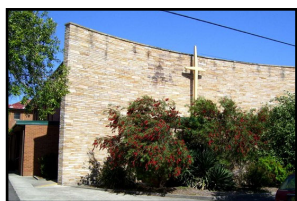


Sacred Heart Cathedral,
Hamilton



St Joseph's,
The Junction



St Mary, Star of the Sea,
Newcastle



Immaculate Heart of Mary,
Tighes Hill



St Laurence O'Toole's,
Broadmeadow



Christ the King,
Mayfield West



St Peter-in-Chains',
Stockton

THE CATHOLIC PARISHES OF THE CITY PASTORAL REGION

SUNDAY, 29TH MARCH 2020 5TH SUNDAY OF LENT

Incorporating the Parishes of St Benedict's, Inner Newcastle, St Columban's, Mayfield, and St Peter-in-Chains, Stockton, our mission is to proclaim Christ in the inner suburbs of the City of Newcastle.

Our Parishes incorporate suburbs located on the traditional country of the Awabakal and Worimi peoples. We acknowledge their cultural heritage, beliefs and continuing relationship with the land, pay respect to their Elders past and present, and commit ourselves to work together for reconciliation and justice.

Clergy in the Region

Fr Andrew Doohan
Fr James Odoh
Fr Peter Street

Fr Matthew Muller
Fr Peter Thoai
Deacon Lawrence Caelli

Regional Office—St Benedict's Centre

25 Farquhar Street, The Junction
PO Box 6, The Junction 2291
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E: newcparish@mn.catholic.org.au
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Regional Office Staff

Margaret Cox (*Reception & Administration*)
Jade Simonsen (*Business Manager*)
Anne Warren (*Administration*)
Dr Anne Millard (*Director of Music, Liturgy & Sacramental Program*)

Other Contacts

Lingard Hospital Team Contact the Regional Office
Mercy Pastoral Team Sr Patricia Whitten rsm (02) 4979 1116
St Joseph's Pastoral Team Contact the Regional Centre

Regional Bulletin

The Bulletin is published weekly.

Prayer requests and items for the Bulletin should be received at the Regional Office by Noon on Wednesdays.

IMPORTANT TO NOTE!

The COVID-19 situation means the churches are all now closed and public celebrations of Mass and sacraments are all cancelled. This includes all weekday and weekend Masses, the Chrism Mass, the ceremonies of Holy Week and the Sacred Paschal Triduum.

There will be no Saturday Novena at the Cathedral.

Reconciliation will not be available in any church.

The Sacramental Program in the Region will not proceed this year. Enrolments will be deferred until 2021.

Until further notice, there will be no meetings of parish groups in the region. This includes meetings at the City Region Catholic Centre at 25 Farquhar Street, The Junction.

There will be no baptisms in any church and the monthly baptism meeting will not be held.

Attendance at weddings is limited to the bride and groom, the celebrant and two witnesses (five people in total). The 'one person per 4 square metres' rule must be observed.

Attendance at funerals is limited to ten mourners and, again, the 'one person per 4 square metres' rule must be observed.

How to Pray the Rosary

We pray the Rosary to remember and reflect on principal events in the history of our salvation.

The Joyful Mysteries (Monday and Saturday) – The Annunciation, The Visitation, The Nativity, The Presentation in the Temple, The Finding in the Temple.

The Sorrowful Mysteries (Tuesday and Friday) – The Agony in the Garden, The Scourging at the Pillar, The Crowning with Thorns, The Carrying of the Cross, The Crucifixion.

The Glorious Mysteries (Wednesday and Sunday) – The Resurrection, The Ascension, The Coming of the Holy Spirit, The Assumption of the Blessed Virgin Mary, The Coronation of the Blessed Virgin Mary.

The Luminous Mysteries (Thursday) – The Baptism of Jesus, The Wedding at Cana, The Proclamation of the Kingdom of God and the Call to Conversion, The Transfiguration, The Institute of the Eucharist.

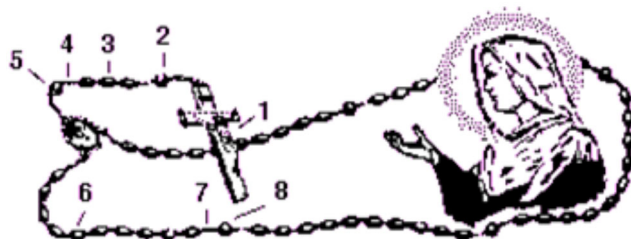
The Joyful Mysteries may be said on Sundays during Advent and Christmas, while the Sorrowful Mysteries may be said on the Sundays of Lent.

The steps in saying the Rosary:

1. Make the sign of the Cross and say the Apostles' Creed.
 2. Say the Our Father.
 3. Say three Hail Mary's for Faith, Hope and Charity.
 4. Say the Glory Be.
 5. Announce the First Mystery and then say the Our Father.
 6. Say ten Hail Mary's while meditating on the Mystery.
 7. Say the Glory Be (or the O My Jesus prayer requested by Mary at Fatima).
 8. Announce the next Mystery, then say the Our Father.
- (Repeat steps 6 to 8 as you continue through the remaining Mysteries.)*
9. Say the Hail Holy Queen.
 10. Say the Final Prayer:

Let us pray. O God, whose only begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

11. End by making the sign of the Cross.



BOOK CLUB

While we cannot currently run our regular book club meetings, we have an alternative! 'Zoom' technology offers free video conferencing for sessions of up to 40 minutes. We will use this for our book club meeting at 6.30pm on Sunday, 5th April, when we will share our thoughts on the book, 'Wearing Paper Dresses', by Anne Brinsden.

If you would like to participate, please email the parish office, newcparish@mn.catholic.org.au and we will respond with instructions. Hope you can join us!

**Contact arrangements for the
Regional Office**

Until further notice, please do not attend the
Regional Office at 25 Farquhar Street,
The Junction in person.

All inquiries are to be made via email to
newcparish@mn.catholic.org.au
or by phone on 4979 1101

A Coronavirus Prayer

*Jesus Christ, you travelled through towns and villages
“curing every disease and illness”. At your command,
the sick were made well. Come to our aid now, in the
midst of the global spread of the Coronavirus, that
we may experience your healing love.*

*Heal those who are sick with the virus. May they
regain their strength and health through quality
medical care.*

*Heal us from our fear, which prevents nations from
working together and neighbours from helping one
another.*

*Heal us from our pride, which can make us claim
invulnerability to a disease that knows no borders.
Jesus Christ, healer of all, stay by our side in this time
of uncertainty and sorrow.*

*Be with those who have died from the virus. May
they be at rest with you in your eternal peace.*

*Be with the families of those who are sick or have
died. As they worry and grieve, defend them from
illness and despair. May they know your peace.*

*Be with the doctors, nurses, researchers and all
medical professionals who seek to heal and help
those affected and who put themselves at risk in the
process. May they know your protection and peace.*

*Be with the leaders of all nations. Give them the
foresight to act with charity and true concern for the
well-being of the people they are meant to serve.
Give them the wisdom to invest in long-term
solutions that will help prepare for or prevent future
outbreaks. May they know your peace, as they work
together to achieve it on earth.*

*Whether we are home or abroad, surrounded by
many people suffering from this illness or only a few,
Jesus Christ, stay with us as we endure and mourn,
persist and prepare. In place of our anxiety, give us
your peace.*

Jesus Christ, heal us.

Amen

First Reading Ez 37:12-14

A reading from the prophet Ezekiel

I shall put my spirit in you, and you will live.

The Lord says this: I am now going to open your graves; I mean to raise you from your graves, my people, and lead you back to the soil of Israel. And you will know that I am the Lord, when I open your graves and raise you from your graves, my people. And I shall put my spirit in you, and you will live, and I shall resettle you on your own soil; and you will know that I, the Lord, have said and done this – it is the Lord who speaks.

Responsorial Psalm Ps 129 R. v.7

(R.) With the Lord there is mercy
and fullness of redemption.

1. Out of the depths I cry to you, O Lord,
Lord, hear my voice!
O let your ears be attentive
to the voice of my pleading. (R.)
2. If you, O Lord, should mark our guilt,
Lord, who would survive?
But with you is found forgiveness:
for this we revere you. (R.)
3. My soul is waiting for the Lord,
I count on his word.
My soul is longing for the Lord
more than watchman for daybreak.
(Let the watchman count on daybreak
And Israel on the Lord.) (R.)
4. Because with the Lord there is mercy
and fullness of redemption,
Israel indeed he will redeem
from all its iniquity. (R.)

Second Reading Rom 8:8-11

A reading from the letter of St Paul to the Romans

*If the Spirit of him who raised Jesus from the dead is
living in you, then he will give life to your own mortal
bodies.*

People who are interested only in unspiritual things can never be pleasing to God. Your interests, however, are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him. Though your body may be dead it is because of sin, but if Christ is in you then your spirit is

life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

Gospel Acclamation See Jn 11:25, 26

Glory and praise to you, Lord Jesus Christ!
I am the resurrection and the life, says the Lord;
whoever believes in me will not die for ever.
Glory and praise to you, Lord Jesus Christ!

Gospel Jn 11:3-7. 17. 20-27. 33-45

A reading from the holy Gospel according to John

I am the resurrection and the life

The sisters Martha and Mary sent this message to Jesus, 'Lord, the man you love is ill.' On receiving the message, Jesus said, 'This sickness will end not in death but in God's glory, and through it the Son of God will be glorified.'

Jesus loved Martha and her sister and Lazarus, yet when he heard that Lazarus was ill he stayed where he was for two more days before saying to the disciples, 'Let us go to Judaea.'

On arriving, Jesus found that Lazarus had been in the tomb for four days already. When Martha heard that Jesus had come she went to meet him. Mary remained sitting in the house. Martha said to Jesus, 'If you had been here, my brother would not have died, but I know that even now, whatever you ask of God, he will grant you.' 'Your brother' said Jesus to her 'will rise again.' Martha said, 'I know he will rise again at the resurrection on the last day.' Jesus said:

'I am the resurrection and the life.

If anyone believes in me, even though he dies he will live,

and whoever lives and believes in me will never die.

Do you believe this?'

'Yes, Lord,' she said 'I believe that you are the Christ, the Son of God, the one who was to come into this world.' Jesus said in great distress, with a sigh that came straight from the heart, 'Where have you put him?' They said, 'See how much he loved him!' But there were some who remarked, 'He opened the eyes of the blind man, could he not have prevented this man's death?' Still sighing, Jesus reached the tomb: it was a cave with a stone to close the opening. Jesus said, 'Take the stone away.' Martha said to him, 'Lord, by now he will smell; this is the fourth day.'

Jesus replied, 'Have I not told you that if you believe you will see the glory of God?' So they took away the stone. Then Jesus lifted up his eyes and said:

'Father, I thank you for hearing my prayer.

I knew indeed that you always hear me, but I speak

for the sake of all these who stand round me, so that they may believe it was you who sent me.'

When he had said this, he cried in a loud voice, 'Lazarus, here! Come out!' The dead man came out, his feet and hands bound with bands of stuff and a cloth round his face. Jesus said to them, 'Unbind him, let him go free.'

Many of the Jews who had come to visit Mary and had seen what he did believed in him.

**AN ACT OF
SPIRITUAL COMMUNION**

My Jesus,
I believe that You are in the Blessed Sacrament.
I love You above all things,
and I long for You in my soul.

Since I cannot now receive You sacramentally,
come at least spiritually into my heart.

As though You have already come,
I embrace You and unite myself entirely to You;
never permit me to be separated from You.

Amen

**IN YOUR CHARITY, PLEASE REMEMBER IN
YOUR PRAYERS:**

RECENTLY DECEASED: Margaret Paisley

ANNIVERSARY: Sidney Russell, Georgia Spinos, Edna Margaret O'Beirne

SICK: Bill Parker, Elizabeth Evans, Terry Davies, John Belcher, Libby Oates, Graeme Burrage, Brian Swift, Monica Bound, Peter McCabe, Joan Haynes, Tom Towers, Kerry Davies, Lawson Rankin, Patricia (Pat) Gillett

SPECIAL INTENTION: Please pray for all those throughout the world who are affected by COVID-19

*Names may be placed here by contacting the Regional Office.
Please refer to the Policy Document on the Regional website—
visit www.newcastlecatholic.org.au/downloads.*

