



Sacred Heart of Jesus Cathedral

DIOCESE OF MAITLAND-NEWCASTLE

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

SUNDAY 27TH JUNE 2021

SOLEMNITY OF OUR LADY OF PERPETUAL HELP

Our Clergy

Fr Andrew Doohan
Fr Peter Thoai
Fr Matthew Muller
Fr John Vo
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

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Our Staff

Margaret Cox (Reception & Administration)
Maryanne Hewitt (Reception & Administration)
Anne Warren (*Business Manager Finance*)
Jade Simonsen (*Business Manager Property*)
Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

Other Contacts

Lingard Hospital Team: Contact the Parish Office

Mercy Pastoral Team: Sr Patricia Whitten rsm
(02) 4979 1116

St Joseph's Pastoral Team: Contact the Parish Office

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.



**OUR LADY OF PERPETUAL HELP
PATRONAL FEAST OF THE DIOCESE OF
MAITLAND-NEWCASTLE**

Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples.

We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

13th Week of Ordinary Time, Year B

Monday—28th June

Memorial of St Irenaeus

8:15am Mass @ The Cathedral

Tuesday—29th June

Solemnity of Sts Peter and Paul

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Wednesday—30th June

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

9:15am Tighes Hill

Thursday—1st July

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

Friday—2nd July

9:00am Mass @ Mayfield

10:15am Mass @ The Junction

11am Exposition @ The Cathedral (until 12pm)

11am Reconciliation @ The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—3rd July

Feast of St Thomas

9.15am Mass @ The Cathedral followed by Novena to Our Lady of Perpetual Help (followed by Reconciliation)

5:00pm Vigil Mass @ Mayfield West

5:30pm Mass @ The Cathedral

Sunday—4th July

14th Sunday in Ordinary Time

7:30am Mass @ St Mary's

8am Mass @ Tighes Hill

9am Mass @ The Junction

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

11:00am Italian Mass @ The Junction

11:30am Polish Mass @ The Cathedral

5pm Mass @ The Cathedral

5:30pm Vietnamese Mass @ Mayfield West

THE ICON OF OUR LADY OF PERPETUAL HELP

(printed on the front cover)

Iconography is a symbolic art, its purpose being to express both the theological teaching of the Church and its spirituality in symbolic form. Before painting an icon, the artist spends much time in fasting and prayer, and so the image is said to be written with prayer. Praying with an icon is a development of the prayer with which it was painted.

The icon of Our Mother of Perpetual Help is the special place where Mary meets the suppliant in prayer and help. As is the norm with Mother and Child icons, the basic doctrinal content of the image is represented by abbreviations written near the figures portrayed. Thus in the Perpetual Help icon, the initial and final letters of the two Greek words for 'Jesus Christ' are near the head of the Infant. Those on either side of the Madonna represent 'Mother of God'. So we have the Incarnation visually represented.

Looking more closely at the icon, we see a story visualized. In the background we find the Archangels Michael and Gabriel depicted. The former holds instruments of Christ's passion: a lance, a reed and sponge while the latter holds a cross and nails. The Infant is shown in a state of fear, disturbed by a vision of His future death. Agitated, He moves His head from side to side, and in the movement loses one of His sandals. Both His hands are placed in His Mother's right hand as He grasps it for support.

Her eyes look to us as if inviting us in our difficulties to approach Her with great confidence and to trust Her in our fears, doubts and anxieties. They assure us that Her Son underwent the torments of Calvary because of His love for us. They remind us that She is our Mother: that She loves each of us with a very special and personal love: and that She is perpetually interceding for us at the throne of God.

Both the Christ Child and the Virgin Mother are crowned, and the background of the icon is of gold to remind us of eternal life. 'Be faithful until death and I will give you the crown of life.'

Thus the Mother of Perpetual Help icon is one that visually portrays for us the total message of the Incarnation. It gives the identity of Christ as true God and true man; it tells of His sharing the sufferings of life; and it reminds us of our destiny to share in the love of God for all eternity. Moreover it powerfully advises us in the difficulties of life to seek help from the Mother of God, just as Jesus did.

Just going to church doesn't make you a Christian any more than standing in your garage makes you a car.

G K Chesterton

The eyes of the Madonna of this icon look to us as if to recall, 'I gave My Son for your redemption. I too shared in His suffering. I understand your fears and your difficulties because I too had to walk the road of faith. Do not be overwhelmed by the trials of life, but place your hands as Jesus did in mine, and do not be afraid. I will intercede with My Son for you. I will be for you your Mother of Perpetual Help. This icon is the place where I will meet your every need.'

From G B Sheriff CFC pp55-57 *Woman on a Hilltop* (A Church Archivists' Society Publication) Toowoomba, Queensland, 1989



*M*ary, Mother of Peace,

Intercede for us to become peacemakers in our troubled world of today.

In a spirit of love

enable us to pray continually for peace, and to act fairly and justly in our treatment of others
Pray for us,

as we strive to bring harmony and forgiveness to our families, and to our brother and sisters with whom we live and work.

As a loving mother help us to act with compassion in these times of pandemic.

PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home.

God speaks to us through the words of the Gospel and then through artist's images of the Gospel message.

Join us each Wednesday 5.00-5.45pm.

Zoom link:

<https://mncatholic.zoom.us/j/96144217758>

Password: pray

For more information contact:

rose.mcallister@mn.catholic.org.au

VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. During the Easter Season, we began the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday. Beginning in June, we embark on our Ordinary Time schedule:

Week 1: No meeting

Week 2: Lectio Divina

Week 3: Bible Study (see information below)

Week 4: Lectio Divina

So the program for June/July is as follows:

June 30: No meeting

July 7: Lectio Divina

July 14: Bible Study

July 21: Lectio Divina

July 28: No meeting

To participate, please email the parish office.

The Bible Study series from Ascension Press, **Unlocking the Mystery of the Bible** by Jeff Cavins and Sarah Christmyer, is an engaging journey through the Bible.

Prior to July 14, we will watch episode 2 and read Genesis 1-11.

BOOK CLUB

Sunday, 4th July @ 6pm: Bookclub meets to discuss *A Room Made of Leaves* by Kate Grenville. If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

CHRISTIAN MEDITATION:

Living Waters, 34 Kenrick St., The Junction:

Wednesday, 7.30 am

Friday, 11.00 am

Monday, 6.30 pm

CONTACT: annecuskelly@hotmail.com or

0407 436 808

LAST CHANCE FOR PLANNED GIVING TAX RECEIPTS

Parishioners who require a tax receipt for Planned Giving for the 2020/2021 financial year must notify the Parish Office by 30 June 2021.

Please notify by one of the following methods:

Email to newcparish@mn.catholic.org.au - Use the wording, "Please provide me with a Planned Giving tax receipt" and include your name and envelope number.

Phone: Call the Parish Office on 4979 1101.

Tax receipt data will be processed on 30 June 2021 and requests must be made by that date.

No subsequent amendments are possible. Any requests received after 30 June 2021 will result in parishioners not receiving a tax receipt. In turn, they will not be able to claim a tax deduction. If you do not require a tax receipt for tax purposes, it is preferable not to request one, as this will enhance the tax deductibility for those who do use the tax receipt. If you do not submit a tax return (and therefore do not require a tax receipt), we can provide you with written confirmation of your contribution total. You can request this by emailing or by phoning the parish office.

Please note that due to limitations imposed by Section 83C of the NSW Education Act, letters relating to a School Building Levy (DFSBL) reduction can no longer be offered by the Parish.

BROADMEADOW PLANNED GIVING ENVELOPES:

Envelopes for Broadmeadow parishioners will be ready for collection from the office from Monday June 28th. Alternatively, please call the office with your name and planned giving number and indicate which mass centre you would like your envelopes sent to.

CASUAL EMPLOYMENT OPPORTUNITY:

Housie Worker. The person in this position is responsible for assisting in all aspects of setting up, calling and conducting a successful and compliant session of Charity Housie held at the Southern Cross Hall on Thursday and Saturday evenings. For a full list of duties and responsibilities and to apply please refer to the description and add on the website <https://www.mn.catholic.org.au/about/careers/positions-vacant/housie-worker-st-benedicts-parish>. For further information please email jade.simonsen@mn.catholic.org.au

FOR SALE

A beautiful heritage pew from the Mayfield West church: 4 glorious metres of Morante timber (only \$100)

COVID-19-RELATED INFORMATION

Maximum Number of Persons in Churches

Under the current Public Health Order, the limit on the number of persons who can be present in a church is now calculated by allowing 2 square metres per person within the building.

In our Region, those limits are:

Sacred Heart Cathedral	221
St Mary's, Newcastle	108
St Joseph's, The Junction	200
Mary Immaculate, Tighes Hill	110
St Laurence O'Toole, Broadmeadow	110
St Peter-in-Chains, Stockton	140
Christ the King, Mayfield West	140

The limit applies to all Masses and other liturgical celebrations, such as weddings and funerals.

Provision of Contact Details

The Public Health Order requires the collection of contact details for those who attend any liturgical celebration in a church (e.g. Mass, weddings, funerals, Baptisms, etc.).

The contact details that are required are defined as a) name, b) phone number or email address, and c) the time of arrival. These details must be recorded for each attendee.

Attendees are able to use the Service NSW QR Code to provide their details—just like many other places—using the Service NSW app on your phone, or via a QR Code reader. A Contact Details Form will be provided at the door to permit the collection of these details.

General Requirements

The requirements regarding cleaning, observing physical distancing, etc. remain in place for the time being, as does the requirement to refrain from physical acts of devotion that involve touching or kissing icons or statues.

Liturgical rituals have been adapted, and will continue to be adapted, in order to ensure the health and safety of all parishioners and visitors to our churches. We ask those who are particularly at risk – the elderly, those with compromised health, those who are sick – to refrain from returning to Mass for the sake of their own health. The dispensation from the obligation to attend Sunday Mass given by the Bishop remains in place in these circumstances.

Requirements for Attending Mass

There is no need to register in advance to attend regular Mass. If you wish to return to Mass, you are at liberty to do so, though capacity limits will need to be observed at all Masses.

YOUNG ADULTS OF THE COMMUNITY ARE INVITED TO:

Young Adult Formation Group:

When: 1st Sunday of the month, 4:00pm-5:00pm

Where: *St Patrick's Church, Wallsend*

The YA group will meet at 4pm the first Sunday of every month before the 5:30pm Youth Mass for formation opportunities.

All are welcome! We hope to see you there. Please contact Rose on [0408796252](tel:0408796252) for more information.

NEXT WEEK'S READINGS:

14TH SUNDAY IN ORDINARY TIME

Is 66:10-14; Gal 6:14-18;

Luke 10:1-12, 17-20

Weekday and Sunday readings can be found at www.usccb.org

Prayer Requests

RECENTLY DECEASED: Mary Lee, Elizabeth Callanan, Barry Tierney, Joe Burke, Sr Carmel Whybrow rsj, Sr Patricia Wilson rsj

ANNIVERSARIES: Garth Callinan, Elizabeth Cagney, Cherie Zaunders, John Ruggero, Catherine O'Neill, Velta Stevens, Charles Austin Ryan

SICK: Mercy Umali, Greg Radecki, Grahame Chegwiddden, Dianne McGoldrick, Anne-Marie Richards

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit www.newcastlecatholic.org.au/downloads.



VINNIES WINTER APPEAL

Continues this weekend

Many thanks for your generous support

CHILDREN'S MISSION

Money raised for Children's Mission for June is \$210
The total for the financial year is \$1295.

UNPACKING THE SYNOD PAPERS AT TIGHES HILL CHURCH

9.00-10.00am, following Sunday Mass, parishioners are invited to hear one of the pre-Synod videos and join a short discussion of one of the Synod papers. (Postponements may occur due to Baptisms after Mass.)

27 June 2021 *Prayer and Worship*

Rev Matthew Muller | Canon Law and Synodality

Rev Matthew Muller is the Chancellor and Canonical Advisor in the Diocese of Maitland-Newcastle. In this video, Rev Muller discusses the canonical aspects of our upcoming Synod.

04 July 2021 *Identity and Community*

Sr Patricia Egan | Our Diocesan Synodal Journey

Patricia Egan is a Sr of St Joseph of Lochinvar and a member of the Council for Mission and the Synod Working Party. As Sr Patricia coordinated our Diocese's last Synod in 1992/93, in this video she gives some background history to our 2019-21 Synod.

The booklet containing the Papers endorsed by the Synod is available on the Synod website: <https://www.domnsynod.com.au/>

The Chuckle

A church family was invited to Easter dinner at the Wilson home. Mrs. Wilson was widely known for her amazing contributions to church dinners. Everyone was seated around the table as the food was being served. As usual, it was a feast for the eyes, the nose, and the palate.

When the family's youngest son, Peter, received his plate he started eating straight away.

'Peter, wait until we say grace,' insisted his embarrassed father.

'I don't have to,' the five year old replied.

'Of course you do, Peter,' his mother insisted rather forcefully. 'We always say a prayer before eating at our house.'

'That's at our house,' Peter explained, 'but this is Mrs. Wilson's house, and she knows how to cook.'

FEAST DAYS OF MARY

Marian feasts originate ultimately or primarily by ecclesial decision. The Church decides whether they should be local, regional or universal, and what degree of solemnity should be attributed to them (solemnity, feast, memorial) depending on the importance of the theme celebrated. Marian feasts are distinguished with the following categories:

1. Feasts based on events related in scripture (for example, Annunciation)
2. Feasts that are object of dogmatic statements (for example, Immaculate Conception)
3. Feasts that arose thanks to popular devotion and/or some special event (for example, Our Lady of the Rosary)
4. Feasts with geographical connection based on apparitions or other special events (for example, Lourdes)

January 1 — Solemnity of Mary, Mother of God
February 2 — Presentation of the Lord
February 11 — Our Lady of Lourdes
March 25 — Annunciation
May 13 — Our Lady of Fatima
May 24 — Our Lady Help of Christians
May 31 — Visitation
June 27 — Our Mother of Perpetual Help
July 16 — Our Lady of Mount Carmel
August 15 — Assumption
August 22 — Queenship of Mary
September 8 — Birth of Mary
September 12 — The Most Holy Name of Mary
September 15 — Our Lady of Sorrows
October 7 — Our Lady of the Rosary
November 21 — Presentation of the Blessed Virgin
Mary December 8 — Immaculate Conception

The Month of Mary is May.

The Month of the Rosary is October.

The Feast of the Immaculate Heart is the Saturday following the Second Sunday after Pentecost.

The First Saturday of each Month is also dedicated to Marian Devotions.

The Lily is a symbol of virginity and purity. There is also a white day lily which only blooms during the time of the Assumption in mid-August and is known as the Assumption Lily among horticulturalists. The species here is very similar to the Assumption flower.



OUR PATRONAL FEAST

Our Lady of Perpetual Help is the patron of our 'Particular Church.' The image of Our Lady of Perpetual Help is an icon, painted on wood, and seems to have originated around the thirteenth century. Traditionally, the image is also known as "Our Lady of Perpetual Succour." According to popular tradition, a merchant acquired the icon of Our Lady of Perpetual Help from the island of Crete and had it shipped to Rome towards the end of the fifteenth century. During the voyage, a terrible storm arose, threatening the lives of all on ship. The passengers and crew prayed to our Blessed Mother, and were saved.

Once in Rome, the merchant, dying, ordered that the image should be displayed for public veneration. His friend, who retained the image, received further instructions: in a dream to his little daughter, the Blessed Mother appeared and expressed the desire for the image to be venerated in a Church between the Basilicas of St. Mary Major and St. John Lateran in Rome. The image, consequently, was housed at the Church of St. Matthew, and became known as "The Madonna of Saint Matthew." Pilgrims flocked to the church for the next three hundred years, and great graces were bestowed upon the faithful.

After Napoleon's troops destroyed the Church of St. Matthew in 1812, the image was transferred to the Church of St. Mary in Posterula, and remained there for nearly forty years. There, the image was neglected and forgotten.

By divine providence, the forgotten image was rediscovered. In 1866, Blessed Pope Pius IX entrusted the image to the Redemptorists, who had just built the Church of St. Alphonsus, down the street from St. Mary Major. As a boy, the Holy Father had prayed before the image in the Church of St. Matthew. He ordered the public display and veneration of the image, and fixed the feast of Our Lady of Perpetual Help as the Sunday before the Feast of the Nativity of St. John the Baptist. In 1867, when the image was being carried in a solemn procession through the streets, a young child was cured, the first of many recorded miracles attributed to Our Lady of Perpetual Help.

To this day, the Church of St. Alphonsus displays the icon of Our Lady of Perpetual Help and welcomes pilgrims for prayer. May each of us never hesitate to invoke the prayers and intercession of Our Blessed Mother in time of need.

THE CREEDS

The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down
from heaven, and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with
the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Apostles' Creed

I believe in God,
the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit, (*all bow*)
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into Hell;
on the third day He rose again from the dead;
He ascended into Heaven,
and is seated at the right hand of God, the Father
almighty; from there He shall come to judge the living
and the dead.

I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins, the
resurrection of the body and life everlasting.

Volunteers

Reminder to all the wonderful volunteers who have received induction handbooks to return them to the parish office so you can be cleared by HR to volunteer in our parish.

REGISTERED VOLUNTEERS

Helene O'Neill will deliver Course 2: Safeguarding in Parishes on Tuesday 10 August in the Murray Room at 841 Hunter Street between 10am and 2pm. A light lunch will be provided for participants. Please register via hr-training@mn.catholic.org.au. Please remember that completing this training is a necessary requirement of volunteering in the Maitland-Newcastle Diocese. To maintain your volunteer status please book in.

HEY, GARDENERS!

Call out to all you wonderful Gardeners! St Joseph's at the Junction and St Mary's on the Hill both need some serious garden love!!!! If you are interested in working with our parish lawn maintenance man and parish handy man in rejuvenating the gardens please email jade.simonsen@mn.catholic.org.au and we will organize a working group.

THE ROSE

Mary's signature flower is the rose. As Cardinal Henry Newman wrote:

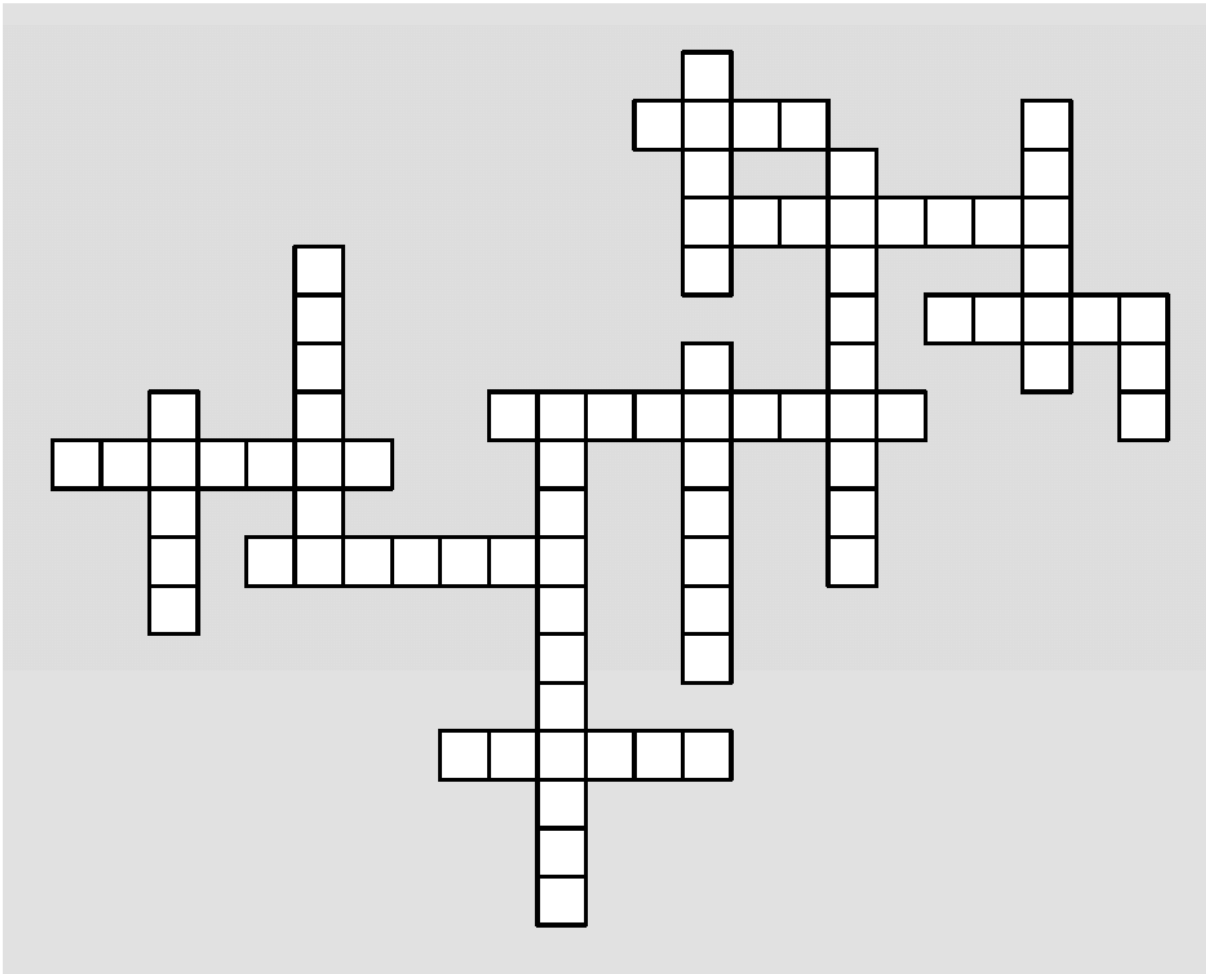
*"Mary is the queen of spiritual flowers, and therefore she is called the **rose**, for the rose is fitly called of all the flowers, the most beautiful. But moreover, she is the mystical or hidden rose, for mystical means hidden. Mary, born without original sin, is also without thorns and the scent is an emblem of her spirit."*

Within the Roman Catholic Church properties worldwide, there are many gardens dedicated to the mother of Jesus.

Many are rose gardens, but others also contain many different types of lilies, marguerites, marigolds, virgin's bower clematis, rosemary, and many other flowers that are associated with Mary, too.



OUR LADY OF PERPETUAL HELP WORD FILL



- 3 Letters**
son
- 4 Letters**
help
- 5 Letters**
Jesus
cross
heart
- 6 Letters**
mother
wisdom
- 7 Letters**
Cleopas
Magdala
Saviour
heavens
- 8 Letters**
rejoices
- 9 Letters**
mountains
- 11 Letters**
perpetual
everlasting

THE ICON OF OUR LADY OF PERPETUAL HELP

Archangels
Child
Christ
directing
disciple
faithful
figures
four
Gabriel
God
help
holy
icon
Jesus

liberates
life
Michael
Mother
need
open
ourselves
ready
shows
Son
time
Virgin
Word

S F Q N T S M C G P D G F R S
W J A N I I E N H K O Q I S E
O Q C I C G I V H I G E G C T
H C S H T T R I L E L L U Y A
S V A D C H S I P E L D R D R
S E E E Y U F I V H S P E A E
L E R I S X E U U A S R S E B
N I R E H T O M L D O W U R I
D K J G A B R I E L N O M O L
S L E G N A H C R A A R V I C
N U B D I S C I P L E D C H M
R E M I T L I F E Y D O R L X
C U P Y L O H Y Z H N I C I C
T G O O D F L G D U S C Z V A
I C E F Q K C H U T P O L J T