



Sacred Heart of Jesus Cathedral

DIOCESE OF MAITLAND-NEWCASTLE

SUNDAY 13TH DECEMBER 2020 THIRD SUNDAY OF ADVENT, YEAR B

Sacred Heart Cathedral is the Cathedral Church of the Diocese of Maitland-Newcastle, a church of St Benedict's Parish, Inner Newcastle, and part of the City Pastoral Region.

Our People

Fr Andrew Doohan VG (*Rector of the Cathedral*)
Email: rector@sacredhearthamilton.org.au
Dr Anne Millard (*Director of Music*)

Our Social Media

Website: www.sacredhearthamilton.org.au
Facebook: @SHCHamilton
Twitter: @HeartHamilton
YouTube: SacredHeartCathedralHamilton

Our Bulletin Our Bulletin is published weekly, and is also posted on our website each Saturday. Please submit any prayer requests or items for inclusion in the Bulletin via the Office by Noon on Wednesdays.

Our Office—St Benedict's Centre

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Office Staff

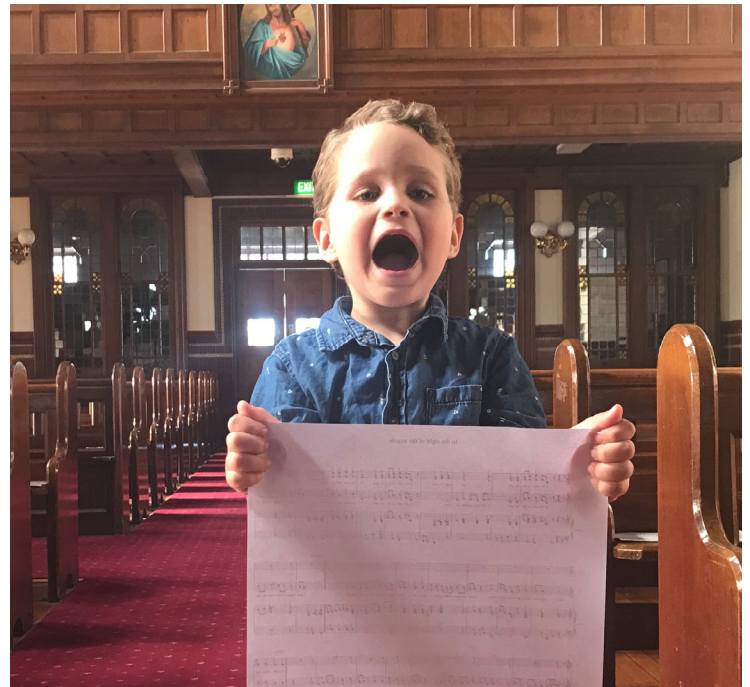
Margaret Cox (*Reception & Administration*)
Debbie Ryan (*Reception & Administration*)
Anne Warren (*Business Manager—Interim*)

Sacred Heart Cathedral sits on the traditional country of the Awabakal and Worimi peoples.



We acknowledge their cultural heritage, beliefs and their continuing relationship with the land, pay respect to their Elders past, present and future, and commit ourselves to working together for reconciliation and justice.

WE ARE ALLOWED TO SING!!!



Rejoice always,
Pray without ceasing,
In everything *Give Thanks*;
For this is the will of
God in Christ Jesus
for you.
1 Thessalonians 5:16-18

CATHEDRAL DIARY...(for the week ahead)

Third Week of Advent

Monday—14 December

Memorial of St John of the Cross

8:15am Mass

Tuesday—15 December

8:15am Mass

Wednesday—16 December

8:15am Mass

Thursday—17 December

8:15am Mass

6pm Choir Practice @ The Cathedral

Friday—18 December

11am Exposition (until 12pm)

11am Reconciliation

12:05pm Mass

Saturday—19 December

10am Reconciliation

5:30pm Vigil Mass

Sunday—20 December

Fourth Sunday of Advent

9:30am Mass

Live streamed via the Cathedral's YouTube channel

11:30am Polish Mass

5pm Mass

PARISH NOTICES

PRAYING THE GOSPELS THROUGH ADVENT: Parishioners in the City Pastoral Region and across the Diocese are invited to connect and pray with each other from your own home. God speaks to us through the words of the Gospel and through artist's images of the Gospel message. Each Wednesday 5—5.45pm. You and your friends are welcome to join via the internet:

<https://mncatholic.zoom.us/j/92777151360>

Password: Prayer

BOOK CLUB meets at 6pm on Sunday 3 January to share our thoughts on the book, *The Thursday Murder Club*, by Richard Osman.

If you would like to participate in book club meetings, please send an email to the Regional Office, newcparish@mn.catholic.org.au

MISSION TO SEAFARERS: Christmas is fast approaching! Over the next couple of weeks, we'll be asking for donations of specific items to include in Christmas packs for seafarers.

To start with, we're collecting: 1,000 packs of razors, 1,000 bottles of shampoo, 1,000 bottles of conditioners.

Christmas is usually a difficult time for seafarers and this year seafarers are going to feel the separation from their families even more acutely.

Last year, with your help, we managed to supply 850 packs to seafarers far from home. However, this year, we hope to reach 1,000 seafarers.

LIVE-STREAMING NOTICE

The 9.30am Mass from Sacred Heart Cathedral is live-streamed (and recorded) each week. The camera is located under the choir loft and faces towards the sanctuary, though it can be directed to various parts of the Cathedral if needed.

Parishioners should be aware that they may be filmed during the celebration of the 9.30am Mass. This filming will mostly capture their image from behind. We cannot guarantee, however, that their faces will not be featured on the live-stream or recording, particularly the case during the Communion Procession. The live-stream will make use of multiple camera angles to minimise the identification of individuals as much as possible, but this will not eliminate the possibility of being filmed.

Parishioners with concerns about being filmed or recorded should speak with the Cathedral's Rector in the first instance.



CAROLS ACROSS THE HUNTER is a streaming event presented by Rhema FM. View on Facebook, Youtube or www.CarolsAcrossTheHunter.com.au beginning at **6pm on Saturday 19 December.**

The Sacred Heart Cathedral Choir will be performing as well as the newly formed **Sacred Heart Schola Cantorum. Don't miss it!!**

COVID-19-RELATED INFORMATION

Maximum Number of Persons in Cathedral

Under the current Public Health Order, the limit on the number of persons who can be present in a church is now calculated by allowing 2 square metres per person within the building (with no upper limit).

In the Cathedral, that limit is **221 persons**.

The limit applies to all Masses and other liturgical celebrations.

Provision of Contact Details

The Public Health Order requires the collection of contact details for those who attend any liturgical celebration in a church (e.g. Mass, weddings, funerals, Baptisms, etc.).

Every person must provide their contact details or have them provided by someone else (i.e. a parent for a child, a wife for a husband, etc.).

The contact details that are required are defined as a) name, b) phone number or email address, and c) the time of arrival.

NB: It is important that you write your FULL name, and print clearly so that it can be easily read by someone from outside the Parish (if necessary).

A Contact Details Form will be provided at the door to permit the collection of these details. It is also possible to use your mobile phone with either the Service NSW QR Code or the third-party QR Code which are accessible via the posters at the doors.

General Requirements

While in the Cathedral, you must observe physical distancing, refrain from physical acts of devotion, avoid unnecessary contact with other parishioners, and not gather with others unnecessarily.

We ask those who are particularly at risk – the elderly, those with compromised health, those who are sick – to refrain from returning to Mass for the sake of their own health. The dispensation from the obligation to attend Sunday Mass given by the Bishop remains in place in these circumstances.

PARISH OFFICE CHRISTMAS CLOSURE

The Parish Office will close at 5:00pm on 24 December and reopen at 9:00am on 4 January 2021. Phone calls to the Office will be checked regularly during the closure, and emails to the Parish email address will also be monitored.

We wish all a Happy, Holy and Safe Christmas and a bright beginning to 2021.

REACHING BEYOND 2020



People of all trades and professions are being requested by communities abroad seeking to build the capacity of their organisations and the skills of their people. Restrictions this year have made communities' needs acute, but your assistance will help to develop self-reliance and sustainable solutions to poverty. Palms Australia will provide you with thorough preparation to ensure your readiness as travel resumes, and support on assignment.

See www.palms.org.au, email palms@palms.org.au, or talk to Roger on 0431 995 058.



The Vinnies Christmas Appeal launches this weekend and you are asked to be as generous as possible to assist those who will struggle this Christmas.

The Society is also collecting goods for Christmas Hampers, over three Sundays—29 November, 6 December, and 13 December. While any contribution on any Sunday is very much appreciated, we are focusing on tinned goods and packet foods such as pasta and rice, followed by breakfast foods and finally sweets, treats and toiletries.

For more information and details about the importance of the survey, go to Liturgy Matters. To complete the survey go to: surveymonkey.com/r/mn-litrgy. If you do not have access to a computer or the internet, phone Sharon Murphy on 4979 1134 for a hard copy.

What liturgical growth needs fostering?

What suggestions do you have for our liturgical response in future crises?

What were the liturgical challenges and opportunities you experienced during COVID-19?

What liturgical insights and questions do you have as a result of your experience?

What did you find helpful? Unhelpful?

What could we let go of?

The Diocese of Maitland-Newcastle
COVID-19 Liturgy Reflections Survey is now live

Catholic Diocese of Maitland-Newcastle
www.mn.catholic.org.au

DOMN COVID-19 LITURGY REFLECTIONS SURVEY

Let your voice be heard! The DoMN COVID-19 Liturgy Reflections Survey is now live! This is an important opportunity to voice your liturgical insights and experiences during COVID-19.

If you do not have access to a computer, phone Sharon Murphy on 4979 1134 for a hard copy. Take the survey here: <https://www.surveymonkey.com/r/mn-litrgy>

SURVEY CLOSING 17 DECEMBER

WITNESS TO THE LIGHT

Fr Michael Tate

If I ask you 'Who are you?' and you simply answer with your first name, then I will probably be dissatisfied. I need to start to put you into a web of relationships to get an idea of who you are.

I might need your family name or some hint as to your place of birth.

So, when people came to see this strange man in the wilderness, living in dire poverty on the margins of society, if he had simply given his name 'John', that would have been woefully inadequate.

This Gospel immediately puts 'John' in relationship with another – that is how we are to understand who he is. This Gospel never calls him John the Baptist. No, he is John the Witness, 'a witness to speak for the Light'. Witness? Witness to what? To the Light.

Many religious traditions use light as a symbol. The sun is the most obvious, and in English, we play on the word at Easter, speaking of the Risen Son. Candles play a prominent part in most religions. They obviously indicate some power which can overcome the darkness, some power which can dispel even the shade of death.

But the opening of this Gospel, and John the Witness, prepare us for the revelation that this darkness-defeating power will turn out to be the 'One Who'. The One who is to come is declared to be 'the Light', the radiant Glory of God embodied for us and come to fulfil Isaiah's prophecy by liberating human beings from the many dark captivities which imprison them. John does not here identify who this 'One' is. Who is it who embodies the Light of Divine Glory?

We know because that Truth was made evident at the Transfiguration. The Body of Jesus Christ radiated a beautiful Divine Light. His body had the translucent glow of Divinity.

Can we become partakers in this Divine Light? The answer is 'Yes, by becoming children of the Light.'

This is wonderfully symbolised in baptism. During the baptism ceremony, a small candle is lit from the great candle lit at Easter, the Paschal Candle which represents Christ the Light of the World overcoming the darkness of death.

This symbolises the sacramental relationship of the newly baptised to Jesus Christ, the Light.

Just as John was who he was by his relationship to the one he called 'the Light', so too our lives should *witness* to that relationship, and that can be done in many ways.

First, by relating to those on the margins of society. Didn't Our Lord say, 'I was hungry, and you gave me food'. Every time we are generous in our compassion for another we are relating to Jesus Christ.

Second, sharing a meal is the most normal human way of relating. By sharing in the spiritual drink and heavenly bread at Mass, we are brought into a wonderful relationship with Jesus Christ, so wonderful we call it 'Holy Communion'.

These are some of the ways in which we can answer as to who we are by relating to Jesus Christ.

Advent invites us to keep focused on that relationship so that when the 25th of December comes, we relate to it not just as a holiday in the calendar, but as a Holy day which we call 'Christ-mass', Christmas.

On that day we celebrate the coming into human history of a vulnerable baby. We relate to that baby as Jesus the Christ, the Divine Light come into human history, *the* Light of the World.

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IN YOUR CHARITY, PLEASE PRAY FOR:

RECENTLY DECEASED: Catherine Horner, Francis Sleishman, Doreen Fox, Reggie Knight.

ANNIVERSARIES: Julia Kelly, Gladys Broad, Wallace Henry Humphries, Fr Harry Hughes.

SICK: Baby Oliver Robens, Beth Wooden, Kate Newsome.

Names may be placed here by contacting the Office. For more information, please refer to the Policy Document on the Cathedral website—visit www.sacredhearthamilton.org.au/resources

NEXT WEEK'S READINGS



4th Sunday of Advent

2 Samuel 7:1-5, 8-12, 14, 16

Romans 16:25-27

Luke 1:26-38

Weekday and Sunday readings can be found at www.usccb.org

CHRISTMAS @ SACRED HEART

The Celebration of the Nativity of the Lord (Christmas) is one of the highlights of the Christian year, and for very good reason.

Our celebrations in 2020, however, will look significantly different to what they have in the past because of the continuing presence of COVID-19 in our community. This presence requires the observing of a number of restrictions in the way we celebrate Christmas in the Cathedral, largely concerning the number of persons who will be able to attend.

The schedule of Christmas Masses in the Cathedral for 2020 will be:

Christmas Eve	5pm *
	7pm
	10pm (Polish)
Christmas Day	Midnight *
	7.30am
	9.30am *
	11.30am (Polish)

The Masses marked with an * will be live-streamed so that those unable to attend can join the worshipping assembly in a virtual fashion.

And now, the bad news.

Because of the restrictions on the number of persons who can be in the Cathedral, each of the Christmas Masses (apart from the two Polish language Masses) will need to be 'ticketed', i.e. you will need to register in advance in order to attend.

We regret the need to do this, but believe it is the only way to manage the situation efficiently and with some equity.

Registration will be via the Eventbrite website as this permits both the addition of extra spaces if public health orders change, and will also permit the easier collection of contact details of those attending.

Registration for Christmas Masses is available via the Eventbrite website (www.eventbrite.com.au) and entering the event number 127681140729 into the search function. For those without internet access, please contact Fr Andrew or the Regional Office (49791101) who will assist you.

In terms of registration, there are a few requests that I would make.

1. Please do not register to attend more than one Mass, as this will take up spaces that others might access. Please be considerate of your brothers and sisters.

2. Please do not register for more people than have confirmed will be attending as this too will take up spaces that others might access.
3. If you register, and subsequently determine that you are unable to attend, please let Fr Andrew know so that the space can be offered to another person.
4. Please do not assume that you can simply turn up on the evening and be admitted—only those with valid registrations will be permitted to enter the Cathedral. To do otherwise is simply unjust to those who have registered in advance.

One of the advantages of using the Eventbrite website to manage registrations is that the Eventbrite website allows for the creation of a 'waitlist' for each of the Masses so that if a space becomes available those seeking to attend a particular Mass can be contacted automatically.

I realise that the additional requirements necessary to attend Christmas Masses this year are burdensome, and I truly wish we had another option. We don't, however, and so I ask for your patience and cooperation as we seek to celebrate the Incarnation of Jesus Christ.

Fr Andrew

NEW YEAR'S DAY @ SACRED HEART

New Year's Day which is also celebrated by the Church as the Solemnity of Mary, the Holy Mother of God, will be celebrated with Mass at 9.30am.

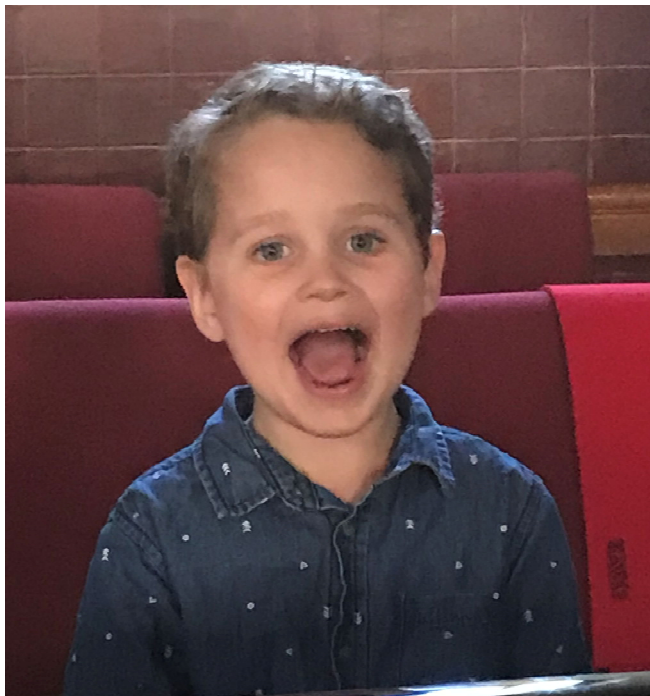
Please note that the usual celebration of Reconciliation, Adoration and Midday Mass will **not** take place on New Year's Day.

The logo for 'Advent reflection' is written in a blue, outlined, sans-serif font. 'Advent' is on the top line and 'reflection' is on the bottom line. The letter 'V' in 'reflection' is significantly larger and extends upwards, overlapping with the letter 't' in 'Advent'.

Visit the Cathedral (www.sacredhearthatilton.org.au) or Parish (www.newcastlecatholic.org.au) and sign up at the bottom of the homepage to receive a daily 'Advent Vreflection' straight to your email Inbox.

Every morning of Advent, Fr Andrew will post a fresh video reflection as part of the journey through Advent towards the celebration of Christmas.

TODAY'S LITURGY



Rejoice and be glad! Congregations are now allowed to sing. While masks are recommended, they are not mandatory. Try some gentle singing this week as we limber up for Christmas.

INTROIT:

Choir: Rejoice in the Lord always; again I say, rejoice. Let your forbearance be known to all men. The Lord is at hand. Do not be anxious over anything; but in all manner of prayer, let your requests be made known unto God.

Spoken by all: Lord, you have blessed your land, you have put an end to Jacob's captivity.

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end, Amen.

LITURGY OF THE WORD

FIRST READING: Is 61:1-2, 10-11

I exult for joy in the Lord.

We pause for silent reflection.

RESPONSORIAL PSALM: MARY'S SONG

My soul proclaims the Lord my God,
My spirit sings God's praise.
Who looks on me, and lifts me up,
That gladness fills my days.

All nations now will share my joy,
For gifts God has outpoured.
This lowly one has been made great,
I magnify the Lord.

For those who fear the Holy One,

God's mercy will not die.
Whose strong right arm
puts down the proud,
And lifts the lowly high.

God fills the hungry with good things,
and sends the rich away.

The promise made to Abraham
is filled to endless day.

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SECOND READING: 1 Thess 5:16-24

May you all be kept blameless, spirit, soul and body, for the coming of our Lord Jesus Christ.

We pause for silent reflection.

GOSPEL ACCLAMATION:

Alleluia, Alleluia, Alleluia, Alleluia

The Spirit of the Lord is upon me;
he sent me to bring Good News to the poor.

Alleluia, Alleluia, Alleluia, Alleluia

GOSPEL: John 1:6-8, 19-28

There stands among you, unknown to you, the one who is coming after me.

We pause for silent reflection.

THE NICENE CREED

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down
from heaven, and by the Holy Spirit was incarnate of
the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day in accordance with
the Scriptures.

He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified,

who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

APOSTLES' CREED

I believe in God,
the Father Almighty,
Creator of Heaven and earth;
and in Jesus Christ, His only Son Our Lord,
Who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into Hell;
on the third day He rose again from the dead;
He ascended into Heaven,
and is seated at the right hand of God, the Father
almighty; from there He shall come to judge the living
and the dead.

I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins, the
resurrection of the body and life everlasting.

LITURGY OF THE EUCHARIST

PREPARATION OF THE GIFTS:

YOU HAVE ANOINTED ME

To bring glad tidings to the lowly,
to heal the broken heart,

You have anointed me.

To proclaim liberty to captives, release to prisoners,

You have anointed me.

Your Spirit O God, is upon me,

You have anointed me.

To announce a year of favour,
to comfort those who mourn,

You have anointed me.

To give to them the oil of gladness,
and share a mantle of joy,

You have anointed me. (Refrain)

Text: Mike Balhoff, b. 1946, Gary Daigle, b. 1957, Darryl Ducote, b. 1945

Tune: Mike Balhoff, b. 1946, Gary Daigle, b. 1957; acc. by Gary Daigle, b. 1945

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MEMORIAL ACCLAMATION

We proclaim your death O Lord and profess your
resurrection, until you come again.

COMMUNION HYMNS:

O COME O COME EMMANUEL tr. Thomas Helmore

O come, O come, Emmanuel
and ransom captive Israel,
That mourns in lonely exile here

until the Son of God appear.

Rejoice, rejoice Emmanuel Shall come to you, O Israel

O come now Wisdom from on high
who orders all things mightily
To us the path of knowledge show
and teach us in her ways to go.

O come, O come now Lord of Might
who to your tribes on Sinai's height
In ancient times you gave the law
in cloud and majesty and awe.

O come now Rod of Jesse's stem,
from every foe deliver them
That trust your mighty power to save
and give them victory o'er the grave.

O come now Key of David, come
and open wide our heav'nly home;
Make safe the way that leads on high
and close the path to misery.

O come now Day-spring from on high
and cheer us by your drawing nigh;
Disperse the gloomy clouds of night
and death's dark shadow put to flight.

O come, Desire of Nations, bind
In one the hearts of humankind;
Bid now our sad divisions cease
And be yourself our King of Peace.

Text: LM with refrain; Latin 9th cent; veres 1, 3-6 para in *Psalterium Cantionum
Catholicarum*, Cologne 1710; tr by John M Neale, 1818-1866; verses 2, 7, tr from
The Hymnal 1940, alt.

CREATOR OF THE STARS OF NIGHT Gerard Furrell

Creator of the stars of night,
your people's everlasting light,
O Christ, Redeemer of us all,
we pray you hear us when we call.

In sorrow that the ancient curse
should doom to death a universe,
you came, O Savior, to set free
your own in glorious liberty.

When this old world drew on toward night,
you came; but not in splendor bright,
not as a monarch, but the child
of Mary, blameless mother mild.

At your great Name, O Jesus, now
all knees must bend, all hearts must bow;
all things on earth with one accord,
like those in heaven, know you are Lord.

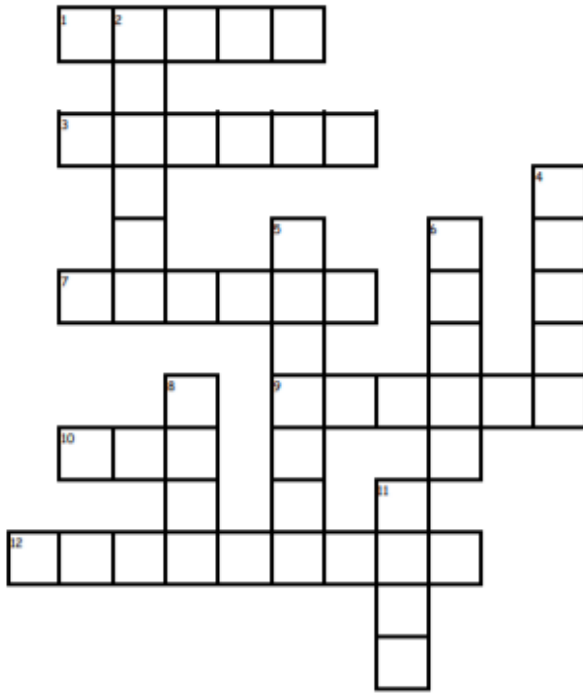
Text Conditor alme siderum. Latin 9th C. tr The Hymnal 1982 ©1985. The Church
Pension Fund. Tune CONDITOR ALME SIDERUM LM; acc by Gerard Furrell. OSB. B.
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RECESSIONAL: Instrumental Music

CROSSWORD

I have been chosen to prepare for the Lord

Is 61:1-2
Lk 1:47 & 49, 53-54, R. Is 61:10b
1 Thes 5:16-24
Jn 1:19-28



Across

- 1: to have no war or fighting
- 3: the opposite of brother
- 7: selected
- 9: a sandy place where not much grows
- 10: the number before two
- 12: an important religious group at the time of Jesus who strictly obeyed Jewish law

Down

- 2: John was asked if he was the Messiah, E_____, or the Prophet
- 4: before all others
- 5: people who lead
- 6: John used this to baptise people
- 8: twelve months
- 11: the Lord sent Isaiah to tell the good _____

JUNIOR WORDSEARCH

I have been chosen to prepare for the Lord

Is 61:1-2
Lk 1:47 & 49, 53-54, R. Is 61:10b
1 Thes 5:16-24
Jn 1:19-28

P R T T S L K E M D T N I E
I F O V M Z H M Y E F N C I
N K D R N E W S O S I V D N
P E A C E Q J G O E R Z P M
J P G F C D S B P R S W W N
Y M X C H O S E N T T W Y J
L R R Y R A E Y E L I J A H
E S I S T E R L A D C F A O
A X R V R N E S Z L B R I G
D X O F V W X Y W Y B Z I W
E W A T E R O F R W Z J D N
R Y G D K M F H G D A S F C
S Q H R L O N E U T F F O Q
Z E Y E A R T B P X J A L B
R P H A R I S E E S L D Y K

Try to find these words:

- chosen
- desert
- Elijah
- first
- leaders
- news
- one
- peace
- Pharisees
- sister
- water
- year