sight. Spiritually, we were all born blind, and remained so until our eyes were opened by the grace of God, which has allowed us to recognise the One who is our Lord and Saviour. He has also given us the gifts of insight and understanding, that we may continue to grow and learn, and help others find their way through the darkness of this world.

*Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.*

## THE PARISH DIARY...(for the week ahead)

Fourth Week of Lent, Year A

Monday—20th March

*Solemnity of St Joseph*

8:15am Mass @ The Cathedral

Tuesday—21st March

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

10:30am Funeral liturgy for Ruth Galbraith @ The Cathedral

Wednesday—22nd March

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

12 noon Funeral Liturgy for Dave Morley @ The Cathedral

Thursday—23rd March

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Friday—24th March

9:50am Rosary for Ukraine @ The Junction

10:15am Mass @ St Joseph's

11:00am Exposition, Adoration & Reconciliation @ The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—25th March

*Solemnity of the Annunciation of the Lord*

9:15am Mass @ The Cathedral, followed by the Novena to Our Lady of Perpetual Help (followed by Reconciliation)

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

6:00pm Mass @ Mayfield West

Sunday—26th March

*Fifth Sunday of Lent, Year A*

7:30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral \*

11:00am Mass @ The Junction (*Italian*)

11:30am Mass @ The Cathedral (*Polish*)

5:00pm Mass @ The Cathedral

6:00pm Mass @ Mayfield West (*Vietnamese*)

\* *Livestreamed on the Cathedral's YouTube channel—[www.youtube.com/c/SacredHeartCathedralHamilton](http://www.youtube.com/c/SacredHeartCathedralHamilton) and on the Diocese website*

### ADVANCE NOTICE

Daylight savings time ends April 2. At that time, Mayfield West will change the times for the Vigil Mass and the Sunday night Vietnamese Mass. Stay tuned for updates.

## BISHOP MICHAEL ROBERT KENNEDY



On Friday 17 March 2023. @ 6pm, we installed Bishop Michael Kennedy as the ninth Bishop of the Diocese of Maitland-Newcastle.

When accepting his appointment, Bishop Kennedy said, 'I willingly and heartily accept this new appointment, knowing that like all new endeavours, it will hold both joys and challenges. To be the chief pastor leading a Diocese in worship, teaching, evangelisation, and governance is an awesome privilege and responsibility.'

'I am now looking forward to meeting and getting to know the priests and the people of the Diocese of Maitland-Newcastle.'

Bishop Kennedy was born in Wagga Wagga and educated in Catholic schools. He gained a Diploma in Education from the Sydney Catholic College of Education and taught for several years at Xavier Catholic College in Albury, before commencing seminary studies at Vianney College in rural New South Wales. In 1994 he continued his academic studies in Rome, attaining a Licentiate in Sacred Theology and a Diploma in Mariology.

Ordained a priest in 1999, Bishop Kennedy has held a variety of positions across New South Wales, most recently serving as the Bishop of Armidale, a position he has held since 2011. Bishop Kennedy has also previously served in roles across education and as the Director of Vocations, reflecting his commitment to his motto 'Euntes Docete' (*Go out and teach*).

Bishop Kennedy will preside at the 9:30am Mass this Sunday morning (March 19) at Sacred Heart Cathedral. He will be in our region to 'meet and greet' during April; he will preside at the Easter liturgies. From April 13 he will meet with our clergy and deacons; he will visit all the schools and selected retirement communities, St Vincent de Paul, the refugee hub, the House of Hospitality, and the parish office. It will be a wonderful opportunity for us to spend time with our new Bishop.

## PRAYER REQUESTS

**RECENTLY DECEASED:** Ruth Galbraith, David Morley, Patricia Quayle, Sr Agnes (Michael) Burke rsj, Veronica (Ronnie) Jennings, Eileen Howard, Joseph Wong, Anthony O'Brien

**ANNIVERSARIES:** Bill Jennings, Ollie Sutton, Michael Bully, Marie Sullivan, Norma Woodland, Harry Walker

**REMEMBRANCE PRAYERS:** Maria Giustina Oddi

**SICK:** Peter Kefcecek, Roslyn McGovern, Christine Dowling, Carlo Rossi

*Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit [www.newcastlecatholic.org.au/downloads](http://www.newcastlecatholic.org.au/downloads).*

## PREPARING FOR EASTER

The *Parish Lenten Group* meets @ 9.30 am next **Thursday, 23 March** in the Parish Centre and continues during the weeks of Lent. Please see Gwen Haggerty (or ph 4967 5010) if you are interested in joining the group.

## OUR BELOVED DEAD

We remember those in our Sacred Heart Cathedral Columbarium whose anniversaries occur in March:

Louise Anne Balzer  
Veronica Ellen (Verona) Cable  
Edward Caelli  
Warren Cunningham  
Michael Edward Delaney  
Veronica Ellicott  
Betsy Gadd-Ardesch  
Frank Gibson  
Keith Martin  
Terence O'Beirne  
Peter Francis O'Sullivan  
Wesbrook (Wes) Smythe  
Coz Sphiris  
Anna Maria Stefanson  
William (Bill) Van Schyndel  
Thomas (Jack) Wakely

*Eternal rest grant unto them and may perpetual light shine upon them. May they rest in peace, Amen.*

## CATHEDRAL PIETY STALL

We have a small number of items for sale in the Cathedral piety stall, located in the foyer. What items would you like to see available there? Please let us know! Either email the office or let a sacristan know your thoughts! Thank you.

## FOOD BASKET FOR THE NEEDY

Items of dry goods or tin food e.g. (Vegemite, cornflakes or breakfast foods, sugar, packet or tin soup, sardines, tea, coffee, tin fruit etc but NOT PEANUT BUTTER), can be placed in the basket at the back of **St Joseph's Church**, The Junction. St Vincent de Paul members will pick up for distribution to the needy who are very grateful to receive the items. When donating please check expiry dates. Thank you. Questions to Sr Carol Woodland rsj (mob) 0423 700 523 or 4967 2998

Collection baskets also at Tighes Hill



A very heart felt thank you to all parishioners who have been donating non-perishable items to the food collection bins at Sacred Heart Cathedral and St

Mary's Church, Newcastle. Your thoughtful donations have gone into making up food hampers with our CatholicCare Food Programs and have provided support to anyone experiencing financial hardship, homelessness, mental illness, physical/intellectual disability, substance abuse and social isolation in our local area.

Since June 2022, CatholicCare Food Programs have made up 138 emergency food hampers and 150 Christmas hampers for people in the Newcastle-Lake Macquarie area, all from donated food items. This year we have seen a dramatic increase in the number of requests we have received for emergency food hampers, especially from families with young children. Our hampers are given as a one off 'hand up' (not a 'hand out') and are made up completely of donated food.

If you would like to donate, any of the following types of non-perishable items would be most gratefully received: UHT milk, cereal, jam, vegemite, peanut butter, tinned veggies, fruit, soup, fish, meat, dried pasta, rice, pasta sauces, teabags, coffee, biscuits, crackers, custard, jelly, toothpaste, toothbrushes, soap, shampoo, conditioner (even the travel sized ones from hotels), deodorant.

## ROSARY FOR UKRAINE

Pray the Rosary from 9.50am on Fridays at St Joseph's Church, The Junction.



## EXPRESSIONS OF INTEREST FOR 2023/2024 CHRISTIAN FORMATION COURSE ARE NOW OPEN

Are you wanting to know more about Christianity and develop a deeper understanding of the Catholic Church?

The Christian Formation Course (CFC) is a learning experience that allows participants to explore the foundational elements of the Catholic Faith Tradition. This one-year course introduces participants to scripture, theology, church history, sacramental life and liturgy.

The Course runs across twelve (12) months and comprises eight (8) units. All who complete the Course are awarded a diocesan Certificate in Christian Formation

By engaging in the course, it is hoped participants will:

- ✘ become more confident in understanding the Catholic faith
- ✘ grow in their capacity to reflect on their life's journey
- ✘ realise that Christian faith is nurtured in community
- ✘ be affirmed in their gifts for participating in the life of the faith community
- ✘ grow in awareness of what it means to be a responsive member of the faith community

Commencing on Tuesday 2 May 2023, no prerequisite formation or qualification is required to enrol.

To find out more about the Christian Formation Course, visit: [www.mn.catholic.org.au/church-mission/catholic-life/faith-formation/christian-formation-course/](http://www.mn.catholic.org.au/church-mission/catholic-life/faith-formation/christian-formation-course/)

### BOOK CLUB

**Sunday, 2 April @ 6:15pm:**

Bookclub meets to discuss *The Blue Fox* by Sjón. If you would like to participate in book club meetings, please email the office



### VIEW, CHEW, AND CHAT:

Meets 22nd March to continue the Diocesan Lenten Program. To access the program document, copy and paste or type the following address into your web browser:

<https://tinyurl.com/mnlent23>

### ART AND SPIRITUALITY WORKSHOP

Creation of art provides an opportunity for a deepening awareness of oneself and the world, and can act as a catalyst for evoking the Spirit. Art is a means to see-to-re-search and find the living meaning of what it means to open the heart. Everyone has the ability to create art, but in order for it to be theological, the artist needs to explore ways that it makes sense of faith. Opening the heart through art involves making meaning through the creation, then reflecting on the art itself and the unfolding the moment-to-moment direct experience of the process.

This workshop will provide an opportunity to awaken the Spirit through the beauty of God's creation, prayer, and reflection. Participants will engage in art making experiences which will nourish their faith.

Date: Thursday 23 March, 9am-3pm

Venue: Kilaben Bay Community Centre

Cost: \$25 per person

To register go to:

[www.eventbrite.com.au/e/art-and-spirituality-workshop-march-2023-tickets-532521174167](http://www.eventbrite.com.au/e/art-and-spirituality-workshop-march-2023-tickets-532521174167)

### SACRED@SEVEN

Join us for the next edition of Sacred@Seven on Wednesday 22nd March at Sacred Heart Cathedral (841 Hunter Street, Newcastle West). Fr. Peter Street, Parish Priest of Forster-Tuncurry, will preside over the event as we explore the hidden treasures of spending time together with each other and with the Lord.

Enquiries or RSVP:

E: [eliza.beletich@mn.catholic.org.au](mailto:eliza.beletich@mn.catholic.org.au)

P: 4979 1329

### CHRISM MASS

This year's Chrism Mass will take place in Holy Week on Tuesday 4 April at 7.00pm in the Sacred Heart Cathedral Newcastle West. This is a first opportunity for all who wish to gather, to celebrate with our new Bishop, Michael Kennedy at Mass and a light supper. All are welcome. Those with a specific role in the Mass please arrive early as communicated. Read more at <https://tinyurl.com/chrism2023>

### HAVE YOU TRIED THE APP?

Our Diocese has a fabulous app that includes all the readings for Mass, Mass times, events, etc. You can also donate to the church via the app. It's easy to use. Search for Diocese of Maitland-Newcastle at your app store.



## **HISTORY, THEOLOGY AND PRACTICE OF SYNODALITY - FREE ONLINE COURSE OFFERED BY BOSTON COLLEGE**

Through an online platform you will have access to a series of pre-recorded videos during the months of February and March 2023.

“Synodality is not the chapter of a treatise on ecclesiology, and even less a fad, a slogan or the new term to be used or manipulated in our meetings. No! Synodality expresses the nature of the Church, its form, its style, its mission.” Pope Francis

To register go to: <https://formaciononline.bc.edu/en/home/>

### **WAY OF THE CROSS – SUNDAY 26 MARCH**

This year, following over 55 years of local tradition, the Diocese of Maitland-Newcastle will once again celebrate the Ecumenical Way of the Cross on the grounds of Toronto Parish, Kilaben Bay on the Fifth Sunday of Lent.

Picking up the theme from this year’s World Youth Day (WYD) – “Mary arose and went with haste” – we will join with Bishop Michael Kennedy as we experience the Way of the Cross through the eyes of Mary. We will journey with creative retellings of Mary’s story as shared by women from across our Diocese and fellow Christian Churches. This prayerful experience will be supported by our school communities and local WYD pilgrims.

People will start gathering at St Joseph’s Toronto from 2pm at the Community Centre. The event will start at 3pm, afternoon tea will be provided.

### **DIVINE RETREAT CENTRE MARCH 2023 PROGRAM**

The Divine Retreat Centre will host several retreats in March, they include:

Spiritual Retreat at St Patrick’s Wallsend – 20 March

Spiritual Retreat at St Luke’s Revesby – 21 March

One Day Pilgrimage – 26 March

For more information, visit

[www.divineretreatcentre.org](http://www.divineretreatcentre.org)

### **THE CHUCKLES**

A bicycle can’t stand alone, it is two tired

A boiled egg is hard to beat.

A will is a dead giveaway.



## **ENROLMENTS FOR 2023 SACRAMENTAL PROGRAM**

A child’s catholic faith journey began with the Sacrament of Baptism and continues with the reception of the Sacraments of Initiation: Confirmation and First Eucharist.

The preparations for these sacraments in the Inner Newcastle Parish run between February and June of every year and are designed for children going into Year, 4, 5 or 6 in 2023. Preparations are completed as a family with online activities and volunteer work within the community.

Enrolments are now open for the 2023 program. If you are interested in being a part of the program this year please visit the parish website and complete the online enrolment form.

<https://www.newcastlecatholic.org.au/sacramental-enrolment-form/>

For more information please contact the office on 49791101 or [newcparish@mn.catholic.org.au](mailto:newcparish@mn.catholic.org.au)

The program launched last week. There’s still time to sign up.

### **THE BREAKFAST CONVERSATION**

We have resumed providing a very light breakfast – Tea, Instant Coffee, Juice, toast, and spreads. All welcome.

What? Sr. Margaret Mary Oln will tell us of her work in Newcastle with Our Lady’s Nurses for the Poor; And the Path to Canonization of Eileen O’Connor, the foundress of that Order of Nuns.

There will be plenty of time for questions

When? Monday 20th March commencing at: 7.00am – finishing before 9 am.

Where? St Joseph’s former Convent, 25 Farquhar St, The Junction (Back door).

Why? Very Light breakfast, Fellowship, Guest Speaker & Q & A

Compliance? Please take Covid precautions that are usual now. Consider masks, and do not attend if you are unwell.

Enquiries to Neil Jones: [neil.jones@bigpond.com](mailto:neil.jones@bigpond.com) or 0410 57257

### **NEXT WEEK’S READINGS:**

Ezek 37:12-14

Rom 8:8-11

Jn 11:1-45

## REFLECTION

by Richard Leonard

I have never been able to reconcile the long faces some of us put on in Lent with the prayers of the Church that describe this as 'a joyful season'. The following story takes seriously that laughter is an essential element of our Lenten observance.

Once upon a time in a nice little forest, there lived an orphaned bunny and an orphaned snake. By surprising coincidence, both were blind from birth.

One day, the bunny was hopping through the forest while the snake was slithering along the same path. The bunny tripped over the snake and fell down. 'Oh, my,' said the bunny, 'I'm terribly sorry. I didn't mean to hurt you. I've been blind since birth, so, I can't see where I'm going. In fact, I'm also an orphan, so I don't even know what I am.' 'It's quite okay,' replied the snake, 'my story is much the same as yours. I've been blind since birth and never knew my mother. Tell you what, I could slither over you, and figure out what you are.'

'Oh, that would be wonderful.' replied the bunny. So the snake slithered all over the bunny, and said, 'Well, you're covered with soft fur; you have really long ears; your nose twitches; and you have a soft cottony tail. I'd say that you must be a bunny.'

'Oh, thank you! Thank you,' cried the bunny in obvious excitement. The bunny then suggested to the snake, 'Maybe I could feel you with my paw, and help you in the same way you've helped me.' So the bunny felt the snake all over, and remarked, 'Well, you're scaly and smooth, you have a forked tongue, you're impossible to pin down and you have no backbone at all. I'd say you must be either a contractor, a consultant or possibly someone in senior management.'

On reflection the Gospel of the man born blind is a joyful one too. Imagine this man's elation at having his sight restored. As the story develops the all-seeing Pharisees move to spiritual blindness by putting on the blinkers of the law. They cannot recognise Jesus or his works of mercy because of their tunnel vision. Jesus doesn't fit their worldview. Meanwhile the blind beggar, who has sight restored, goes on to gain insight about who Jesus is and the way that God works in the world; he begins to see how shallow and pathetic the Pharisees really are.

This Gospel also contains a critical theological lesson: disability and illness do not come from personal sinfulness. It's surprising that we need to keep saying this, but too readily we hear otherwise intelligent and good Christians, for example, telling us that some

illnesses have been 'sent' by God as punishment for sins or they wonder what their families have 'done' to deserve disabled children. It's true that God permits us to live in an imperfect world where we are prone to illness and disability. But that same world gives us the freedom to be creative in the face of adversity, to be compassionate with those who are sick or disabled and free to believe that there is a purpose for each human life. God, the source of all love, does not actively send bad things to us, instead, he is our constant companion in dealing with them; giving us the courage and strength to cope with, and sometimes overcome, them.

The task of this joyful season is to bring our good humour and compassion to bear on the blind spots in our own lives and be on our guard for the times when we are too confident about who God is, how he works or what he can or cannot do. May it never be said of us that we were so consumed by our own religious vision that we missed God's woods for the trees.

© Richard Leonard SJ

**Richard Leonard SJ** is the Director of the Australian Catholic Office for Film and Broadcasting, is a member of the Australian Catholic Media Council and a film critic for all the major Australian Catholic newspapers. He completed a PhD in cinema studies at the University of Melbourne. He lectures in cinema and theology at the Jesuit College of Spirituality and has been a visiting lecturer in Australian cinema at the University of Melbourne, a visiting scholar within the School of Theatre, Film and Television at UCLA and is visiting professor at the Pontifical Gregorian University in Rome. He is an Honorary Fellow of the Australian Catholic University, has lectured widely and is the author of numerous books.

## BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest. Thank you!

## PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home. God speaks to us through the words of the Gospel and then through artist's images of the Gospel message.

Commencing February 8.

Join us each Wednesday 5.00-5.45pm.

Zoom link: <https://mncatholic.zoom.us/j/68191395109>

Password: 316071

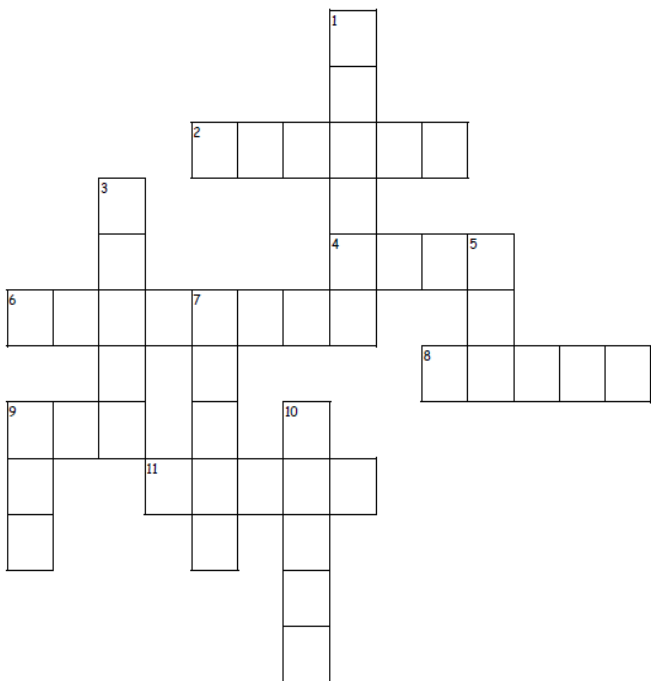
For more information contact:

[rose.mcallister@mn.catholic.org.au](mailto:rose.mcallister@mn.catholic.org.au)

CROSSWORD

The Lord is my shepherd

1 Sm 16:1b, 6-7, 10-13a  
Ps 23:1-3a, 3b-4, 5b-6c R.v.1  
Eph 5:1-2, 8-10  
Jn 9:1, 6-12, 35-38



Across

- 2: Jesus told the blind man to wash off the mud at \_\_\_\_\_ Pool
- 4: we see through these
- 6: young people
- 8: David's father
- 9: dirt mixed with water
- 11: the opposite of dark

Down

- 1: picked, selected
- 3: not able to see
- 5: look
- 7: he became the king of Israel
- 9: an adult male human
- 10: animals that are looked after by shepherds

JUNIOR WORDSEARCH

The Lord is my shepherd

1 Sm 16:1b, 6-7, 10-13a  
Ps 23:1-3a, 3b-4, 5b-6c R.v.1  
Eph 5:1-2, 8-10  
Jn 9:1, 6-12, 35-38

C B H K N L I G H T B E K U S  
C D C M L F T D A V I D F F F  
P F G S H E E P D K B L W Q I  
X E V V Z Y I H I Q N Y G X O  
D D R E S G B B D S E E T T Z  
A B L I N D T K M X Q H X V L  
Z C D C G E K D N T O R R O K  
M O B H C Q E Y E S G P M S Z  
V T V O J Y I N E U T X U U M  
L I M S Z T H E Q I B U D S A  
H L A E Q P M Y E N R S A O N  
M M X N Y M S S I L O A M X A  
C H I L D R E N J E S S E Q G

Try to find these words:

- blind
- children
- chosen
- David
- eyes
- Jesse
- light
- man
- mud
- see
- sheep
- Siloam

## THE APOSTLES CREED

I believe in God, the Father Almighty,  
Creator of heaven and earth;  
and in Jesus Christ, His only Son, our Lord;  
Who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended into hell;  
on the third day He rose again from the dead.  
He ascended into heaven,  
and is seated at the right hand of God, the Father Almighty; from there He shall come to judge the living and the dead.  
I believe in the Holy Spirit, the holy catholic Church,  
the communion of Saints, the forgiveness of sins,  
the resurrection of the body and life everlasting.  
Amen.

### GOSPEL FOCUS

There's a very old saying that has its roots in the Bible but is not a direct quote from the Bible: 'There are none so blind as those who will not see.' It would be a fitting summary of today's passage for there are two movements between darkness and light that are evident in the story. Firstly, there is the blind man who can see. He can see physically but can also see the truth of who Jesus is. Secondly, there are the Jewish authorities who have physical sight but are completely blind to the truth of Jesus.

# Living the Gospel

## Lenten Light

The story of the man born blind is a perfect choice for the Lenten season. During this season we are invited once again to open our eyes to Jesus; to step out of darkness and into the light; to look towards the future with hope and not despair. When we celebrate the resurrection of Jesus at the Easter vigil, we celebrate the coming of the Light of the World into our lives. This annual call to turn away from darkness and walk in the light is a powerful and poetic call to focus our lives on the way of Jesus.

## CHRISTIAN MEDITATION AT TIGHES HILL

This is non-denominational and everyone is very welcome. Please come.

WHEN: Monday afternoon 3.30 for 3.45 start

WHERE: Mercy Offices

20 Union Street

(Next door to Mercy Services)

Off street parking available

The Meditation session begins with short guided relaxation exercises then we have a reading from Fr. John Main which leads into 20 minutes of silent meditation

### MEDITATION GROUPS

#### AT LIVING WATERS CENTRE

34 Kenrick Street, The Junction, on Wednesday at 7.30am and Friday at 11.00am. All are welcome, including new meditators.

### BECOME A VOLUNTEER AT

#### CATHOLICARE'S REFUGEE HUB

CatholicCare's Refugee Hub is looking for more volunteers to support their tutoring program, community garden, men's and women's groups, art program, casework support and OzHarvest food support program. If you have a couple of hours to spare here and there, please reach out. You could help CatholicCare make a difference. To register your interest, please fill out the volunteer enquiry form: [www.catholiccare.org.au/community-programs/community-refugee-hub/volunteer](http://www.catholiccare.org.au/community-programs/community-refugee-hub/volunteer)

### TAIZE SERVICE

Sunday April 2: Immaculate Heart of Mary Catholic Church Tighes Hill 5.00pm – 6pm *followed by a shared supper.*



### TORONTO MEN'S WEEKEND

On 25 and 26 March men from across our Diocese are being invited to come together for a menALIVE weekend at Toronto. Like thousands of other Catholic men who have already been on menALIVE weekends, attendees will be inspired and encouraged to renew their faith and rediscover God's purpose in their life. Experienced leaders from the will be running the weekend. The cost is \$50 per person, with lunch and dinner on Saturday provided. There is still time to register. Forms are available in the church foyer, or phone Phil McWilliam (0408 88 0408), Col Gwynne (0409 047 644), or Toronto Parish Office (4959 2777).