



Sacred Heart of Jesus Cathedral

DIOCESE OF MAITLAND-NEWCASTLE

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

SUNDAY 1 MAY 2022

THIRD SUNDAY OF EASTER, YEAR C

Our Clergy

Fr John Lovell
Fr Peter Thoai
Fr John Vo

Regional Office—St Benedict's Centre

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Our Staff

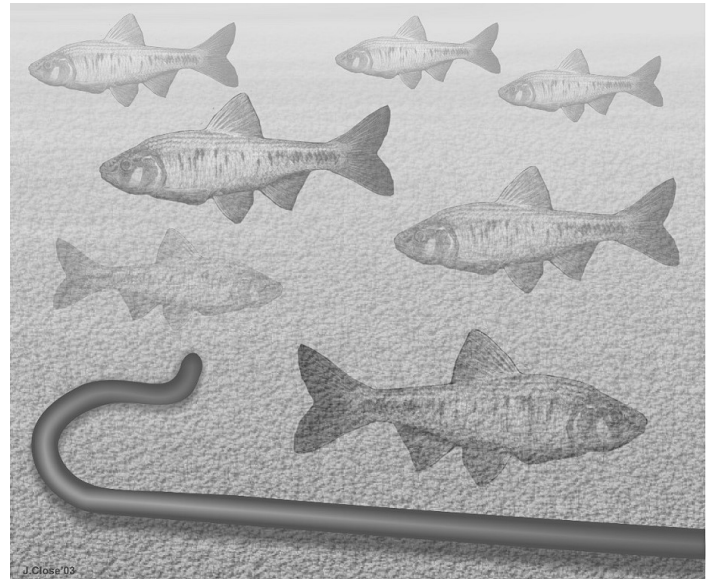
Margaret Cox (*Reception & Administration*)
Maryanne Hewitt (*Reception & Administration*)
Anne Warren (*Business Manager Finance*)
Jade Simonsen (*Business Manager Property*)
Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

Other Contacts

Lingard Hospital Team: Contact the Parish Office

Mercy Pastoral Team: Sr Patricia Whitten rsm
(02) 4979 1116

St Joseph's Pastoral Team: Contact the Parish Office



There is a curious combination of fishing and shepherding imagery in this evocative story from John's gospel. Peter is a fisherman, but he is appointed as shepherd to Jesus' flock. Fishing is essentially a gathering role, while nurturing, guiding and protecting are associated with shepherding.

Art and reflection by Jenny Close

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.

Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples.

We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

Third Sunday of Easter, Year C

Monday—2nd May

Memorial of St Athanasius

8:15am Mass @ The Cathedral

Tuesday—3rd May

Feast of Sts Philip and James, Apostles

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Wednesday—4th May

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

9:15am Mass @ Tighes Hill

Thursday—5th May

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Friday—6th May

9:00 am Mass @ Mayfield West

10:15am Mass @ The Junction

11:00am Exposition, Adoration & Reconciliation @
The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—7th May

9:15am Mass @ The Cathedral, followed by the
Novena to Our Lady of Perpetual Help
(followed by Reconciliation)

5:00pm Mass @ Mayfield West

5:30pm Mass @ The Cathedral

5:30pm Mass @ The Junction

Sunday—8th May

Fourth Sunday of Easter, Year C

7.30am Mass @ St Mary's

8:00am Mass @ Tighes Hill

9:00am Mass @ The Junction

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral * **

11:00am Mass @ The Junction (Italian)

11:30am Mass @ The Cathedral (Polish)

5:00pm Mass @ The Cathedral **

5.30pm Mass @ Mayfield West (Vietnamese)

* Livestreamed on the Cathedral's YouTube channel—
www.youtube.com/c/SacredHeartCathedralHamilton

NEXT WEEK'S READINGS:

First Reading

Acts 13:14, 43-52

Second Reading

Rv 7:9, 14-17

Gospel

Jn 10:27-30

CHILDREN'S MISSION PARTNERS:

\$574 for Feb/March.

VIEW, CHEW, AND CHAT

The schedule for April and May is:

April 27: No Meeting

May 4: Bible Study

May 11: Lectio

May 18: Lectio

May 25: Lectio

All meetings are online via Zoom. All welcome to participate regularly or occasionally.

BOOK CLUB

Sunday, 1st May @ 6:15pm to discuss *The Happiest Man on Earth* by Eddie Jaku. If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

I ❤️
Book Club

DIVINE MERCY SUNDAY

3pm Devotions in Mayfield West church this Sunday (1st May), for Divine Mercy Sunday

PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home.

God speaks to us through the words of the Gospel and then through artist's images of the Gospel message.

Join us each Wednesday 5.00-5.45pm.

Zoom link:

<https://mncatholic.zoom.us/j/61036103033>

Password: pray

For more information contact:

rose.mcallister@mn.catholic.org.au

PRAYER REQUESTS

RECENTLY DECEASED: Giovanna Gerardi, Nora Moore, Norma Rendina, Domenico DiClaudio



ANNIVERSARIES: Maria Chocholowski

SICK: Maree Halbert, Carlo Rossi, Kath Murray, Veronica McCann, Wayne Bishop, Peter Skinner, Peter Keddie, Tiani Bishop, Jason Yu, Joel Samy, Tom Parker, Max Williamson, Sam and Margaret Broad

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

FROM THE MODERATOR

Dear all,

From last weekend our Diocesan Administrator, Fr Greg Barker, has allowed Communion on the tongue to resume for those who wish to receive the Eucharist in this way. Since this practise is still deemed to be high-risk in terms of COVID, it is requested that anyone wishing to receive Communion on the tongue please come forward at the end of the Communion queue. Thank you for your cooperation.



kindest regards,
Fr John Lovell

HOUSING NEEDS FOR HUMANITARIAN ENTRANTS/ REFUGEES IN NEWCASTLE AND SURROUNDS

Settlement Services International (SSI) assist newly arrived refugees to resettle in Newcastle through the Humanitarian Settlement Program (HSP).

The tragic events taking place in Afghanistan has led to an influx of Afghan families into our region. Unfortunately, the current housing crisis in Newcastle means many families pass extended periods in short term housing, which greatly impacts well-being and the feeling of being 'at home'.

SSI are looking for landlords willing to commence tenancies with our clients. Families will pay market rent and be fully supported by their SSI Case Managers. We are looking for 2-4 bedroom properties in Newcastle. Any assistance is greatly appreciated.

Contact Helen Larkin for more information.
hlarkin@ssi.org.au

FEDERAL ELECTION

Read the Australian Catholic Bishops' 2022 election statement, Towards a Better Kind of Politics, to help you reflect on the good you can do for the community by using your vote for the common good of all. The statement includes a Prayer for the Election and the principles of Catholic Social Teaching. Download a copy from www.catholic.org.au



MEDITATION GROUPS AT LIVING WATERS CENTRE

34 Kenrick Street, The Junction, on Wednesday at 7.30am and Friday at 11.00am. All are welcome, including new meditators, but you will need to be at least double-vaccinated and you must wear a mask. Hand sanitizing is still required. Wednesday is usually a small group and would suit those who do not wish to go into crowds.

The Monday evening group is not resuming, but a meditation group is available on Tuesdays at 6.00pm at St Philip's Church, Vista Parade, Kotara.

ART EXHIBITION: SOCIAL JUSTICE STATEMENT CRY OF THE EARTH, CRY OF THE POOR

In the 2021-2022 Social Justice Statement Cry of the Earth, Cry of the Poor, Pope Francis reminds us that encounter, dialogue, and listening with an open heart enable God's transforming love to move more powerfully in the world.

Artists are invited to create a work based on the themes found in the Social Justice Statement. Works can be 2 or 3 dimensional no larger than 1 x 1 metres. Name, title of work, school, parish and phone number clearly labelled on the back. This information, plus a 150 word (maximum) artist statement, must accompany the work and be emailed before 29 April through to rose.mcallister@mn.catholic.org.au

Delivered to Catholic Schools Office reception, 841 Hunter St, Newcastle West 2302

Exhibition date: Saturday May 14

Location: TBA || Time: 2pm– 5pm

Categories Stage 3, Stage 4, Stage 5, Stage 6, Adult.
\$150 prize for the winning entry in each Category

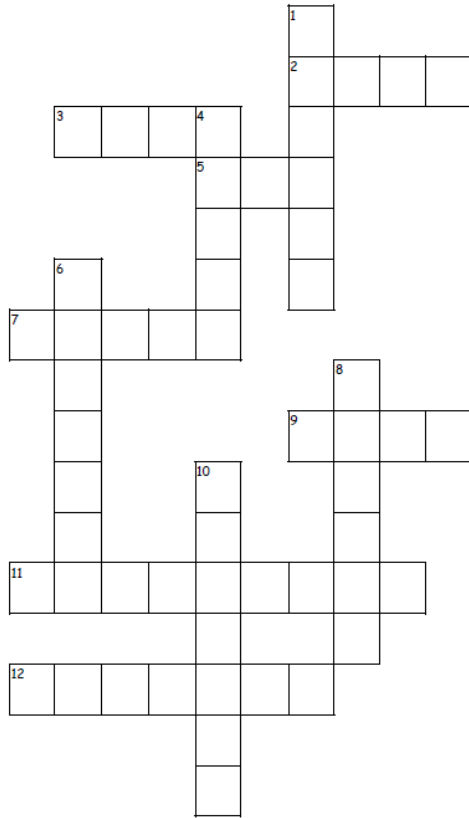
THE MONTH OF MAY

Within the cycle of a year, the Church unfolds the whole of the mystery of Christ, from his incarnation and birth until his ascension, the day of Pentecost, and the expectation of blessed hope and of the Lord's return. In celebrating this annual cycle of Christ's mysteries, the Church honours with special love Mary, the Mother of God, who is joined by an inseparable bond to the saving work of her Son. In her the Church holds up and admires the most excellent effect of the redemption and joyfully contemplates, as in a flawless image, that which the Church itself desires and hopes fully to be.

CROSSWORD

The Holy Spirit is a gift to those who obey God

Acts 5:27b-32, 40b-41
Ps 30:1ab and 2 and 4, 10-11ab and 12bcd R.v.2a
Jn 21:1-14



Across

- 2: to do what you are ordered to do
- 3: a vessel for transport on water
- 5: consume food
- 7: absence of life
- 9: not able to hold more
- 11: the city where Jesus made a triumphant entrance on Palm Sunday
- 12: hammering a nail

Down

- 1: to have worth
- 4: educate
- 6: the father of James and John the Apostles
- 8: to have leapt in the air
- 10: catching fish

JUNIOR WORDSEARCH

The Holy Spirit is a gift to those who obey God

Acts 5:27b-32, 40b-41
Ps 30:1ab and 2 and 4, 10-11ab and 12bcd R.v.2a
Jn 21:1-14

I G Q O Q O F I S H I N G Y J
T Z E B E D E E E A T W X S H
G K L T N K Z J Z M T F Y X D
J J J C M E A O L R G D J N J
V K P E B A N A I L I N G C U
O U V P F D U N W O R T H Y M
A T V G E V Y F K W C K I D P
J J U F S J P G T N B J K E E
B V I N X P D R F L U U Z A D
V B H Q J E R U S A L E M T O
J A G B F U L L H Z L G P H B
P Z J O T E A C H X D D F O E
V D J A D G M X K E V Q U L Y
S Q A T P K T I F P U X C N E

Try to find these words:

- boat
- death
- eat
- fishing
- full
- Jerusalem
- jumped
- nailing
- obey
- teach
- worthy
- Zebedee

REFLECTION

BY RICHARD LEONARD

The Shawshank Redemption was the hit film of 1994. In it we follow the incarceration and escape plans of Tim Robbins and Morgan Freeman. Robbins is condemned to life imprisonment for the murder of his wife and her lover. Freeman says he is the 'only guilty man in Shawshank Prison'. Based on Stephen King's novella, this uplifting film is a surprise package from a writer whose fame comes from the horror genre.

The longer we watch the film, the more we realise that Stephen King has modelled his story on the Gospel of John. It is, in many respects a more modern parable about John's portrait of Jesus. Tim Robbins' character, Andy, like Jesus, is an innocent man, treated harshly by the authorities of his day. He has to endure the condemnation and cruelty of the leading religious zealots who are keepers of law and order, while he inspires others to think of a world free of subjection and oppression where they can be free to live the life of which they dream. Like John's Jesus, Andy has big dreams and often talks in riddles, but he leaves clues for others to follow him in their quest for freedom.

In the last part of the film, after Andy has successfully escaped and the governor of the prison has been exposed for the hypocrite he is, Freeman is paroled after serving 35 years hard labour. He decides to go where Andy has gone and, just as Andy promised when they were together in prison, he finds that Andy has prepared the way for him to follow. The moving climax of the film comes as Robbins and Freeman meet on a beach, embrace each other and share food and drink to celebrate the new life both of them have discovered.

Stephen King understands John's portrait of Jesus very well. For all of Jesus' assuredness and composure throughout the Gospel, the sense of care and intimacy in the encounters with his friends is deeply moving.

In the Easter Gospel to which we have just listened, Jesus returns to where his friends have fled from Jerusalem. In a parable about the growing numbers of the early Church, the Eucharist and the suffering they are enduring, John reaffirms that Jesus is intimately present in their following of him and their suffering for the Kingdom. The only sense John can make of Jesus' death, the martyrdom of the apostles or the persecution of the early church is to see them all as acts of love. 'No one has greater love than this, to lay down one's life for one's friends.'

Those of us who have been caught up in the net of God's love are heirs to the same promises of Jesus'

fidelity. Christ is intimately present to us in every act of loving sacrifice we undertake for him. He continues to send us out to tell people of the place that has been prepared for them at the banquet of life and he gives us strength to gird our loins for the times when life takes us to places we would rather not go.

In this Eucharist let's be grateful for this Easter season when we celebrate again that we have been set free from the prison of our fears and shown the way to live a life of sacrificial love and undeserved redemption.

© Richard Leonard SJ

NATIONAL 16-22 MAY 2022
VOLUNTEER
Better Together **WEEK**

Right across our Maitland-Newcastle Diocese volunteering brings people together; it builds communities and creates a better society for everyone.

To say thanks to our incredible people, we are hosting two free events:

WEDNESDAY 18 MAY
4PM VOLUNTEER DINNER
AT CLUB TAREE

THURSDAY 19 MAY
4PM AT EVENT CINEMAS KOTARA

RSVP to volunteers@mn.catholic.org.au by 9 May 2022

Catholic Diocese
mn.catholic.org.au

HISTORICAL CONTEXT

Feed my sheep

When Jesus asks Peter, "Do you love me?" and Peter repeatedly assures Jesus that he does, Jesus instructs Peter to "Feed my sheep." This image of feeding sheep is used to describe the caring leadership Peter is to take over the other disciples and the other followers of Jesus. The image of a shepherd has carried through the years and finds expression in the stylised shepherd's crook (crosier) that is carried as a symbol of office by bishops. The people of the church are often referred to as the bishop's flock – further carrying on the image of a shepherd and his sheep.

LOUD SKY COMMUNITY ART WORKSHOPS 22ND APRIL – 9TH JUNE, 2022



During 2022 a series of art workshops will be offered to link the experience and stories of survivors of institutional child sexual abuse, their families, and friends, with the creative possibility of the arts in the lead up to the Loud Sky Exhibition at the Lock Up in 2023.

WORKSHOPS:

Mixed Media Expression

An opportunity to explore different materials and a playful sense of expression. Grab some paper and art material and began with a few moments of silence, take a few deep breaths and relax into your breath. An invitation for participants to be present and focus on this time as selfcare.

This workshop will be presented by Dr Helena Bezzina, an artist and art-educator, who has also worked in galleries and museums in the area of health and wellbeing.

TIME: 3 – 4.30PM

DATES: Every Thursday beginning 5th May to 9th June 2022 (6 workshops in total)

WHERE: Museum of Art and Culture Lake Macquarie (MAC) 1A First St Booragul

Beyond Borders – Working with Textiles

Forget the perfect stitches of the school room, this workshop is about moving outside those boundaries to push the limits of what can be achieved with thread, fabric, paper, paints and found materials. It is as much about the process as the product. Exploring beyond borders and playing with a variety of materials.

This workshop will be presented by Ann-Maree Kelly, a visual artist who works with watercolours and textiles.

TIME: 10 – 11.30AM

DATES: Every Friday beginning 22nd April to 27th May 2022 (6 workshops in total)

WHERE: The Creator Incubator, 15A/50 Clyde St, Hamilton North 2292

Gratitude through Narrative Photography

This workshop invites participants to explore everyday gratitude through the medium of photography. It will also be an opportunity to learn new skills with photography. Participants will be offered instruction on the technical aspects of photography working with any form of camera they have (i.e.: smart phone, digital camera, DSLR, film camera) as well as post production edits such as cropping, colour, black and whites, and minor retouching. We will work towards choosing a selection of images that best reflect participants ideas on everyday gratitude which will be printed for presentation..

This workshop will be presented by photographer and art therapist, Danielle Minett.

TIME: 10 – 11.30AM

DATES: Every Monday from 2nd May to 6th June 2022 (6 workshops in total)

WHERE: The Lock-Up, 90 Hunter Newcastle 2300

Prayers for Ukraine

Every Friday in May in St Josephs Church, The Junction The Rosary and prayers will be said for all Ukrainians associated with the horrendous war. We will begin at 9.40am (before Friday Mass at 10.15am). Anyone wishing to attend would be most welcome.



Have you thought? 153 fish

When the disciples drag ashore their miraculous haul of fish, the gospel writer tells us that there were 153 fish! This seems an odd number and an odd fact to specifically mention. Mathematically, 153 is a number with several interesting attributes, and historically, it has been suggested that the ancients believed that there were 153 species of fish or 153 nations in the world. Like nearly every number used in the Bible, its meaning is symbolic, not literal. It is intended to convey that the catch of fish was huge and is indicative of the vast numbers of people who will be caught up in the disciples new ministry.

MARRIAGE AND RELATIONSHIP EDUCATION

Pastoral Ministries offers a range of innovative, evidence based, award-winning marriage and relationship education programs that have been designed to enhance your relationship with your partner.

Before We Say I Do: This program provides opportunities to explore your relationship, build on your strengths and gain essential knowledge and skills that you will use for years to come. Topics covered include: Expectations of Marriage; Influences of Family of Origin; Communication Styles; Regulating Conflict; Commitment and Dedication; Values and Intimacy.

FOCCUS: (Facilitating Open Couple Communication Understanding & Study) Prepare/Enrich involves an in-depth, user-friendly questionnaire designed to help you and your partner learn more about yourselves and your unique relationship. Topics covered in the three-part program include: Lifestyle Expectations; Friends and Interests; Personality Match; Communication; Problem Solving; Spirituality and Values; Parenting Issues; Financial Issues; Family of Origin and Commitment and Dedication.

Enhance: At times, we all need a bit of extra help to keep our relationship vibrant and on-track. Enhance is designed for couples to work with an educator in private session(s), where you will be provided with support to address specific issues or challenges in your relationship, based on evidenced informed research. However big or small the perceived issue, we can help. Couples often come to us to discuss re-igniting the spark, communication breakdown, destructive patterns, strengthening the friendship and building the emotional connectedness of the relationship.

Sessions are currently operating on Zoom. Booking is essential 3- 6 months prior to the wedding to secure placement in the Before We Say I Do program. For more information contact.

Robyn Donnelly- Marriage & Relationship Education- Pastoral Ministries

P: 02 4979 1370 M: 0412 637 090

Email: robyn.donnelly@mn.catholic.org.au

CARITAS AUTUMN NEWSLETTER

The Caritas Autumn newsletter is now available online at <https://www.caritas.org.au/news/our-magazine/>. Check out their latest news and stories from overseas and in Australia.

DIOCESAN APP

The Diocese of Maitland-Newcastle's new app is available now! Mass times, news and events, and parish giving will be just a tap away.

As part of the new app, you are also able to select your Church and receive customised alerts. To view your latest Parish updates, simply scroll down the home page and click on the notices that interest you for more details.

You can download the app for free from the [Apple App Store](#) and [Google Play Store](#). Just search for 'Diocese of Maitland-Newcastle' and click install on your mobile or tablet!

To learn more about the app, visit www.mn.catholic.org.au/mass-times-app

CATHOLIC CHARISMATIC RENEWAL (CCR) PRESENCE AND POWER CONFERENCE 2022

The Presence and Power conference is being held 21st -22nd May. Since the January retreat cancellation, there is a change of location and it is day registration only; this is a wonderful opportunity to come together again, to be refreshed and renewed.

There are two ways to register for the conference.

Online link is: <https://form.jotform.com/220861063612852>

For more information, contact email@ccrnsw.org.au

CATHOLIC THEOLOGICAL COLLEGE

Series of short sessions: online via Zoom

Engaging Your Faith

Choose one, choose all, choose what interests you and all for just \$25 per session, running 3 to 28 May 2022

Booking, payment and further information:

ctc.edu.au/engaging-your-faith/



CATHOLIC
THEOLOGICAL
COLLEGE



TODAY'S LITURGY

Entrance Antiphon: Cf. Ps 65:1-2

Cry out with joy to God, all the earth;
O sing to the glory of his name.
O render him glorious praise, alleluia.

First Reading: Acts 5:27-32. 40-41

We are witnesses of these words, and so is the Holy Spirit.

Responsorial Psalm: Ps 29:2. 4-6. 11-13. R. v.2

(R.) I will praise you, Lord, for you have rescued me.

1. I will praise you, Lord, you have rescued me
and have not let my enemies rejoice over me.
O Lord, you have raised my soul from the dead,
restored me to life from those who sink into the
grave. (R.)
2. Sing psalms to the Lord, you who love him,
give thanks to his holy name.
His anger lasts but a moment; his favour through
life.
At night there are tears, but joy comes with dawn.
(R.)
3. The Lord listened and had pity.
The Lord came to my help.
For me you have changed my mourning into dancing;
O Lord my God, I will thank you for ever. (R.)

Second Reading: Rv 5:11-14

The Lamb that was sacrificed is worthy to be given power, wealth, glory, and blessing.

Gospel Acclamation

Alleluia, alleluia!
Christ is risen, the Lord of all creation;
he has shown pity on all people.
Alleluia!

Gospel: Jn 21:1-19

Jesus stepped forward, took the bread and gave it to them, and did the same with the fish.

Communion Antiphon: Lk 24:35

The disciples recognized the Lord Jesus
in the breaking of the bread, alleluia.

THE CHOSEN DISCUSSION GROUPS

Season One

You are invited to The Chosen Season One Discussion group. During the session we will recap the highlights of the episode and be guided on a journey both personal and communal. We will explore as a group the human nature of Jesus as he calls his chosen to be missionary disciples.

Date: Tuesday 26 April – 14 June

Time: 6.30pm-8pm

Register: <https://www.eventbrite.com.au/e/the-chosen-season-1-discussion-group-2022-tickets-301240427227>

Season Two

You are invited to The Chosen Season Two Discussion group. During the session we will recap the highlights of the episode and be guided on a journey both personal and communal. We will explore as a group the human nature of Jesus as he builds his community and the threats that exist to tear it down.

Date: Thursday 28 April – 16 June

Time: 6.30pm-8pm

Register: <https://www.eventbrite.com.au/e/the-chosen-season-2-discussion-group-2022-tickets-301246655857>

MYSTAGOGY MONDAY

Mystagogical reflection invites us into a personal encounter with Christ in the gospel we have heard, the liturgy we have celebrated, or an experience of life or ministry. It invites us to pay attention to what Christ reveals to us, both in that encounter and the living tradition of our faith and to connect it to life now. It invites us to dialogue and transformation.

Join us each Monday morning as we reveal the mystery of God found in the Sunday Gospel.

Commencing 9 May at 10am

DO YOU LOVE ME?

Three times Jesus asks Peter, 'Do you love me?' and three times Peter answers, 'You know I do'. Some writers suggest that the three-fold question by Jesus and the three-fold reply by Peter is intended to balance out the triple denial of Jesus by Peter at the time of the arrest and trial of Jesus. Where once Peter denied even knowing Jesus, he now declares his love for Jesus in no uncertain terms. It is a reminder to all of us that there is no act that we can perform that cannot be forgiven by God and from which we cannot come back.