

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish**: Christ the King, Mayfield West. **Stockton Parish**: St Peter-in-Chains, Stockton.

SUNDAY 11TH SEPTEMBER 2022 Perpetual Day of Remembrance Sunday

Our Clergy

Fr John Lovell Fr Peter Thoai Fr Paul Chackanikunnel

Regional Office—St Benedict's Centre

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Our Staff

Margaret Cox (Reception & Administration) Monday, Tuesday, Friday

Maryanne Hewitt (Reception & Administration) Tuesday, Wednesday, Thursday

Anne Warren (Business Manager Finance) Tuesday and Thursday

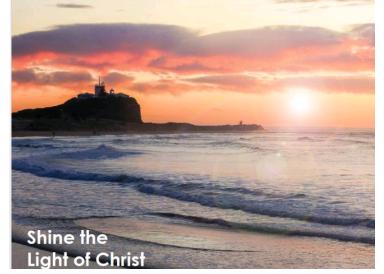
Dr Anne Millard (Music, Liturgy, Sacraments, Bulletin)

Other Contacts

Lingard Hospital Team: Contact the Parish Office **Mercy Pastoral Team**: Sr Patricia Whitten rsm (02) 4979 1116

St Joseph's Pastoral Team: Contact the Parish Office

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.



Ode to the Light of Christ

Come, let us walk in the Light of the Lord. Let us not fear the past when our hearts were heavy. Let us Shine the Light of Christ. (Is. 2:5)

Come, let us bring light from the darkness. Let us make evil good and find sweet in the bitter. Let us Shine the Light of Christ. (Is. 5:20)

Come, let us weep together when the light grew dark with the clouds, from the darkness and distress. Let us Shine the Light of Christ. (Is. 5:30)

Come, let us walk with our brothers and sisters, those who have walked in darkness. Let them see the great Light of God and let us Shine the Light of Christ. (Is. 9:2) Composed by Fiona Duque © 2019 Diocese of Maitland-Newcastle. All rights reserved

Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.

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	of Ordinary Time, Year C 2th September Mass @ The Cathedral 3th September 5 ts John Chrysostem Mass @ The Cathedral Mass @ Stockton —14th September Exaltation of the Holy Cross Mass @ The Cathedral Mass @ Mayfield West 15th September 5 Our Lady of Sorrows Mass @ The Cathedral Mass @ Stockton Stations of the Cross @ The Cathedral h September 5 ts Cornelius and Cyprian Mass @ The Junction Exposition, Adoration, and Reconciliation @ The Cathedral (until 12pm) Mass @ The Cathedral 7th September Mass @ The Cathedral 7th September Mass @ The Cathedral 7th September Mass @ The Cathedral followed by Novena to Our Lady of Perpetual Help (followed by Reconciliation) Vigil Mass @ Mayfield West Mass @ The Cathedral Mass @ The Cathedral Mass @ The Lathedral Mass @ The Cathedral Mass @ The Junction th September <i>in Ordinary Time</i> Mass @ Stockton Mass @ The Cathedral <i>imed via the Diocesan website:</i> <i>catholic.org.au/places/livestream/</i> Italian Mass @ The Junction Polish Mass @ The Cathedral

NEXT WEEK'S READINGS:

Twenty-Fifth Sunday in Ordinary Time, Year C Amos 8:4-7 1 Tim 2:1-8 Lk 16:1-13 Weekday and Sunday readings can be found at www.usccb.org

Annual Clergy Retreat 19-23 September – Masses Cancelled

From Monday 19th to Friday 23rd September the only weekday Masses celebrated in our City Pastoral Region will be the regular ones at the Sacred Heart Cathedral, as most of our clergy will be away on retreat during this time. We are grateful that one of our retired priests has kindly offered to say these Masses at the Cathedral for us.

ADVANCE NOTICE—MERCY DAY

The regular Saturday morning Mass, Novena, and Confessions will not be celebrated on Saturday 24th September. Instead, to celebrate Mercy Day, we will join with the Sisters of Mercy to celebrate Our Lady of Mercy Mass at 10.30am. All welcome to share this special day!

BOOK CLUB

Sunday, 2nd October @ 6:15pm: Bookclub

meets to discuss *The Island of Sea Women* by Lisa See. If you would like to participate in book club meetings, please email CLUJ newcparish@mn.catholic.org.au

PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home. God speaks to us through the words of the Gospel and then through artist's images of the Gospel message. Join us each Wednesday 5.00-5.45pm. Zoom link: https://mncatholic.zoom.us/j/96144217758 Password: pray For more information contact: rose.mcallister@mn.catholic.org.au

VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. On two Wednesdays, we employ the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday. One Wednesday we enjoy bible study.

The program for September is as follows:

14th September: Bible Study

21st September: Lectio Divina

28th September: No meeting

To participate, please email the parish office.

Bible Study: Son of God, Episode 2, "The Mission" discusses how Jesus became popular among Jews and Greeks, and why the Pharisees of the area might have seen him as a threat.

VALE QUEEN ELIZABETH II

On 9th September 2015, Queen Elizabeth became the longest reigning monarch in British history. At that time, The Church of England released a special prayer for Her Majesty the Queen. The prayer seems appropriate today as we mourn her death. Almighty God,

whose Son Jesus Christ exchanged the glory of a heavenly throne for the form of a servant,

we thank you that you have given Elizabeth our Queen a heart to serve her people,

and have kept her devoted in this service beyond all who were before her:

encourage us by her example to serve one another, and to seek the common good,

until you call us all to reign with Christ in your eternal kingdom. Amen.

Eternal rest, grant unto her, O Lord, and let perpetual light shine upon her. May she rest in peace.



BEQUESTS

To help our Catholic Pastoral Region of Parishes continue its important mission of proclaiming the Good News of Jesus, you might consider including us in your Will. You would just need to specify which parish or parishes you would like to help with your bequest.

Prayer Requests

RECENTLY DECEASED: Queen Elizabeth II, Margaret Mary Garratt

ANNIVERSARIES: Paul White, Patricia Nolan, Mick Tobin Jnr, Kath Hall, Carmel Jennings, Mary Bridges, Clare Fuller, Robert Knight, Ethel Mennie, David Sweeney, Sinfo Triana Tan, Rosa Hibaya, Marlon Falcnonete, Asuncion Onting, Amanda Ramplin

SICK: Karen Varnum, John Woods, Ronnie Jennings, Eileen Howard, Eva Grant, Colin Bryant; Maureen Sunman, Maree Halbert, Carlo Rossi, Kath Murray, Veronica McCann, Peter Skinner, Tiani Bishop, Tom Parker, Max Williamson, Sam and Margaret Broad, Ronald Watt

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

THE STORY OF THE EXALTATION OF THE HOLY CROSS

Early in the fourth century, Saint Helena, mother of the Roman Emperor Constantine, went to Jerusalem in search of the holy places of Christ's life. She razed the second-century Temple of Aphrodite, which tradition held was built over the Saviour's tomb, and her son built the Basilica of the Holy Sepulcher on that spot. During the excavation, workers found three crosses. Legend has it that the one on which Jesus died was identified when its touch healed a dying woman.

The cross immediately became an object of veneration. At a Good Friday celebration in Jerusalem toward the end of the fourth century, according to an eyewitness, the wood was taken out of its silver container and placed on a table together with the inscription Pilate ordered placed above Jesus' head: Then "all the people pass through one by one; all of them bow down, touching the cross and the inscription, first with their foreheads, then with their eyes; and, after kissing the cross, they move on."

To this day, the Eastern Churches, Catholic and Orthodox alike, celebrate the Exaltation of the Holy Cross on the September anniversary of the basilica's dedication. The feast entered the Western calendar in the seventh century after Emperor Heraclius recovered the cross from the Persians, who had carried it off in 614, 15 years earlier. According to the story, the emperor intended to carry the cross back into Jerusalem himself, but was unable to move forward until he took off his imperial garb and became a barefoot pilgrim.

TUDOR SINGERS CONCERT

The Newcastle Tudor Singers, directed by Anne Millard, present "Femme Musicale," a celebration of women composers on September 18 @ 2pm in Sacred Heart Cathedral.



This beautiful concert features the music of living women composers, including Missa Brevis by Penelope Thwaites, spectacular arrangements of hymns for piano and organ, and psalms by Anne Millard. A percentage of the proceeds goes to Ovarian Cancer Research

THE CHOSEN EXPERIENCE – SEASON ONE

We invite you to join us in soaking up to the sights, smells, and tastes of 1st Century Palestine.

We welcome you to join us to view the first-ever multi -season series about the life of Christ.

The Chosen is a series which brings to life an interpretation of what life might have been like for Jesus starting his ministry. The series has been creatively produced and includes the backstories for each of the disciples that were individually chosen by Jesus. We are first invited into each of their lives, into their struggles and baggage. But once introduced to Jesus and the invitation to spend time with him, we are invited to witness such a transformation of each of his first followers.

Each Thursday evening during October and November join us to share a meal, watch and discuss the episode. The Chosen Experience commences on October 6 at 6pm in the Murray Room, 841 Hunter Street, Newcastle West, we hope to see you there.

To register to go: <u>www.eventbrite.com.au/e/the-</u> <u>chosen-experience-tickets-413816475217</u>

13-DAY ENCOUNTER CHALLENGE TOUR – Palms Australia

In October, join a small, guided group to experience Timor-Leste including its bustling capital of Dili, the beautiful Atauro Island and regional communities such as Maliana, Atabae and Balibo. Palms Australia recruits, prepares, sends and supports qualified and experienced Australians sought by grassroots communities overseas as mentors to assist sustainable solutions to poverty.

Meet Palms personnel who are working with our overseas partners and engage directly with local Timorese people through project site visits. Stay overnight with a local Timorese family for an authentic, personal experience of cultural exchange. The trip will go from Sunday 16 to Friday 28 October. Register your interest at palms.org.au

CATHOLIC THEOLOGICAL COLLEGE -GRADUATE CERTIFICATE IN TEACHING MEDITATION ONLINE INFORMATION SESSION

The Graduate Certificate in Teaching Meditation is for those seeking to learn the methods and skills of teaching meditation and prayer in a variety of parish situations. The course focuses on the personal practice and benefits of meditative prayer, and facilitation and discernment approaches allowing students to apply their learning in their own context. An online information session will be hosted on Monday 12 September at 7pm. For more information contact <u>jenny.delahunt@ctc.edu.au</u> Register via the college's website: <u>ctc.edu.au/open-days</u>

EMBRACE THE CALL TO GLOBAL MISSION

American Samoa, Cambodia, Kiribati, Papua New Guinea, Philippines, Samoa, Solomon Islands, Tanzania, Thailand, Timor-Leste and Zambia are requesting Australian Catholics to live in and share their skills with parish communities. Embrace one of these <u>Mission opportunities abroad</u> and mentor those with little other opportunity. You will be well prepared and supported by Palms Australia who have engaged Australian Catholics in this mission since 1961.

Enquire online or Ph: 0422 742 567 to register for a Webinar on Saturday 24 September at 11:30am where you can talk directly with Veronica Lawson who is mentoring teachers in Pago Pago, American Samoa now. Or visit others already engaged in Mission with Palms on our 13-day Encounter Tour to Timor-Leste from 16 to 28 October.

RETREAT WITH FR HUGH THOMAS AND FR TONY ALEX

"You will receive power when the Holy Spirit comes upon you" will be presented by Fr Hugh Thomas CSsR and Fr Tony Alex MGL from Friday 21 October to Sunday 23 October at the St Clement's Retreat Centre.

Fr Hugh has been active in Charismatic Renewal since 1973 and has led many retreats and Life in the Spirit Seminars in several countries, including the USA. Fr Tony is a member of the Missionaries of God's Love (MLG). He is currently at the MGL Sydney Mission.

A powerful experience for people new to Charismatic Renewal, which Pope Francis calls "a current of grace" for the Church of today. A time for fresh anointing and renewal for old timers as well as younger people. The retreat will include prayer ministry to receive healing and the gifts of the Holy Spirit.

The retreat formally begins with the first session at 7.30 pm on Friday night (21 October). However there will be a Mass at 5pm and a meal at 6pm for those who can make it earlier (all included in the price). The retreat finishes after lunch on Sunday 23 October (about 1.30 pm).

If you need any more information, email Fr Hugh on: <u>frhughthomas40@gmail.com</u>Cost: Ensuite Room \$350, or Shared facilities \$300

Book through St Clement's Retreat Centre, Kalangan Rd, Galong NSW, Phone no: 026805222

ART AND SPIRITUALITY WORKSHOP

An art and spirituality workshop will be held on 15 September at St Joseph's Community Centre, Kilaben Bay from 9am to 3pm. This workshop will provide an opportunity to awaken the Spirit through the beauty of God's creation, prayer, and reflection.

Creation of art provides an opportunity for a deepening awareness of oneself and the world and can act as a catalyst for evoking the Spirit. Art is a means to see-to-re-search and find the living meaning of what it means to open the heart. Everyone has the ability to create art, but in order for it to be theological, the artist needs to explore ways that it makes sense of faith. Opening the heart through art involves making meaning through the creation, then reflecting on the art itself and the unfolding the moment-to-moment direct experience of the process.

Participants will engage in art making experiences which will nourish their faith. Cost: \$25

To register:<u>www.eventbrite.com.au/e/art-and-</u> spirituality-workshop-tickets-359269162737

For further information contact Rose McAllister on rose.mcallister@mn.catholic.org.au

MIGRANT AND REFUGEE KIT

The Migrant and Refugee Kit has been released ahead of the 108th World Day of Migrant and Refugees. To be commemorated in Australia on Sunday 25 September 2022, Pope Francis has chosen the theme, "Building the Future with Migrants and Refugees". Included in the Migrant and Refugee Kit are stories from local communities, reflections and prayers of the faithful to assist parishes, schools, families and other Church communities in celebrating this important event. To access the kit, visit <u>https://drive.google.com/drive/</u> folders/10N1tBLWyyU9E1WSv_4y81tYYeOVRfnqv

WAITING WITH PURPOSE

As we continue our synodal journey we invite you to a period of waiting this Advent through connecting with each other in prayer and reflection. Our Diocesan Advent Reflection will be available from October 2022.

MASS CELEBRATING DIVERSE LEARNING

Fr Greg Barker, the community of Catherine McAuley Catholic College, together with The Federation of P & F Associations and The Special Needs Working Party warmly welcome all to join with clergy, students, principals, teachers, school staff, families and parishioners for this special celebration. It's on Sunday 18 September from 2.30pm at Catherine McAuley Catholic College, 507 Medowie Road Medowie. An afternoon tea will be hosted after Mass, no RSVP is required. For more information please contact Catherine McAuley Catholic College on 4068 1000.

Memorial of Our Lady of Sorrows

September 15 the Memorial of Our Lady of Sorrows; falls on Tuesday this year in the Twenty-Fourth Week of Ordinary Time.

The title, Our Lady of Sorrows, given to our Blessed Mother focuses on her intense suffering and grief during the passion and death of our Lord. Traditionally, this suffering was not limited to the passion and death event; rather, it comprised the seven dolors or seven sorrows of Mary, which were foretold by the Priest Simeon.

These seven sorrows of our Blessed Mother included the flight of the Holy Family into Egypt; the loss and finding of the child Jesus in the Temple; Mary's meeting of Jesus on His way to Calvary; Mary's standing at the foot of the cross when our Lord was crucified; her holding of Jesus when He was taken down from the cross; and then our Lord's burial. In all, the prophesy of Simeon that a sword would pierce our Blessed Mother's heart was fulfilled in these events. For this reason, Mary is sometimes depicted with her heart exposed and with seven swords piercing it. More importantly, each new suffering was received with the courage, love, and trust that echoed her fiat, let it be done unto me according to Thy word, first uttered at the Annunciation.

Focusing on the compassion of our Blessed Mother, Pope Saint John Paul II, reminded the faithful, Mary Most Holy goes on being the loving consoler of those touched by the many physical and moral sorrows which afflict and torment humanity. She knows our sorrows and our pains, because she too suffered, from Bethlehem to Calvary.

Therefore, as we honour our Blessed Mother, our Lady of Sorrows, we honour her as the faithful disciple and exemplar of faith. Let us pray as we do in the opening prayer of the Mass for this feast day: Father, as your Son was raised on the cross, His Mother Mary stood by Him, sharing His sufferings. May your Church be united with Christ in His suffering and death and so come to share in His rising to new life. Looking to the example of Mary; may we too unite our sufferings to our Lord, facing them with courage, love, and trust.

TODAY'S LITURGY

Entrance Antiphon

Ode to the Light of Christ

Come, let us walk in the Light of the Lord. Let us not fear the past when our hearts were heavy. Let us Shine the Light of Christ. (Is. 2:5)

Come, let us bring light from the darkness. Let us make evil good and find sweet in the bitter. Let us Shine the Light of Christ. (Is. 5:20)

Come, let us weep together when the light grew dark with the clouds, from the darkness and distress. Let us Shine the Light of Christ. (Is. 5:30)

Come, let us walk with our brothers and sisters, those who have walked in darkness.

Let them see the great Light of God and let us Shine the Light of Christ. (Is. 9:2)

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INTRODUCTORY RITE

Penitential Rite

Have Mercy on us, O Lord. For we have sinned against you

Show us, O Lord your mercy. And grant us your salvation

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.**

Gloria

Glory, glory to God in the highest, and on earth peace to people of good will.

We praise You. We bless You. We adore you. We glorify You.

We give You thanks for Your great glory. Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son. Lord God, Lamb of God, Son of the Father: you take away the sins of the world, have mercy on us. You take away the sins of the world,

receive our prayer.

You are seated at the right hand of the Father, have mercy on us.

For you alone are the holy one. You alone are the Lord. You alone, are the most high Jesus Christ. With the Holy Spirit, in the glory of God the Father.

LITURGY OF THE WORD

First Reading: Ezekiel 37:1—14 *I shall put spirit in you and you will live*

We pause for silent reflection.

Responsorial Psalm Ps 41:2-3; 42:3-4. R. see Ps 41:3

(R.) My soul is thirsting for the living God.1. Like the deer that yearns for running streams, so my soul is yearning for you, my God. (R.)

2. My soul is thirsting for God, the God of my life; when can I enter and see the face of God? (R.)

3. O send forth your light and your truth;
let these be my guide. Let them bring me to your holy mountain to the place where you dwell. (R.)
4. And I will come to the altar of God, the God of my joy. My redeemer, I will thank you on the harp, O God, my God. (R.)

Second Reading: Romans 14:7-9

Whether alive or dead, we belong to the Lord.

We pause for silent reflection.

Gospel Acclamation (Please stand) Alleluia, alleluia! Shine in the world like bright stars You are offering it the word of life. Alleluia, alleluia!

Gospel: Luke 1:48-56 The Magnificat

We pause for silent reflection.

Homily

The Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Universal Prayer All: Hear our prayer

LITURGY OF THE EUCHARIST

Memorial Acclamation When we eat this bread and drink this blood we proclaim your death O Lord, until you come again.

CONCLUDING RITE

Commission to Shine the Light of Christ Let us walk in the Light of the Lord. Let us not fear the past when our hearts were heavy. **All: Let us Shine the Light of Christ. (Is. 2:5)**

Let us bring light from the darkness. Let us make evil good and find sweet in the bitter.

All: Let us Shine the Light of Christ. (Is. 5:20)

Let us weep together when the light grew dark with the clouds, from the darkness and distress.

All: Let us Shine the Light of Christ. (Is. 5:30)

Let us walk with our brothers and sisters, those who have walked in darkness. Let them see the great Light of God.

All: And let us Shine the Light of Christ. (Is. 9:2)

Acknowledgements

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Perpetual Day of Remembrance

In 2017, as part of Lina's Project, Bishop Bill established September 15th as a Perpetual Day of Remembrance throughout the diocese. Such a day holds before us our history of child sexual abuse and the reality of its continual unfolding in the lives of those directly and indirectly affected.

It is important for the Church to mark this day with prayer, ritual and worship. As a people of faith, commissioned by Jesus to live in remembrance of Him, we know the importance of remembering. It not only functions to ensure that such abuse never happens again. More than that, it is penetrated with the light of Christ's Paschal Mystery and so becomes the source of our ongoing conversation and hope.

Our response emerges from our understanding of who we are as a Church community. St. Paul articulated it this way: when 'one member suffers in the body of Christ which is the Church, all the members suffer with that member' (1 Cor 12:26). Many members of Christ's Body are suffering. They are our brothers and sisters. Our place as baptised members of the Body of Christ is to stand with them and against all forms of abuse. Our responsibility is to pray with and for them, and for the change of heart that is necessary to stop abuse of any kind.

We stand together, with survivors, against abuse and for the change that will lead to fullness of life. Together we hope to **Shine the light of Christ**: a light of solidarity, a light of prayer, a light of commitment to change, a light of hope.

STATIONS OF THE CROSS WE LAMENT AND WE HOPE

This year, for the first time, a version of the 'Stations of the Cross' has been prepared specifically for the Perpetual Day of Remembrance. It is available on the diocesan website if you would like to pray them individually. We will pray them together at Sacred Heart Cathedral on 15th September @ 6pm. The stations will be live streamed via the Diocesan website: www.mn.catholic.org.au/places/livestream/

ROSARY FOR UKRAINE

Pray the Rosary from 9.50am on Fridays (before Friday Mass) at St Joseph's Church, The Junction. It is so wonderful that parishioners have supported this call to pray for world peace and all people are most welcome to attend!

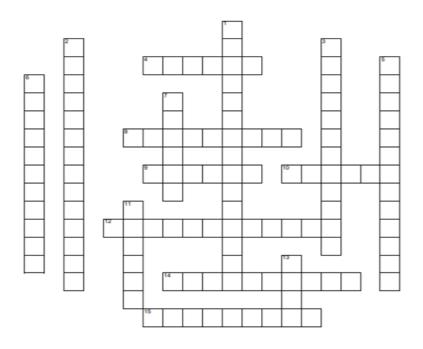


The Magnificat by Mary

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Blessed	Forever	Great	Helped
Humble	Israel	Lord	Mary
Mighty	Promise	Proud	Servant

Parts of the Mass



Across

- 4. a time of the churches calendar when the Gloria is not sung
- 8. the priest offers us the body and blood of Christ
- 9. celebratory song giving praise to God
- 10. talking and listening to God
- 12. the moment the bread and wine are turned into the body and blood 6. given to us by Jesus "Our Father who art in heaven.." of Christ
- 14. the place where the blessed sacraments are kept on the alter
- 15. another name for the blessed sacrament

Down

- 1. examine our conscience for our sins
- 2. 3 persons in one God
- 3. the part of the mass that is read from the old testament
- 5. the part of the mass that is read from the new testament
- 7. the priest talks to us about the readings and the gospel
- 11. read by the priest and is usually from the book of Matthew, Mark ,Luke or John
- 13. celebration of the Eucharist