



Sacred Heart of Jesus Cathedral

DIOCESE OF MAITLAND-NEWCASTLE

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

SUNDAY 17TH OCTOBER 2021

29TH SUNDAY IN ORDINARY TIME, YEAR B

Our Clergy

Fr Andrew Doohan
Fr Peter Thoai
Fr Matthew Muller
Fr John Vo
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

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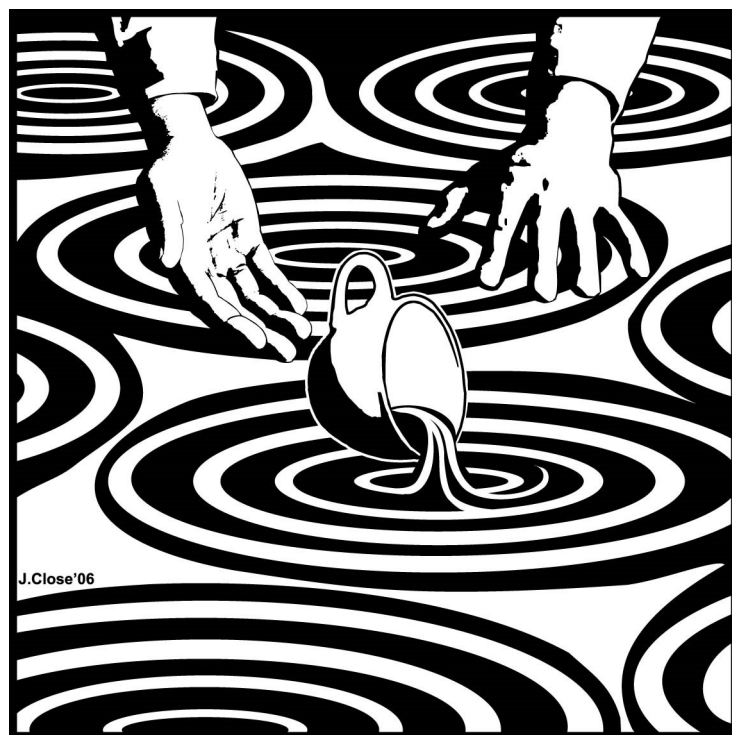
Our Staff

Margaret Cox (Reception & Administration)
Maryanne Hewitt (Reception & Administration)
Anne Warren (*Business Manager Finance*)
Jade Simonsen (*Business Manager Property*)
Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

Other Contacts

Lingard Hospital Team: Contact the Parish Office
Mercy Pastoral Team: Sr Patricia Whitten rsm (02) 4979 1116
St Joseph's Pastoral Team: Contact the Parish Office

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.



Can you drink the cup
that I drink
or be baptized
with the baptism
with which I am baptized?

Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples.

We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

29th Week of Ordinary Time, Year B

ALL CHURCHES REMAIN CLOSED THIS WEEK. We expect to reopen after 25th Oct

Monday—18th October

Feast of St Luke, evangelist

8:15am Mass @ The Cathedral—Cancelled

Tuesday—19th October

8:15am Mass @ The Cathedral—Cancelled

8:30am Mass @ Stockton —Cancelled

Wednesday—20th October

8:15am Mass @ The Cathedral—Cancelled

9:00am Mass @ Mayfield West —Cancelled

9:15am Tighes Hill—Cancelled

Thursday—11st October

8:15am Mass @ The Cathedral—Cancelled

8:30am Mass @ Stockton —Cancelled

Friday—22nd October

9:00am Mass @ Mayfield —Cancelled

10:15am Mass @ The Junction—Cancelled

11am Exposition @ The Cathedral (until 12pm)
—Cancelled

11am Reconciliation @ The Cathedral (until
12pm)—Cancelled

12:05pm Mass @ The Cathedral—Cancelled

Saturday—23rd October

9.15am Mass @ The Cathedral followed by
Novena to Our Lady of Perpetual Help
(followed by Reconciliation)—Cancelled

5:00pm Vigil Mass @ Mayfield West—Cancelled

5:30pm Mass @ The Cathedral—Cancelled

Sunday—24th October

30th Sunday in Ordinary Time

7:30am Mass @ St Mary's—Cancelled

8am Mass @ Tighes Hill—Cancelled

9am Mass @ The Junction—Cancelled

9:00am Mass @ Stockton—Cancelled

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

11:00am Italian Mass @ The Junction—Cancelled

11:30am Polish Mass @ The Cathedral—Cancelled

5pm Mass @ The Cathedral—Cancelled

5:30pm Vietnamese Mass @ Mayfield West-
Cancelled

OUR ROADMAP TO RE-OPENING CHURCHES

From Fr Andrew's statement about the plan to open the churches on our Parish:

PHASE ONE: The first stage of reopening commences tomorrow, as 70% of eligible people are fully vaccinated. We would be entitled to reopen our churches at this point but only to those who are fully vaccinated. To reopen, we would need to exclude people: those who haven't completed the vaccination process, those who may be medically compromised, or those who have chosen for whatever reason not to be vaccinated as yet. For that reason, it has been decided not to reopen at 70%, but to await the next milestone before we reopen our churches to the public and for the celebration of public Masses and other liturgies.

PHASE TWO: When 80% are fully vaccinated (estimated date of 25 October) The state expects to reach 80% fully vaccinated around 25 October. We will reopen our churches and public liturgies to "mixed congregations" (i.e. to the fully vaccinated, the partially vaccinated, and the as yet unvaccinated) at this point. It is widely expected that many of the restrictions we are currently familiar with will continue. It is believed that the 4sqm rule will be applicable, and the wearing of masks indoors will be required. There will be a need to observe physical distancing, practice hand sanitising, and provide good ventilation in our churches. It is also expected that congregational singing will not be possible, though a small choir of ten are allowed to sing. We will not be required to check the vaccination status of people attending our churches. Those who are especially vulnerable, or who are vaccinated but anxious about mixing with the unvaccinated, or who are unvaccinated and do not want to risk contact with others, will be free to remain at home; live-streaming of Masses from Sacred Heart Cathedral and other parishes will continue. We will take all reasonable steps to protect those who choose to gather in our churches.

PHASE THREE: When 90% are fully vaccinated (estimated date of 1 December) – "The New Normal" The NSW Government has advised that from 1 December, there will be no difference between COVID safety requirements for all NSW citizens, whether fully vaccinated, partially vaccinated or unvaccinated.

It is expected that at this milestone, the 2sqm rule will apply to all indoor religious gatherings, and there will

be no limit on the numbers at outdoor events (though COVID Safe plans will be required for outdoor events with more than 1,000 people attending). It is expected that masks will no longer be mandatory inside a church, though some people may wear masks for added protection if they choose. The Importance of Getting Vaccinated The Catholic Bishops of Australia, amongst many others, have highlighted the importance of being vaccinated against COVID. Their information can be readily accessible by visiting the Catholic Bishops' website (www.catholic.org.au/coronavirus).

Good information must be available to those who have concerns about or are anxious about receiving a vaccination. The Bishops' statement is an excellent place to start for those undecided about receiving a vaccination. When considering receiving a vaccination or not, people of good faith should ensure that they consider the good of the broader community when making their decision. It is not simply a question of the individual but of the whole community. As Pope Francis has said, it is an act of love to receive a vaccination in the face of a pandemic. The Diocese of Maitland-Newcastle wishes to encourage all members of the diocesan community to be vaccinated and will endeavour to provide them with good information to inform their choice. We will offer them particular care since they, and certain vulnerable others, will be most at risk. We will also provide specific care to those who, though fully vaccinated, are anxious about gathering with a "mixed congregation". Further details and clarifications of arrangements, restrictions and any necessary measures will be developed in due course and communicated as quickly as possible. We look forward to being once again able to gather for Mass and other liturgies. Yet, we remain committed to ensuring that our actions are responsible and attentive to the need to contribute to the efforts to protect everyone who lives in the community, especially those who are the most vulnerable in the face of COVID.

The Chuckle

I am not a believer in seances, but I went to one just to see what they are like. The psychic was doing his thing and grinning from ear to ear. I assumed his merriment was due to the fact that he was fooling a gullible public and gave him a poke in the nose. You can probably guess the rest. I was arrested for striking a happy medium.

VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. On two Wednesdays, we employ the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday. Beginning in November, we will participate in the Diocesan's Advent program..

The program for October is as follows:

20th October: Lectio

27th October: No meeting

To participate, please email the parish office.

NOVEMBER REMEMBRANCE MASS

In November, we take time to pray in a special way for those who have died. During COVID, it is necessary to make adjustments to the procedures we've previously employed. This year, we will celebrate Mass in Sacred Heart Cathedral at 7pm on All Souls' Day (November 2) to remember those whose funerals were celebrated in Sacred Heart Cathedral this year. After Mass, we will move to the Columbarium to remember and pray for all those whose mortal remains rest in the Columbarium area.

aMeN caMiNo

aMeN caMiNo Expressions of Interest are now open for 2022.

Dates for 2022 are May 28 - June 1, June 18-22, July 2-6, July 9-13 & August 6-10.

For more information and to register your interest, go to <https://www.mn.catholic.org.au/church-mission/catholic-life/adult-faith-formation/amen-camino/> or contact formed@mn.catholic.org.au

ACU CENTRE FOR LITURGY | RITUAL BODIES AS 'REASONABLE WORSHIP': PUTTING LITURGY IN PROPER ETHICAL PERSPECTIVE

Bruce T Morrill SJ will present on Ritual Bodies as 'Reasonable Worship': Putting liturgy in proper ethical perspective. In our current Synod process we hear a longing for more formation opportunities so this lecture is an opportunity not to be missed. It will explore the challenges of theological rhetoric for 21st century Catholics, and how those challenges can illuminate the connection between liturgy and ethical living: 18 October 2021 10:00AM-11:30AM Register: www.acu.edu.au/publiclecturecf

'EARTHY WOMEN' WEBINAR 2021 ENGAGING WITH LAUDATO SI'

In a special event hosted by the Diocesan Council for Women, you are invited to join other women of our Diocese in sharing our approach and action in caring for our land.

The webinar will explore:

How do you as a women respond to God's call to care for the Earth?

What actions will you take to protect our planet?

Are our schools places of living examples of what can be done to show that care of the Earth matters?

Guest speakers include Sue Martin from Catholic Earthcare and Maryanne Murray from St Mary's High School Gateshead.

Time: 6:00PM-8:00PM

Date: 26 October 2021

Location: Online (Zoom)

Register: www.eventbrite.com.au/e/earthy-women-webinar-2021-tickets-179659485357

PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home.

God speaks to us through the words of the Gospel and then through artist's images of the Gospel message.

Join us each Wednesday 5.00-5.45pm.

Zoom link:

<https://mncatholic.zoom.us/j/96144217758>

Password: pray

For more information contact:

rose.mcallister@mn.catholic.org.au

BOOK CLUB

Sunday, 7th November @ 6pm to discuss *Deacon King Kong* by James McBride. If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

Prayer Requests



RECENTLY DECEASED: Kathleen Bashford, Justin Williams

ANNIVERSARIES: Kevin Bede Fitzgerald, Canice Watt.

SICK: Jon Hartley, Kath Murray, Grahame Chegwidan, Veronica McCann, Wayne Bishop, Paul O'Callaghan, Rozsa Silivinec, Peter Skinner, Carmel Blair, Peter Keddie

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.

Reflection

When we set out to follow Jesus, faithful to the promises that we made at baptism to renounce sin and live lives directed by the Spirit, we normally do so with generosity of heart. However, after we have borne the burdens of this decision and realise some of the implications of our commitment, we begin to wonder if it was worth it. We believe that God will generously bless us. Still, would it be so wrong to hope for a little more, especially if we have made significant sacrifices along the way?

Of those to whom much has been given, much will be required in return. The closer we are to Jesus, the more we will be expected to mirror him. The great ones in the reign of God, the ones who exercise authority over others, must be the servants of the rest. Parents, teachers, civil authorities, managers of every kind, pastoral leaders must all be servants, as Jesus was a servant. We will also have to drink from his cup of suffering and be baptised into his death. As we draw close to the one who gave his life as an offering for sin, we will find that the same self-sacrifice is being asked of us. When we struggle with the misfortunes that we face because of our commitment to Jesus, we will have him as an inspiration and a model to follow. He can sympathise with our weaknesses, identify with our suffering. We can draw strength from his example and hope from his kindness.

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Scriptural Context Mark's Gospel

Despite appearing second, Mark's gospel is now recognized as being the first written of those that appear in the Bible. The shortest of the four gospels, it begins with Jesus' entry into public life and, in its original form, ends with the discovery of the empty tomb. It is sometimes called a gospel 'in a hurry' as the movement between events is almost abrupt. The gospel writer identifies almost immediately that Jesus is God's 'beloved Son' and then spends the rest of the gospel describing the gradual revelation of this fact and the disciples' growing awareness.

"AMORIS LAETITIA FAMILY YEAR" 19 MARCH 2021- 26 JUNE 2022

The "Amoris Laetitia (The Joy of Love) Family Year" is an initiative of Pope Francis, which aims to reach every family around the world through several spiritual, pastoral and cultural proposals that can be implemented within parishes, dioceses, universities, ecclesial movements and family associations.

Over the course of ten monthly episodes, hear the Holy Father talk about each of the chapters of the Apostolic Exhortation Amoris Laetitia, along with the testimonies of different families who will share some aspects of their daily lives.

This initiative is a joint collaboration between the Dicastery for the Laity, Family and Life and Vatican News, and aims to facilitate the reading of the Apostolic Exhortation, with the aid of downloadable material prepared for personal and community reflection.

To access this resource: <http://www.laityfamilylife.va/content/laityfamilylife/en/amoris-laetitia/iniziativa-e-risorse/10-video-amoris-laetitia.html>

HUMANITARIAN CRISES UNFOLDING IN AFGHANISTAN AND LEBANON

As the situations in Afghanistan and Lebanon deteriorate, you can help to support families caught up in the crises.

In Afghanistan, people have been forced from their homes, with half of the population in urgent need of food, water, shelter and protection.

In Lebanon, the country is running out of power, water, fuel, medicine and food. Even hospitals are facing massive fuel shortages and will soon have to turn off the lights.

Please donate to Caritas Australia so that we are able to respond to crises like these and others across the world.

Visit caritas.org.au/lebanon or www.caritas.org.au/afghanistan or call 1800 024 413 toll free to provide much needed support.

Ships don't sink because of the
water around them.

Ships sink because of the water
that gets IN them!

Don't let what's happening around
you get inside and weigh you down.

APPLICATIONS ARE NOW OPEN FOR THE 2022 PASTORAL PLACEMENT PROGRAM

The Pastoral Placement Program offers participants an experience of ministry in the Diocese of Maitland-Newcastle. The purpose of this program is to enable participants the opportunity to experience different workplaces and ministries across the diocese. These 'on the ground' ministry work placements help participants explore the opportunities that are available to them to serve God and the local community of the Catholic Church in the Diocese of Maitland-Newcastle. The Pastoral Placement Program provides participants a year-long discernment journey, involving the see, judge, act philosophy, to make an informed choice about the possibility of their future ministry or career choices.

For more information and to learn to how to apply go to: <https://www.mn.catholic.org.au/church-mission/catholic-life/pastoral-placement-program/>

ACU CENTRE FOR LITURGY | RITUAL BODIES AS 'REASONABLE WORSHIP': PUTTING LITURGY IN PROPER ETHICAL PERSPECTIVE

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Time: 10:00AM-11:30AM

Date: 18 October 2021

Register: www.acu.edu.au/publiclecturecf

PALMS AUSTRALIA | GLOBAL MISSION

Since 1961 [Palms Australia](http://palms.org.au) has quietly prepared and supported humble Catholics like you for mission. It's our response as church to calls from Australian and overseas communities to help bring opportunity to the poor.

Sharing your skills with local co-workers helps them to develop their essential community organisations. Improving their self-reliance aids sustainable poverty reduction and removes dependence on foreign aid and influence. Your relationships within the local community will transform your heart and soul.

To be prepared for a 2022 placement [CLICK AND ENQUIRE HERE](#) by Friday October 29.

Visit palms.org.au Email palms@palms.org.au or call Christine on 02 9560 5333

TODAY'S LITURGY

Entrance Antiphon Cf. Ps 16:6,8

To you I call; for you will surely heed me, O God;
turn your ear to me; hear my words.
Guard me as the apple of your eye;
in the shadow of your wings protect me.

Gloria

*Glory, glory to God in the highest,
and on earth peace to people of good will.*

We praise You. We bless You. We adore you.
We glorify You.

We give You thanks for Your great glory.
Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son.

Lord God, Lamb of God, Son of the Father:
you take away the sins of the world,
have mercy on us.

You take away the sins of the world,
receive our prayer.

You are seated at the right hand of the Father,
have mercy on us.

For you alone are the holy one. You alone are the
Lord. You alone, are the most high Jesus Christ.
With the Holy Spirit, in the glory of God the Father.

LITURGY OF THE WORD

First Reading: Is 53:10-11

*If he offers his life in atonement, he shall see his heirs,
and have long life.*

We pause for silent reflection.

Responsorial Psalm Ps 32:4-5. 18-20. 22. R. v.22

*(R.) Lord, let your mercy be on us,
as we place our trust in you.*

1. The word of the Lord is faithful
and all his works to be trusted.
The Lord loves justice and right
and fills the earth with his love. *(R.)*
2. The Lord looks on those who revere him,
on those who hope in his love.
to rescue their souls from death,
to keep them alive in famine. *(R.)*
3. Our soul is waiting for the Lord.
The Lord is our help and our shield.

May your love be upon us, O Lord,
as we place all our hope in you. *(R.)*

Second Reading: Heb 4:14-16

*Let us be confident in approaching the throne of
grace.*

Gospel Acclamation

Alleluia, alleluia!

The Son of Man came to serve
and to give his life as a ransom for all.

Alleluia, alleluia!

Gospel: Mk 10:35-45

*The Son of Man came to give his life as a ransom for
all.*

We pause for silent reflection.

Homily

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down
from heaven, and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with
the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

LITURGY OF THE EUCHARIST

Memorial Acclamation

When we eat this bread and drink this cup we
proclaim your death O Lord, until you come again.

Communion Antiphon Cf. Ps 32:18-19

Behold, the eyes of the Lord
are on those who fear him,
who hope in his merciful love,
to rescue their souls from death,
to keep them alive in famine.

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Have you thought? Integrity

Who do you really admire? Who would you really like to be like? Aside from sports stars, models and actors whose particular skills you might admire or even envy; who is a person who lives their life in a way that you would like to emulate? Perhaps it's not that you want to do exactly what they have done but rather it's the way they've gone about living their life. I would bet that there is a close match between what they hold to be true and the way they live their life – integrity!

NEXT WEEK'S READINGS:

Thirtieth Sunday in Ordinary Time, Year B

Jer 31:7-9

Heb 5: 1-6

Mk 10:46-52

Weekday and Sunday readings
can be found at www.usccb.org

BUILDING BRIDGES: Reaching out to our LGBTQIA+ community with James Martin SJ

Globally, people who are LGBTQIA+ are at increased risk of depression, suicide, and verbal, physical and sexual harassment and abuse. James recognised a lack of Church advocacy on these issues following the 2016 Orlando nightclub shooting in the USA, noticing that few Catholic Bishops publicly spoke out about the massacre.

This prompted him to consider how the Church could better minister to LGBTQIA+ Catholics, discussed in his book, *Building a Bridge: How the Catholic Church and the LGBT Community Can Enter into a Relationship of Respect, Compassion, and Sensitivity* (2017).

Join this online conversation with James to explore how the Church in Australia can do more to welcome and truly respect and enhance the dignity of all, honouring the diversity in humanity.

Time: 10:00AM

Date: 26 October 2021

Location: Online (Zoom)

Register: <https://www.trybooking.com/BTQTX>

DIOCESAN ADVENT REFLECTION: WAITING WITH PURPOSE

In response to a request from the Synod Working Party, Pastoral Ministries has prepared an Advent resource for our diocese. It's called, **Waiting with Purpose**. In doing this we took note of the voice of the faithful heard in the Synod process expressing a longing for different forms of prayer that include faith sharing.

Waiting with Purpose

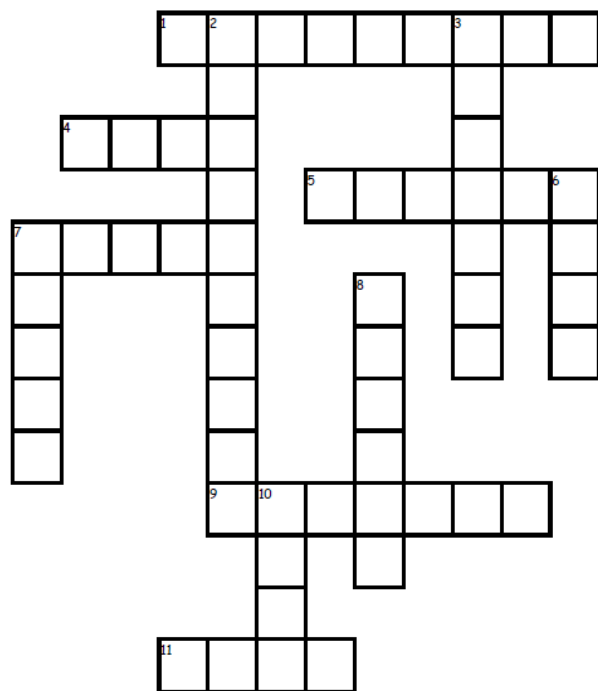
As we continue our Synodal journey an Advent resource, **Waiting with Purpose** has been created for our diocese. **Waiting with Purpose** responds to the voices heard during Synod reflections of longing for different forms of prayer that include faith sharing. **Waiting with Purpose** invites us to use Mystagogical Reflection as our way of encountering Christ in the Advent gospels. It invites us to focus on the presence of Christ in our experience and in the living tradition of our faith, to connect it to life now and to be changed by it. Mystagogical reflection meets us where we are. No preparation is needed. It's about being open to encountering Christ so we can live from Christ. It's deeply personal and communal.

Waiting with Purpose and accompanying resources will be available soon on the diocesan website: <https://www.mn.catholic.org.au/church-mission/catholic-life/liturgy/liturgical-year/>

CROSSWORD

God has chosen you

Is 45:1, 4-6
Ps 96:1 & 3, 4-5, 9-10abef, R. v.7b
Thes 1:1-5b
Mt 22:15-21



Across

- 1: these men tried to trick Jesus
- 4: this man wrote to the Thessalonians to tell them the good news
- 5: someone who doesn't lie is this
- 7: these were used for paying taxes to the Romans
- 9: someone who teaches
- 11: the part of a fence that opens

Down

- 2: the _____ is the third person of the Trinity (two words)
- 3: there was a picture of the Roman _____ on the coins
- 6: an examination
- 7: the Lord took the right hand of C_____
- 8: the place where people worship
- 10: the opposite of west

JUNIOR WORDSEARCH

God wants us to join him in heaven

Heb 4:14-16
Ps 33:4-5, 20 & 22, R. v.22
Mk 10:35-45

O J R B J X H E A V E N A F L
L E X A I Y W G M J W Y S L I
X O V X S H D C W K N N P Z V
T Y U J H B R A V E I S I N N
A R Z K E N V E O S J L J C L
N U U B L I N R F U M O J H Z
G K C J P X Y G N A X O X I E
R S F L E F T T G N I L J T B
Y L G M H I G H P R I E S T E
X A Q B B X S P G Y J A X M D
N V T E A C H E R J J F U P E
R E U C B W P D T H R O N E E
L D I U C U W M P C H F U Q B
H S R P Z K V C Y M N X T X Y

Try to find these words:

angry
brave
cup
heaven
help
high priest
left
sin
slave
teacher
throne
Zebedee