



Sacred Heart of Jesus Cathedral

DIOCESE OF MAITLAND-NEWCASTLE

Inner Newcastle Parish: Sacred Heart Cathedral, Newcastle West; St Joseph's Church, The Junction; St Mary, Star of the Sea Church, Newcastle; Immaculate Heart of Mary Church, Tighes Hill; St Laurence O'Toole Church, Broadmeadow. **Mayfield Parish:** Christ the King, Mayfield West. **Stockton Parish:** St Peter-in-Chains, Stockton.

SUNDAY 30TH MAY 2021 TRINITY SUNDAY, YEAR B

Our Clergy

Fr Andrew Doohan
Fr Peter Thoai
Fr Matthew Muller
Fr John Vo
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
P: (02) 4979 1101 F: (02) 4962 4644
E: newcparish@mn.catholic.org.au
W: www.newcastlecatholic.org.au

Our Staff

Margaret Cox (*Reception & Administration*)
Anne Warren (*Business Manager Finance*)
Jade Simonsen (*Business Manager Property*)
Dr Anne Millard (*Music, Liturgy, Sacraments, Bulletin*)

Other Contacts

Lingard Hospital Team: Contact the Parish Office

Mercy Pastoral Team: Sr Patricia Whitten rsm
(02) 4979 1116

St Joseph's Pastoral Team: Contact the Parish Office

Parish Bulletin: Prayer requests and items for the Bulletin should be received at the Parish Office by 5pm on Wednesdays.



The Trinity, created by Russian painter Andrei Rublev in the 15th century. This icon depicts the three angels who visited Abraham at the Oak of Mamre, but the painting is full of symbolism and is interpreted as an icon of the Holy Trinity. Read more about the icon inside the bulletin.

Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples.

We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.

THE PARISH DIARY...(for the week ahead)

9th Week of Ordinary Time, Year B

Monday—31st May

Feast of The Visitation of the Blessed Virgin Mary

8:15am Mass @ The Cathedral

Tuesday—1st June

Memorial of St Justin

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

9:30am Mass @ The Junction

Wednesday—2nd June

8:15am Mass @ The Cathedral

9:00am Mass @ Mayfield West

9:15am Mass @ Tighes Hill

9:30am Mass @ The Junction

Thursday—3rd June

Memorial of St Charles Lwanga and companions

8:15am Mass @ The Cathedral

8:30am Mass @ Stockton

9:30am Mass @ The Junction

Friday—4th June

9:00am Mass @ Mayfield (if there is no Mass at St Columban school)

9:15am Mass @ Tighes Hill

10:15am Mass @ The Junction

11am Exposition @ The Cathedral (until 12pm)

11am Reconciliation @ The Cathedral (until 12pm)

12:05pm Mass @ The Cathedral

Saturday—5th June

Memorial of St Boniface

9.15am Mass @ The Cathedral followed by Novena to Our Lady of Perpetual Help (followed by Reconciliation)

5:00pm Vigil Mass @ Mayfield West

5:30pm Mass @ The Cathedral

Sunday—6th June

The Solemnity of Corpus Christi

7:30am Mass @ St Mary's

8am Mass @ Tighes Hill

9am Mass @ The Junction

9:00am Mass @ Stockton

9:30am Mass @ The Cathedral

Live streamed via the Diocesan website:

www.mn.catholic.org.au/places/livestream/

11:00am Italian Mass @ The Junction

11:30am Polish Mass @ The Cathedral

5pm Mass @ The Cathedral

5:30pm Vietnamese Mass @ Mayfield West

LINGARD HOSPITAL TEAM

Things are getting back to some normality with Hospital visiting. We are very grateful to the management of Lingard for their continuing support. Visits have started again with the only restriction in dispensing Holy Communion at this stage. If you know of anyone from our parish who is about to be or has recently been discharged from hospital and can't attend Mass, please contact the Parish office to arrange a visit from the St Joseph's Pastoral Team.

FINDING GOD IN AUSTRALIA | RETREAT

Presented by Father John Hill, this retreat will be held at St Clement's from Friday 6 to Saturday 7 August. Bushfires, drought, the effects of Covid-19, church scandals - there are so many challenges to our faith in today's Australia. This retreat offers you the chance to come to a place of quiet, to take stock of your own life, to reflect about life here in Australia and to renew the foundations of faith for the future. In the retreat we will use the beauty and quiet of St Clement's to help us experience the presence of God, to pray and celebrate together and see how God is at work in our land and our lives.

Ensuite Room \$350, shared facilities \$300.

Please contact St Clement's to register: info@stclement.com.au or phone 02 6380 5222 Monday – Friday 9am – 5pm.

CHRISTIAN MEDITATION:

Living Waters, 34 Kenrick St., The Junction:

Wednesday, 7.30 am

Friday, 11.00 am

Monday, 6.30 pm

CONTACT: annecuskelly@hotmail.com or 0407 436 808

CHILDREN'S MISSION PARTNERS

The last donation to Children's Mission Partners was \$540, taking the grand total of money raised to \$36,500.



**VINNIES WINTER APPEAL
COMING TO A CHURCH NEAR YOU!**

DESERT WISDOM FOR DAILY LIVING

Join Jamberoo Abbey for an online retreat this winter, exploring and praying within the perennial wisdom tradition.

Through the lens of the wisdom teachings of Jesus and the wisdom he embodied, the teachings of the Desert mothers and fathers of the fourth century and other early and late wisdom teachers, experience how these teachings can enlighten and strengthen our prayer practice and inspire and deepen our commitment to and practice of the wisdom way of living today. With Sr Magdalen osb

Retreat begins: 6 June 2021

RETREAT PROGRAM FEE: AUD \$200

Pensioners – half price (email us to register).

For registration and more information go to:

<https://www.jamberooabbey.org.au> - Retreats -

Desert Wisdom Online Retreat

NEWCASTLE UNITY IN DIVERSITY WORLD FOOD AND MUSIC FESTIVAL | 19 JUNE

To mark the beginning of Refugee Week, The Newcastle Unity in Diversity Festival will be held at the Newcastle Foreshore 11am – 3pm on Saturday 19th June. There will be a wonderful array of multicultural food stalls, cultural performances and activities.

You are very welcome to attend and enjoy the festivities.

With thanks to STARTTS, The City of Newcastle and The University of Newcastle for sponsoring the event.

For more information: <https://www.facebook.com/events/520718478555143>

LORD MAYOR'S PRAYER BREAKFAST

The Lord Mayor of Newcastle Councillor Nuatali Nelmes requests the company of you and your guests to attend the Annual Lord Mayor's Prayer Breakfast.

This event will be held in The Arena Room, NEX Newcastle on Friday, 4 June 2021.

RSVP: 2 June 2021. Tickets available:

<https://ti.to/kingdomworks/2021-annual-lord-mayor-s-prayer-breakfast>



12th Century artist Hildegard of Bingen illustrated the trinity through a circle of fire surrounded by water with Christ in the middle.

PRAYING THE GOSPELS

You are invited to connect and pray with each other across the Diocese from your own home.

God speaks to us through the words of the Gospel and then through artist's images of the Gospel message.

Join us each Wednesday 5.00-5.45pm.

Zoom link:

<https://mncatholic.zoom.us/j/96144217758>

Password: pray

For more information contact:

rose.mcallister@mn.catholic.org.au

VIEW, CHEW, CHAT, AND LECTIO

View, Chew, and Chat continues to meet via Zoom. During the Easter Season, we began the practice of *Lectio Divina* to prayerfully reflect on the Gospel of the coming Sunday. Beginning in June, we embark on our Ordinary Time schedule:

Week 1: No meeting

Week 2: Lectio Divina

Week 3: Bible Study (see information below)

Week 4: Lectio Divina

So the program for June is as follows:

June 2: No Meeting

June 9: Lectio Divina

June 16: Bible Study

June 23: Lectio Divina

June 30: No meeting

To participate, please email the parish office.

The Bible Study series is from Ascension Press: **Unlocking the Mystery of the Bible** by Jeff Cavins and Sarah Christmyer. It is described as an engaging journey through the Bible

This eight-part study (30-minute sessions) provides the easiest way to understand the Bible. *Unlocking the Mystery of the Bible* makes the complex simple. It helps you uncover the story woven throughout Scripture so that you can get the "big picture" of the Bible and understand what it is all about. The Bible is a story about the Father's unfailing love for you - a love that you are now called to share with others.

BOOK CLUB

Sunday, 6th June @ 6pm: Bookclub meets to discuss Miss Benson's *Beetle* by Rachel Joyce. If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

THE TRINITY



Understanding the Iconography

(from Wikipedia)

The icon is based on a story from the Book of Genesis called *Abraham and Sarah's Hospitality* or *The Hospitality of Abraham*. It says that the biblical Patriarch Abraham 'was sitting at the door of his tent in the heat of the day' by the Oak of Mamre and saw three men standing in front of him, who in the next chapter were revealed as angels. 'When he saw them, Abraham ran from the tent door to meet them and bowed himself to the earth.' Abraham ordered a servant-boy to prepare a choice calf, and set curds, milk and the calf before them, waiting on them, under a tree, as they ate (Genesis 18:1–8). One of the angels told Abraham that Sarah would soon give birth to a son.

The subject of *The Trinity* received various interpretations at different time periods, but by the 19th–20th century the consensus among scholars was the following: the three angels who visited Abraham represented the Christian Trinity, "one God in three persons" – the Father, the Son (Jesus Christ), and the Holy Spirit. Art critics believe that Andrei Rublev's icon was created in accordance with this concept. In his effort to uncover the doctrine of the Trinity, Rublev abandoned most of the traditional plot elements which were typically included in the paintings of the *Abraham and Sarah's Hospitality* story. He did not paint Abraham, Sarah, the scene of calf's slaughter, nor did he give any details on the meal. The angels were depicted as talking, not eating. "The gestures of angels, smooth and restrained, demonstrate the sublime nature of their conversation". The silent

communion of the three angels is the centre of the composition.

In Rublev's icon, the form that most clearly represents the idea of the consubstantiality of the Trinity's three hypostases (states of being) is a circle. It is the foundation of the composition. At the same time, the angels are not inserted into the circle, but create it instead, thus our eyes can't stop at any of the three figures and rather dwell inside this limited space. The impactful center of the composition is the cup with the calf's head. It hints at the crucifixion sacrifice and serves as the reminder of the Eucharist (the left and the right angels' figures make a silhouette that resembles a cup). Around the cup, which is placed on the table, the silent dialogue of gestures takes place.

The left angel symbolizes God the Father. He blesses the cup, yet his hand is painted in a distance, as if he passes the cup to the central angel. Viktor Lazarev suggests that the central angel represents Jesus Christ, who in turn blesses the cup as well and accepts it with a bow as if saying "My Father, if it is possible, may this cup be taken from me. Yet not as I will, but as you will". (Mt 26:39) The nature of each of the three hypostases is revealed through their symbolic attributes, i.e. the house, the tree, and the mountain. The starting point of the divine administration is the creative Will of God, therefore Rublev places the Abraham's house above the corresponding angel's head. The Oak of Mamre can be interpreted as the tree of life, and it serves as a reminder of the Jesus's death on the cross and his subsequent resurrection, which opened the way to eternal life. The Oak is located in the centre, above the angel who symbolizes Jesus. Finally, the mountain is a symbol of the spiritual ascent, which mankind accomplishes with the help of the Holy Spirit. The unity of the Trinity's three hypostases expresses unity and love between all things: "That they may all be one, just as you, Father, are in me, and I in you, that they also may be in us, so that the world may believe that you have sent me." (John 17:21)

The wings of two angels, the Father and the Son, interlap. The blue colour of the Son's robe symbolizes divinity, the brown colour represents earth, his humanity, and the gold speaks of kingship of God. The wings of the Holy Spirit do not touch the Son's wings, they are imperceptibly divided by the Son's spear. The blue colour of the Holy Spirit's robe symbolizes divinity, the green colour represents new life. The poses and the inclinations of the Holy Spirit and the Son's heads demonstrate their submission to the Father, yet their placement on the thrones at the same level symbolizes equality.

SACRAMENTS OF INITIATION

Our Confirmation celebrations concluded last Wednesday night. It was an amazing experience of four incredible nights as excited children embarked on the next steps of their faith journey.

Now the children are ready to join us at the Eucharistic table. That means a bit of work for all of us. First, our Masses over the weekends of June 5/6 and 19/20 will see an increase in numbers as the children and their families celebrate First Communion. The front pews of the church will be reserved for those families.

The dates are as follows. The number of children expected is in parentheses next to the time:

29 May at Sacred Heart Cathedral at 5:30pm (1)

5 June at Christ the King, Mayfield (2)

6 June at St Peter in Chains, Stockton (2)

6 June at St Joseph's, The Junction at 9am (28)

6 June at Sacred Heart Cathedral at 9:30am (9)

6 June at Sacred Heart Cathedral at 5pm (12)

19 June at Sacred Heart Cathedral at 5:30pm (15)

20 June at St Joseph's, The Junction at 9am (15)

20 June at Sacred Heart Cathedral at 9:30am (17)

Second, the children and their families need your prayer and support. I therefore ask you to take a card with the first name of one of the children to pray for that child. If you would like to, you could write a letter or card to your prayer child. We will present the card to them on the day of their First Communion. But that's optional. Prayer is enough—as we all know! If you choose to write the card, please drop it in to the Office or the Sacristy before Mass on June 6. I'm very grateful to you for your assistance.

The children have all learned using an online program. You might enjoy watching one of the videos the children view to learn about the Sacraments. This video, called **Table to Table**, features Fr Andrew talking about the Eucharistic Table and Anne Millard talking about the home table. After the students watch the video, they make connections to their own table and their own family experiences.

If you'd like to make connections, please email them to the office. I will print them next week!

View the video at: <https://tinyurl.com/table2table> or use your phone to open this link:



LIVING THE GOSPEL

The Sign of the Cross

Jesus' instruction that the disciples go out to all the nations and baptize them 'in the name of the Father and of the Son and of the Holy Spirit' is an instruction that is still being carried on today. Those precise words are used by the priest at every baptism. They are also the words used in the sign of the cross – whether that is a personal, private blessing of oneself or a blessing of a group as in the introductory and dismissal rites as part of a Eucharistic celebration. When we make the sign of the cross we use the words of Jesus.

LECTIONARY ART AND REFLECTION

by Jenny Close

Jesus says that he will be with us always. 'Always' is



an interesting way of putting it because it can mean 'in every way' and it can mean 'in every moment'. If we are attentive, signs of God become apparent

everywhere we look and whenever we look for them. Sometimes God-sign is tangible; but at other times it is as subtle as a whisper or a reflected colour.

Prayer Requests

RECENTLY DECEASED: Joyce Sweeney, Sr Janet Ryan OP, William Mahoney

ANNIVERSARIES: Joyce Winder, Anna Cesta, James Kennedy

SICK: John Cavenagh, Greg Radecki, Grahame Chegwiddden

Names may be placed here by contacting the Parish Office. Please refer to the Policy Document on the Parish website—visit

NEXT WEEK'S READINGS:

Sunday 6th June

The Most Holy Body and Blood of Christ, Year B
Ex 24:3-8, Hev 9:11-15, Mk 14:12-16, 22-26

REFLECTION

Fr. Antony Kadavil

Importance in Christian life: 1) All prayers in the Church begin in the Name of the Holy Trinity and end glorifying the Trinity. 2) All Sacraments are administered (we are baptized, confirmed, anointed, our sins are forgiven, and our marriage blessed, and our Bishops, priests and deacons ordained) in the name of the Holy Trinity. 3) Where Church bells ring thrice daily, they remind us to pray to the Holy Trinity. 4) We bless ourselves, and the priest blesses us, in the name of the Holy Trinity.

The mystery of the most Holy Trinity is a basic doctrine of Faith in Christianity, understandable not with our heads but with our hearts. It teaches us that there are three distinct Persons in one God, sharing the same Divine Nature. Our mind cannot grasp this doctrine which teaches that $1+1+1 = 1$ and not 3. But we believe in this Mystery because Jesus who is God taught it clearly, the Evangelists recorded it, the Fathers of the Church tried to explain it and the Councils of Nicaea and Constantinople defined it as a dogma of Christian Faith.

There is a very old and much-repeated story about St. Augustine, one of the intellectual giants of the Church. He was walking by the seashore one day, attempting to conceive of an intelligible explanation for the mystery of the Trinity. As he walked along, he saw a small boy on the beach, pouring seawater from a shell into a small hole in the sand. "What are you doing, my child?" asked Augustine. "I am trying to empty the sea into this hole," the boy answered with an innocent smile. "But that is impossible, my dear child," said Augustine. The boy stood up, looked straight into the eyes of Augustine and replied, "What you are trying to do - comprehend the immensity of God with your small head - is even more impossible." Then he vanished. The child was an angel sent by God to teach Augustine a lesson. Later, Augustine wrote: "You see the Trinity if you see love." According to him, the Father is the lover, the Son is the loved one and the Holy Spirit is the personification of the very act of loving. This means that we can understand something of the Mystery of the Holy Trinity more readily with the heart than with our feeble mind. Evagrius of Pontus, a Greek monk of the 4th century who came from what is now Turkey in Asia and later lived out his vocation in Egypt, said: "God cannot be grasped by the mind. If God could be grasped, God would not be God."

Today's feast invites us to live in the awareness of the

presence of the Triune God within us: The Father, the Son and the Holy Spirit. The mystery of the Holy Trinity, a doctrine enunciated by the ecumenical councils of Nicaea and Constantinople, is one of the fundamental doctrines of Christianity and the greatest mystery of our Faith, namely, that there are Three Divine Persons, sharing the same Divine nature in one God. "There is one God, who has three Persons, Father, Son and Holy Spirit. Each Person is God, yet there is still only one God" (CCC #234, #253-256). We have Father Who is the Creator, Son, the Redeemer and Holy Spirit, the Sanctifier and the Counselor. The doctrine of Three Persons in one God, equal in Divinity yet distinct in Person, is not explicitly spelt out in the Bible. Even the very word "Trinity" is not found in the Bible. But the doctrine of the Trinity underlies all major Christian feasts, including Christmas, the Epiphany, Good Friday, Easter, the Ascension and Pentecost. All the official prayers of the Church, including the Holy Mass and the Sacraments, begin with an address to the Holy Trinity: "*In the Name of the Father and of the Son and of the Holy Spirit.*" We are baptized, absolved of our sins and anointed in the name of the Blessed Trinity. Throughout the world, where church bells ring three times a day they invite Christians to pray to God the Father (the Provider); God the Son (the Savior); and God the Holy Spirit (the Sanctifier). We bless ourselves with the Sign of the Cross invoking the Name of the Father, Son and Holy Spirit and we conclude our prayers glorifying the Holy Trinity, saying "*Glory be to the Father and to the Son and to the Holy Spirit.*"



St Patrick used the shamrock to illustrate the Trinity.

TODAY'S CHUCKLES

A stranger approached the priest after Mass and said, "I'd like you to pray for my hearing."

The priest placed his hands on the man's ears and said a passionate, earnest prayer.

"How's your hearing now?" the priest asked. Looking surprised, the man said, "Well, it's not until tomorrow."

Q: Did all the animals on the ark come in pairs?

A: No the worms came in apples.

IMPORTANT NOTICE REGARDING PLANNED GIVING TAX RECEIPTS

Parishioners who require a tax receipt for Planned Giving for the 2020/2021 financial year must notify the Parish Office by 30 June 2021.

Please notify by one of the following methods:

Email to newcparish@mn.catholic.org.au - Use the wording, *"Please provide me with a Planned Giving tax receipt"* and include your name and envelope number.

Phone: Call the Parish Office on 4979 1101.

Tax receipt data will be processed on 30 June 2021 and requests must be made by that date.

No subsequent amendments are possible. Any requests received after 30 June 2021 will result in parishioners not receiving a tax receipt. In turn, they will not be able to claim a tax deduction. If you do not require a tax receipt for tax purposes, it is preferable not to request one, as this will enhance the tax deductibility for those who do use the tax receipt. If you do not submit a tax return (and therefore do not require a tax receipt), we can provide you with written confirmation of your contribution total. You can request this by emailing or by phoning the parish office.

Please note that due to limitations imposed by Section 83C of the NSW Education Act, letters relating to a School Building Levy (DFSBL) reduction can no longer be offered by the Parish.

RETURN OF SOUTHERN CROSS HALL HOUSIE

5				49		63	75	80
		28	34		52	66	77	
6	11				59	69		82

The Sacred Heart Housie returned on Thursday, May 27. COVID restrictions apply. Once we meet maximum capacity for allowable numbers, access will be closed. There will be no pre-registration, it will simply be a "first come best dressed situation". Doors will open at 5pm for check in. Please be mindful of social distancing when attending. Any enquiries, please email jade.simensen@mn.catholic.org

COVID-19-RELATED INFORMATION

Maximum Number of Persons in Churches

Under the current Public Health Order, the limit on the number of persons who can be present in a church is now calculated by allowing 2 square metres per person within the building.

In our Region, those limits are:

Sacred Heart Cathedral	221
St Mary's, Newcastle	108
St Joseph's, The Junction	200
Mary Immaculate, Tighes Hill	110
St Laurence O'Toole, Broadmeadow	110
St Peter-in-Chains, Stockton	140
Christ the King, Mayfield West	140

The limit applies to all Masses and other liturgical celebrations, such as weddings and funerals.

Provision of Contact Details

The Public Health Order requires the collection of contact details for those who attend any liturgical celebration in a church (e.g. Mass, weddings, funerals, Baptisms, etc.).

The contact details that are required are defined as a) name, b) phone number or email address, and c) the time of arrival. These details must be recorded for each attendee.

Attendees are able to use the Service NSW QR Code to provide their details—just like many other places—using the Service NSW app on your phone, or via a QR Code reader. A Contact Details Form will be provided at the door to permit the collection of these details.

General Requirements

The requirements regarding cleaning, observing physical distancing, etc. remain in place for the time being, as does the requirement to refrain from physical acts of devotion that involve touching or kissing icons or statues.

Liturgical rituals have been adapted, and will continue to be adapted, in order to ensure the health and safety of all parishioners and visitors to our churches. We ask those who are particularly at risk – the elderly, those with compromised health, those who are sick – to refrain from returning to Mass for the sake of their own health. The dispensation from the obligation to attend Sunday Mass given by the Bishop remains in place in these circumstances.

Requirements for Attending Mass

There is no need to register in advance to attend regular Mass. If you wish to return to Mass, you are at liberty to do so, though capacity limits will need to be observed at all Masses.

There is no other god than our God

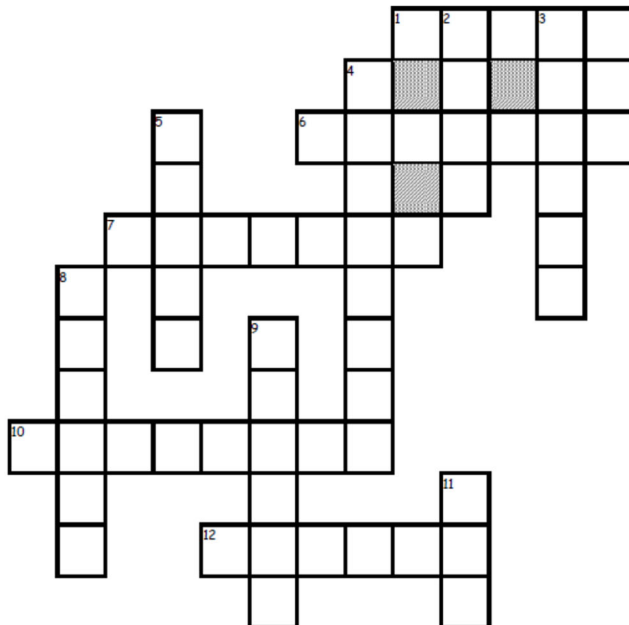
M L A V K P F F O R E V E R Y L V
S Y A N F S Q M O U N T A I N H H
C O T U E K P W Z A X G D Y L N F
F Q F E X N Y T M V I K V H J Q B
L B N T M E A O E V X H V C J Z O
J J N P B H S T T L Q N I A V Q E
Z Z E O H E D P I J E V Y E R L S
U Q R X S N W I U O S V B T A L D
Y G D P N Z R G G U N R E H T A F
D I L A Z K T T J C O S G N T I Z
T O I M Y G F C T I K E S Q I Q C
G J H O K L G E U Z J I N Q Y I M
A U C V Z W G L Q U R E Z W I G P
X C E E H R E I L W V U P W A B O
Z S F Z O T S M H A H F N Z A O G
G W V F W D J Y E M R M D V V Y I
R X Z E E U W H D N E C D U V V D

Try to find these words:

- children
- eleven
- end
- Father
- forever
- forget
- heaven
- Moses
- mountain
- nations
- obey
- teach

CROSSWORD

There is no other god than our God



Across

- 1: this man told the people that God rules heaven and earth, and there is no other god
- 6: always
- 7: Jesus told his disciples to go to the people of all _____
- 10: those who are led by God's Spirit are his _____
- 12: Jesus said, 'I have been given all authority in _____ and on earth'

Down

- 2: to do as you are told
- 3: this many disciples met Jesus on the mountain
- 4: the disciples met Jesus on a _____ in Galilee
- 5: a teacher's job is to do this
- 8: we call God our _____
- 9: to not remember something is to _____ it
- 11: the opposite of beginning