



Sacred Heart of Jesus Cathedral

DIOCESE OF MAITLAND-NEWCASTLE

SUNDAY 14TH FEBRUARY 2021 6TH SUNDAY IN ORDINARY TIME, YEAR B

Sacred Heart Cathedral is the Cathedral Church of the Diocese of Maitland-Newcastle, a church of St Benedict's Parish, Inner Newcastle, and part of the City Pastoral Region.

Our People

Fr Andrew Doohan VG (*Rector of the Cathedral*)

Email: rector@sacredhearthamilton.org.au

Dr Anne Millard (*Director of Music*)

Our Social Media

Website: www.sacredhearthamilton.org.au

Facebook: @SHCHamilton

Twitter: @HeartHamilton

YouTube: SacredHeartCathedralHamilton

Our Bulletin Our Bulletin is published weekly, and is also posted on our website each Saturday.

Please submit any prayer requests or items for inclusion in the Bulletin via the Office by Noon on Wednesdays.

Our Office—St Benedict's Centre

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Margaret Cox (*Reception & Administration*)

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Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples.

We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.



CATHEDRAL DIARY...(for the week ahead)

Sixth Week of Ordinary Time

Monday—15 February

8:15am Mass

Tuesday—16 February

8:15am Mass

Wednesday—17 February

Ash Wednesday

8:15am Mass

12noon Mass

Thursday—18 February

8:15am Mass

Friday—19 February

11am Adoration of the Blessed Sacrament

11am Reconciliation (until midday)

12:05pm Mass

Saturday—20 February

8.50am Rosary

9.15am Mass, followed by Novena to Our Lady of Perpetual Help, and then Reconciliation until 11am

5:30pm Vigil Mass

Sunday—21 February

First Sunday of Lent

9:30am Mass (Live streamed)

11:30am Polish Mass

5pm Mass

**PLEASE ENSURE THAT YOU ARE EXERCISING
SOCIAL DISTANCING
BEFORE, DURING AND AFTER MASS**

LIVE-STREAMING NOTICE

The 9.30am Mass from Sacred Heart Cathedral is live-streamed (and recorded) each week. The camera is located under the choir loft and faces towards the sanctuary, though it can be directed to various parts of the Cathedral if needed.

Parishioners should be aware that they may be filmed during the celebration of the 9.30am Mass. This filming will mostly capture their image from behind. We cannot guarantee, however, that their faces will not be featured on the live-stream or recording, particularly the case during the Communion Procession. The live-stream will make use of multiple camera angles to minimise the identification of individuals as much as possible, but this will not eliminate the possibility of being filmed.

Parishioners with concerns about being filmed or recorded should speak with the Cathedral's Rector in the first instance.

PARISH NOTICES

PRAYING THE SUNDAY GOSPEL: Parishioners in the City Pastoral Region are invited to connect and pray with each other from your own home. God speaks to us through the words of the Gospel and then through artist's images of the Gospel message. Each Wednesday 5.00-5.45pm.

You and your friends are welcome to join via the internet: <https://mncatholic.zoom.us/j/96144217758>
Password: pray

RCIA RITE OF ELECTION

The Diocesan Rite of Christian Initiation of Adults (RCIA) team advises that this year's Rite of Election at Sacred Heart Cathedral, Newcastle West will be held on **Sunday 20th February at 2.30pm**. All Clergy, RCIA participants and their families, Parish RCIA ministers, Parishioners and other interested persons are welcome to attend. Please RSVP to sharon.murphy@mn.catholic.org.au or P 4979 1134

ST BENEDICT'S PARISH BOOKCLUB

Will meet Sunday 7th March at 6PM to discuss *Infinite Splendours* by Sofie Laguna. If you would like to participate in book club meetings, please email newcparish@mn.catholic.org.au

THE PARISH LUNCHEON: will be held on Monday 15th February at 12.30pm in the Victor Peters Suite. Please join friends for this celebration of what will be our first luncheon for this year. We are looking forward to more opportunities to catch up throughout year. For more information, please contact Maureen 0412 673151

LIVING THE GOSPEL

Who is your leper?

There is a story of Francis of Assisi in which he encountered a horribly disfigured leper. Initially, Francis was repulsed by the man but remembered that this man too was a child of God and made in the image and likeness of God. Overcoming his fears, Francis ran forward and embraced the man. Rather than seeing the disease, Francis saw the person. We can ask the question, Who is your leper? Who is the person in your life that you need to embrace rather than reject? Who would benefit from you viewing them with different eyes? Soft eyes! Eyes of compassion!

SACRAMENTAL PROGRAM ENROLLING NOW

In the Diocese of Maitland-Newcastle the Sacraments of Initiation for children are administered according to the diocesan policy 'Becoming Disciples'.

Baptism is the first sacrament of Christian Initiation. In baptism we are made one with Christ and a member of the Church. We are claimed by Christ when we are marked with the sign of the cross and joined to Christ as we are baptised with water – in the name of the Father, the Son and of the Holy Spirit.

We are anointed with oil, clothed in our baptismal garment and given our baptismal candle. All these actions are signs that we have committed ourselves to the life-long journey of putting on Christ and making the mind of Christ our own.

Confirmation is the second Sacrament of Christian Initiation. The Bishop, as leader of the diocesan Church community (or his delegate) administers confirmation. Through the Laying on of Hands and Anointing with Chrism our baptismal commitment is confirmed. Through the gifts of the Holy Spirit – wisdom and understanding, counsel and fortitude, knowledge, piety and fear of the Lord – we are strengthened to live more truly and responsibly as disciples of Jesus and members of the Church committed to pursuing the mission of Jesus today.

The process of Christian Initiation is completed when the person comes to the table to receive communion for the first time.

SIGNS AND SACRAMENT

As human beings, we live our lives within a vast network of signs and symbols. Every word we speak, every gesture we make, every letter we read or voice we hear is a sign or symbol, designed to communicate, to express a message.

When people gather together, they invariably do something of a symbolic nature: celebrate an anniversary or a birthday, a wedding or a funeral. Religious rituals, or liturgies, belong to this same form of human ritual celebration.

The religions of the world bear testimony to many types of rituals: water rituals and rituals of initiation, ritual meals, and ritual sacrifices, atonement and healing rituals, marriage, funeral and ordination rituals. But only Christians call these Sacraments.

In the Catholic tradition, these formal ritual celebrations, or sacraments are messages of God's love and presence at different stages of our lives.

They are called: Baptism, Confirmation, Eucharist, Reconciliation (or Penance - formerly referred to as Confession), Anointing of the Sick, Holy Orders and Matrimony (Marriage).

In the years leading up to the Second Vatican Council, (1962-65) theologians reminded us that both Christ and the Church are the two basic sacraments from which all other Christian sacraments flow. Jesus Christ is the clearest sign and sacrament of God's saving presence in the world, and the members of the Christian Community, the Church, are meant to act as 'the face of Christ' to that same world.

OUR SACRAMENTAL PROCESS

The Parish hosts a family-based and Parish-supported sacramental program for the children of our Parish, in conjunction with parents, who are the first educators of their children in the faith. We undertake the formation and education of children to receive the Sacraments of Reconciliation (Penance, formerly known as Confession), Confirmation, and First Communion.

The Parish works with parents to help them educate their children in the faith. In this, we are supported by the Principals and teachers in our four Primary Schools, together with our Parish Catechists who teach Special Religious Education in local State Schools.

This year, in trying to cope with COVID, preparation for the sacraments is fully online. While we understand this change may require some adjustment, we feel it's very important to keep everyone safe. The ceremonies wherein the children receive the three sacraments will, of course, be in person and not online.

The first step towards involving your child in the sacramental process is to register your interest by completing the online form:

<http://www.newcastlecatholic.org.au/sacramental-enrolment-form/> or contacting the Parish Office on 4979 1101. Once you enrol, you will receive an information packet, which will then assist you to log into MOODLE, wherein you will find all the information about the program, and sign up forms for the ceremonies. Support is available for parents during this program 7 days per week.

If you registered for the 2020 Program your enrolment will be carried forward and you will be contacted in the next week.

The program will officially commence on March 1st. If you would like to be part of the program, please enrol prior to Feb 28.

JESUS OUTCAST FOR US

by Fr Michael Tate

Lepers were social outcasts forced to live 'outside the camp', outside the villages and towns, outside where nobody lived.

This was the true horror and misery of their disease. They were cut off and isolated from human contact, calling out 'Unclean, Unclean!'

They could neither enjoy human company nor join in communal worship at synagogue or Temple.

Into this situation, Jesus comes on to the scene. A leper appeals to Him to be cured.

Breaking all the taboos, Jesus reaches out and touches the leper. This cures the skin disease. More importantly, this heals the man. What divided him from human society is overcome. He can return to the town, enjoy companionship, and worship God in the local synagogue.

I have said that the leper had to eke out an existence outside his village or town.

How does our gospel passage conclude? 'Jesus . . . had to stay outside in places where nobody lived.' *Jesus had* to stay outside in places where nobody lived!

Jesus has changed places with the leper!

Of course, Jesus had not contracted the disease but he had broken the Jewish law which forbade touching a leper. That was enough to put him on the outer with the villages and towns of Galilee. Jesus willingly changed places with the leper.

This incident prefigures the deepest mystery and scandal of the Gospel.

When we are alienated, cut off, at a distance from other people or God because of some deliberate wrongdoing on our part, or because of our failure to act with courage or compassion in some situation, that is when we have sinned and have the sense of being 'on the outside' with God.

Our Lord and Saviour willingly takes our place. Where did Jesus end up?

On the hill of Calvary. And where is Mt Calvary?

Outside the city, *outside* the city walls of Jerusalem in a desolate place where nobody lived.

On that hill, Jesus experienced all the alienation, all the sense of distance from the Father, all the 'outsider' status which comes from sin, sin committed by anyone, anywhere, at any time, in human history.

He willingly took it all into his own body and human psyche. So much so that he cried out: 'My God, my God, why have you abandoned me?'

That is the extent, that is the measure, that is the limitless measure to which the Son of God was prepared to go.

He took our place *outside* the awareness of the loving presence of His Heavenly Father.

Why? So that we can live without the dis-locating consequences of sin. So that we might be located in the *right* place, *insiders* with God.

At every Mass, we are in the right place. Here we can call out with the leper, appealing to Jesus to heal us. And Our Lord will reach out and touch us so that we are healed. © Fr Michael Tate, www.liturgyhelp.com.au

NEXT WEEK'S READINGS



ASH WEDNESDAY

Joel 2:12-18; 2 Cor 5:20-6:2;
Mt 6:1-6, 16-18

FIRST SUNDAY IN LENT, YEAR B

Gen 9:8-15/1; Peter 3:18-22; Mk 1:12-15

Weekday and Sunday readings can be found at
www.usccb.org

BUILDING THE KINGDOM OF GOD TOGETHER, OUR JOURNEY:

Diocesan Contemplative Dialogue Reflection Program during Lent. From Lent until Pentecost the people of the diocese are invited to engage in the process of contemplative dialogue, to discern more fully the framework for considering 'Building the Kingdom of God Together, Our Journey' in our diocese.

The purpose of the diocesan reflections during Lent (17 February – 31 March) is to enable all members of the diocesan community to respond to the papers developed by the Synod Working Party. Synod delegates will be facilitating the Contemplative Dialogue Reflection Program throughout Lent in Parishes, schools and online.

For those wanting to connect with this program online, you are invited to register on a weekly basis for the session that best suits your availability.

To register for each session throughout Lent go to,
<https://www.eventbrite.com.au/e/diocesan-lenten-reflection-groups-registration-136552114049>

For more information go to:

<https://www.domnsynod.com.au/get-involved/lent-2021-reflecting-together/>

To join our parish group—see Anne after Mass.

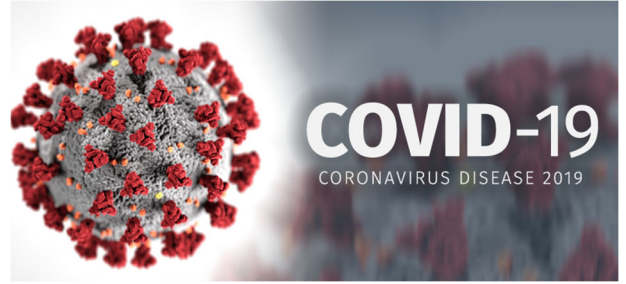
WHO IS ST VALENTINE?

The Roman Catholic Church recognizes St. Valentine as a saint of the church, but he was removed from the General Roman Calendar in 1969 because of the lack of reliable information about him. Indeed, three different St. Valentines are cited in the early martyrologies, all sharing Feb. 14 as feast day. Unfortunately, the historical record is sparse. The first St. Valentine was a priest and physician in Rome. He comforted martyrs during the persecution of Emperor Claudius II, the Goth. St. Valentine was eventually arrested, condemned to death for his faith, beaten with clubs, and finally beheaded on Feb. 14, AD 270. The second St. Valentine was the Bishop of Interamna. He too was arrested, scourged, and decapitated, again suffering persecution during the time of Emperor Claudius II. The third St. Valentine suffered martyrdom in Africa. However, nothing further is known about this saint. In all, these men, each named St. Valentine, showed heroic love for the Lord and His Church.

The popular customs of showing love and affection on St. Valentine's Day is almost a coincidence with the feast day of the saint: During the Medieval Age, a common belief in England and France was that birds began to pair on Feb. 14, "half-way through the second month of the year." Chaucer wrote in his "Parliament of Foules": "For this was on Seynt Valentyne's day, When every foul cometh ther to choose his mate." For this reason, the day was dedicated to "lovers" and prompted the sending of letters, gifts, or other signs of affection.

While the exchange of "valentines" is more the result of secular custom rather than the memory of St. Valentine, and that the celebration has been further paganized with cupids and the like, there is a worthy Christian message. The love of our Lord, depicted beautifully in the image of His most Sacred Heart, is a sacrificial, self-less, and unconditional love. Such is the love that each Christian is called to express in his own life, for God and neighbour. Clearly, each St. Valentine no matter such a love, bearing witness to the faith in his dedication as a priest and in the offering of his own life in martyrdom. On this Valentine's day, looking to the example of this great saint, we all should offer love to the Lord, for only by doing so can we properly love our neighbour. Perhaps today we could pledge love to those we care for, praying for their intentions, promising fidelity to them, and thanking them for their love in return. As Jesus said, "This is my commandment: love one another as I have loved you. There is no greater love than this: to lay down one's life for one's friends" (Jn 15:12-13). St. Valentine fulfilled this command, and may we do the same.

COVID-19-RELATED INFORMATION



Maximum Number of Persons in Cathedral

Under the current Public Health Order, the limit on the number of persons who can be present in a church is now calculated by allowing 2 square metres per person within the building (with no upper limit).

In the Cathedral, that limit is **221 persons**.

The limit applies to all Masses and other liturgical celebrations.

Provision of Contact Details

The Public Health Order requires the collection of contact details for those who attend any liturgical celebration in a church (e.g. Mass, weddings, funerals, Baptisms, etc.).

Every person must provide their contact details or have them provided by someone else (i.e. a parent for a child, a wife for a husband, etc.).

The contact details that are required are defined as a) name, b) phone number or email address, and c) the time of arrival.

NB: It is important that you write your FULL name, and print clearly so that it can be easily read by someone from outside the Parish (if necessary).

A Contact Details Form will be provided at the door to permit the collection of these details. It is also possible to use your mobile phone with either the Service NSW QR Code or the third-party QR Code which are accessible via the posters at the doors.

NB: With the recent upgrades to the Service NSW QR Code, the Cathedral will cease the use of the third-party QR Code at the end of January.

General Requirements

While in the Cathedral, you must observe physical distancing, refrain from physical acts of devotion, avoid unnecessary contact with other parishioners, and not gather with others unnecessarily.

We ask those who are particularly at risk – the elderly, those with compromised health, those who are sick – to refrain from returning to Mass for the sake of their own health. The dispensation from the obligation to attend Sunday Mass given by the Bishop remains in place in these circumstances.

TODAY'S LITURGY

GATHERING CHANT

SUNG BY CANTORS:

Be unto me a protecting God
And a house of refuge, to save me;
For you are my support and my refuge;
And for the sake of your name you will lead me and
nourish me.

SIDE A:

In you, O LORD, I take refuge
Let me never be put to shame
In your justice, set me free;
Incline your ear to me, and speedily rescue me.

SIDE B:

Release me from the snare they have hidden,
For you indeed are my refuge.
Into your hands I commend my spirit.
You will redeem me, O LORD, O faithful God.
You detest those who serve empty idols.
As for me, I trust in the LORD.

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GLORIA

***Glory to God in the highest,
and on earth peace to people of good will.***

We praise You. We bless You. We adore you.
We glorify You.

We give You thanks for Your great glory.
Lord God, heavenly King, O God almighty Father.

Lord Jesus Christ, Only-begotten Son.
Lord God, Lamb of God, Son of the Father:
you take away the sins of the world,
have mercy on us.

You take away the sins of the world,
receive our prayer.
You are seated at the right hand of the Father,
have mercy on us.

For you alone are the holy one. You alone are the
Lord. You alone, are the most high Jesus Christ.
With the Holy Spirit, in the glory of God the Father.

LITURGY OF THE WORD

FIRST READING: Leviticus 13: 1-2, 44-46

*As long as he is unclean, he must live alone, outside
the camp.*

We pause for silent reflection.

RESPONSORIAL PSALM 31: 1-2, 5, 11

**I turn to you, Lord, in time of trouble, and you fill
me with the joy of salvation.**

Blessed is he whose transgression is forgiven,
whose sin is remitted.
Blessed the man to whom the LORD imputes no guilt,
in whose spirit is no guile.

To you I have acknowledged my sin;
my guilt I did not hide.
I said, "I will confess my transgression to the LORD."
And you have forgiven the guilt of my sin.

Rejoice in the LORD; exult, you just!
Ring out your joy, all you upright of heart!

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SECOND READING: 1 Corinthians 10: 31-11:1

Be imitators of me, as I am of Christ.

We pause for silent reflection.

GOSPEL ACCLAMATION

Alleluia, alleluia, alleluia!

*A great prophet has appeared among us; God has
visited his people.*

Alleluia, alleluia, alleluia!

GOSPEL Mark 1: 40-45

The leprosy left him and he was cured.

We pause for silent reflection.

THE NICENE CREED

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation he came down
from heaven, and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with
the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

APOSTLES' CREED

I believe in God, the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into Hell;
on the third day He rose again from the dead;
He ascended into Heaven,
and is seated at the right hand of God, the Father
almighty; from there He shall come to judge the living
and the dead.
I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body and life everlasting. Amen

LITURGY OF THE EUCHARIST

PREPARATION OF GIFTS

A TRUSTING PSALM Kevin Bates

SPOKEN: *Lord, let your mercy be on us
as we place our trust in you.*

Sung by Cantors:

The word of the Lord is faithfulness and love.
This love can never be measured.

God's beauty is like nothing we have ever seen,
so let us place our trust in God.

The word of the Lord means a patient, gentle God.
Whose love can never grow weary.
God's mercy is as though our sins have never been,
if we can place our trust in God.

The word of the Lord is fire burning strong.
and love that never grows weary.
God will seek and save the lost until we all return,
so let us place our trust in God.

Text: Psalm 33 K Bates Tune Kevin Bates b 1946 Kevin Bates arr by Alister Spence

MEMORIAL ACCLAMATION A

When we eat this Bread and drink this Cup,
We proclaim your Death, O Lord,
until you come again.

COMMUNION HYMNS

O HEALING LIGHT OF CHRIST Carey Landry
*O healing light of Christ, transform us,
Life-giving source of hope.
O healing light of Christ, transform us,
Heal your people, Christ our light.*

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RECESSIONAL MUSIC

ASH WEDNESDAY ACROSS THE PARISH

Ash Wednesday is 17th February. Mass times are as
follows:

8:15am Mass @ The Cathedral
9:00am Mass @ Mayfield West
9:15am Mass @ Tighes Hill
9:30am Mass @ The Junction
12:00pm Mass @ The Cathedral
5:30pm Mass @ Broadmeadow

Please join your fellow parishioners as we enter into
this time of prayer, self-denial, and helping others as
part of our preparation for the celebration of the
Resurrection at Easter.



**IN YOUR CHARITY,
PLEASE REMEMBER IN
YOUR PRAYERS:**

RECENTLY DECEASED: Marie Knott, Jackie Baita, Amy
Marie Smith, Sr Therese Lawler rsm, Annie Cronin.

ANNIVERSARIES: Margaret Watt, Sr Cecily Coaldrake
rsm, Rodney Wright, Anthony Norris, Elizabeth Stott,
Neville Burley, Joan Cubis, Jose Chia Uy, Consolation
Dagpin Uy, Herminio Dagpin Uy

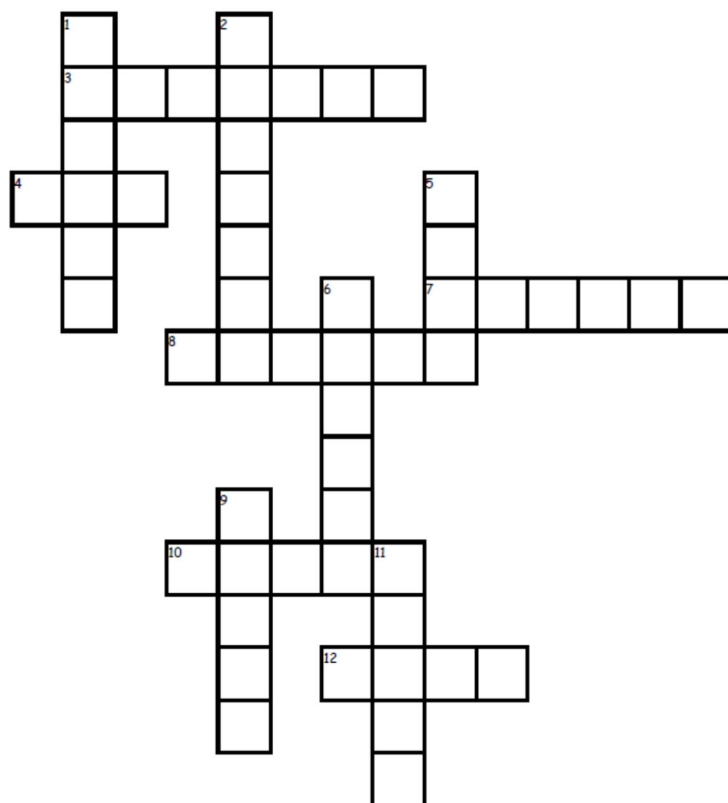
SICK: Tom Towers

*Names may be placed here by contacting the Parish Office. Please
refer to the Policy Document on the Parish website—visit
www.newcastlecatholic.org.au/downloads.*

CROSSWORD

Do everything to honour God

1 Cor 10:31-11:1
Ps 32:1, 5ab, 11, R. v.7a
Mk 1:40-45



Across

- 3: Jesus healed a man with this disease
4: you do this when you are hungry
7: Paul says we must _____ Christ's example
8: the man was told to go and show this person that he was well
10: a person from Greece is called this
12: the man was asked not to _____ anyone that Jesus healed his leprosy

Down

- 1: to make someone happy
2: the opposite of sister
5: a present
6: Jesus told the man to take a gift to this place
9: what you need when you are thirsty
11: to get down on your knees

6th Sunday in Ordinary Time, Year B

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SENIOR WORDSEARCH

Do everything to honour God

1 Cor 10:31-11:1
Ps 32:1, 5ab, 11, R. v.7a
Mk 1:40-45

T S E I R P T T D Y N T Y H T I B
Q A T S I P E V G X N I F M H O A
G S H B X C M M J Z P N H T X K V
N O C E L C P L E E N K S R E K E
G W W D R F L B I U E Q A E Q G K
Q J O I V S E V O E F K R H M L U
A K X L Q Z N B W G J G N Q E U E
H S G E L X G U V P K N N P Y T X
Q Q P L E O T O K Z B V R Z V D L
B X D X L I F P R D U O U K T P O
E K A X Y U C R W O S E S A E L P
S B C J W W Y X L Y M K P D Z L H
I R E H T O R B G T I F N H L E H
X Z D T G D I I A B Z I F I R T E
E P V U J R F E G T C C Q Y R A O
I K X C R T P A S J Y P J J E D O

Try to find these words:

brother
drink
eat
follow
gift
Greek
kneel
leprosy
please
priest
tell
temple

6th Sunday in Ordinary Time, Year B

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